

Meal Periods and Breaks

1016.1 PURPOSE AND SCOPE

The purpose of this policy is to establish guidelines for meal periods and breaks during an employee's shift.

1016.1.1 MEAL PERIODS

Sworn employees shall remain on duty and subject to call during meal breaks. All other employees are not on call during meal breaks unless directed otherwise by a supervisor.

Officers on patrol shall request clearance from the Communications Center prior to taking a meal period. Uniformed officers shall take their breaks within the City limits unless on assignment outside of the City.

The time spent for the meal period shall not exceed the authorized time allowed.

1016.2 SPORTSCARE

Employees may, upon clearance by the on-duty supervisor, extend their lunch period by no more than thirty minutes in order to work out. Employees availing themselves of this opportunity will limit their workout within the Berkeley City limits and remain available and reachable by telephone during the entire period in the event of a specific need (COB/BPA MOU Section 18.3).