



POOL SCHEDULE (September 16 – October 4)

KING POOL

PROGRAMS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap Swim	7:00am-11:00am 5:30pm-8:30pm	7:00am-11:00am 5:30pm-8:30pm	7:00am-11:00am 5:30pm-8:30pm	7:00am-11:00am 5:30pm-8:30pm	7:00am-11:00am 5:30pm-8:30pm	9:00am-1:00pm 5:30pm-8:30pm	9:00am-1:00pm 5:30pm-8:30pm
Independent Exercise	7:00am-11:00am 5:30pm-8:30pm	7:00am-11:00am 5:30pm-8:30pm	7:00am-11:00am 5:30pm-8:30pm	7:00am-11:00am 5:30pm-8:30pm	7:00am-11:00am 5:30pm-8:30pm	9:00am-1:00pm 5:30pm-8:30pm	9:00am-1:00pm 5:30pm-8:30pm

WEST CAMPUS POOL

PROGRAMS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap Swim	12:00pm-3:00pm 5:30pm-8:30pm	12:00pm-3:00pm 5:30pm-8:30pm	12:00pm-3:00pm 5:30pm-8:30pm	12:00pm-3:00pm 5:30pm-8:30pm	12:00pm-3:00pm 5:30pm-8:30pm	7:00am-10:00am 11:00am-2:00pm	7:00am-10:00am 11:00am-2:00pm
Independent Exercise	12:00pm-3:00pm 5:30pm-8:30pm	12:00pm-3:00pm 5:30pm-8:30pm	12:00pm-3:00pm 5:30pm-8:30pm	12:00pm-3:00pm 5:30pm-8:30pm	12:00pm-3:00pm 5:30pm-8:30pm	7:00am-10:00am 11:00am-2:00pm	7:00am-10:00am 11:00am-2:00pm
Shower Program	8:00am-11:00am	8:00am-11:00am	8:00am-11:00am	8:00am-11:00am	8:00am-11:00am	3:00pm-6:00pm	3:00pm-6:00pm

COVID-19 POOL GUIDELINES

- You must register online for slots in order to swim. **NO DROP-INS ALLOWED!**
 - Adults: \$6 Seniors/Youth/Disabled: \$3
- Register Here: <https://secure.rec1.com/CA/berkeley-ca/catalog>
- All participants must wear a face covering at all times, except when in the water.
- Wellness checks will be administered by staff during check-in.
- Please come ready to swim. Locker Rooms are **CLOSED** (except for bathroom use).
- Swim times are for 45-minute blocks. Swimmers will have 5 minutes to exit the pool and facility.
 - Only one registration per day between both pools is allowed.
- We are currently offering Lap Swim (Ages 16+) and Independent Exercise (18+).
 - Updates to schedule will be released on 9/28/20.
- Lap Swim: One (1) Swimmer per lane
- Independent Exercise (Dive Tank): King Pool – Three (3) Swimmers; West Campus Pool – Four (4) Swimmers

MUST REGISTER ONLINE! (NO DROP-INS ALLOWED)

<https://secure.rec1.com/CA/berkeley-ca/catalog>

- Residents:** Registration starts 9:00am on Wednesday for following week (Monday-Sunday)
- Non-Residents:** Registration starts 9:00am on Friday for following week (Monday-Sunday)

King Pool Operational Hours (9/16/20 – 10/4/20):

- Monday-Friday: 7:00am-11:00am, 5:30pm-8:30pm
- Saturday-Sunday: 9:00am-1:00pm, 5:30pm-8:30pm

West Campus Pool Operational Hours (9/16/20 – 10/4/20):

- Monday-Friday: 12:00pm-3:00pm, 5:30pm-8:30pm
- Saturday-Sunday: 7:00am-10:00am, 11:00am-2:00pm