ORDER OF THE HEALTH OFFICER
OF THE CITY OF BERKELEY FOR THE CONTROL OF COVID-19

Public Health Emergency Quarantine Order
Date Order Issued: September 15, 2021
This Order is in effect until rescinded in writing by the Health Officer.

SUMMARY OF THE ORDER

California is in a State of Emergency because of the COVID-19 pandemic. The spread of Novel Coronavirus (COVID-19) is a substantial danger to the health of the public within the City of Berkeley. COVID-19 can easily spread between people who are in close contact with one another. This Order is issued based on scientific evidence and best practices as currently known and available to protect vulnerable members of the public from avoidable risk of serious illness or death resulting from exposure to COVID-19. The age, condition, and health of a significant portion of the population of the City of Berkeley (“City”) places it at risk for serious health complications, including death, from COVID-19. Although some individuals who contract COVID-19 do not have severe symptoms, persons with COVID-19 with mild symptoms or who are asymptomatic may place other vulnerable members of the public at significant risk. Currently, there is no universally effective treatment for its symptoms. However, the risks of being infected with or transmitting COVID-19 are greatly reduced if a person is fully vaccinated.

To help slow COVID-19’s spread, protect vulnerable individuals, and prevent the healthcare system in the City of Berkeley from being overwhelmed, it is necessary for the City of Berkeley Public Health Officer (“Health Officer”) to require the quarantine of certain persons exposed to a person diagnosed with COVID-19. Quarantine separates individuals who were exposed to COVID-19 from others, until it is determined that they are not at risk for spreading the disease. This protects everyone, including people who are at high risk for serious illness, such as older adults and people with chronic medical conditions and weakened immune systems.

UNDER THE AUTHORITY OF THE CALIFORNIA HEALTH AND SAFETY CODE SECTIONS 101475 AND 120175,
THE CITY OF BERKELEY HEALTH OFFICER ORDERS:

All household members, intimate partners, and caregivers of a person with COVID-19, and individuals who have had close contact to a person with COVID-19 while that person was considered infectious must quarantine themselves unless they are expressly exempted from the requirements of this Order. These persons are required
to follow all instructions in this Order and the Public Health guidance documents referenced in this Order.

Please read this Order carefully. Violation of or failure to comply with this Order is a misdemeanor punishable by fine, imprisonment, or both. (California Health and Safety Code §§ 120220, 120295.)

QUARANTINE REQUIREMENTS FOR HOUSEHOLD CONTACTS, INTIMATE PARTNERS, CAREGIVERS, AND CLOSE CONTACTS OF PERSONS WITH COVID-19

A person is considered to have been in close contact with a person with or likely to have COVID-19 if they: (a) were within six (6) feet for a cumulative total of 15 minutes or more over a 24-hour period of a case OR (b) had unprotected direct contact to secretions or excretions (e.g., sneeze or cough) of a person diagnosed with or likely to have COVID-19.

AND

This contact occurred while the case was determined to be infectious. A case is infectious from 48 hours before their symptoms began or, if no symptoms, 48 hours before their test was collected; until they are released from isolation.

Unless exempted from the requirements of this Order, all individuals who have been in close or intimate contact with a person with COVID-19 while they are contagious, as a household member, an intimate partner, or a caregiver outside of a healthcare setting, are required to quarantine themselves in a home or another residence, and take the following actions until they are no longer at risk for spreading COVID-19.

As set forth in this Order, most unvaccinated individuals must quarantine in their home or another residence for at least 10 days from the last date that they were last in contact with the person infected or likely to be infected with COVID-19, and continue to monitor for symptoms for 14 days from the last date of contact to the infected person.

Some individuals will be required to quarantine for 14 days due to specific higher risk circumstances, regardless of vaccine status. These individuals must comply with the 14-day quarantine requirement if instructed to do so by the Health Officer.

Students in K-12 schools who are exposed, may be offered options for modified or shortened quarantine by their schools, in compliance with the recommendations of CDPH K-12 Guidance and FAQ, only as set forth in this order.
All persons in the City of Berkeley are therefore ORDERED to comply with the following:

1. Unless exempted from quarantine requirements by Section 8 (vaccination), 11 (schools that select modified quarantine), or 13 (persons experiencing homelessness) of this Order, an individual must self-quarantine under this Order if they have had close contact with a person who has:
   a. A positive lab test for COVID-19;
   b. Signs and symptoms that are consistent with COVID-19 within 14 days of being in close contact with a person who had or was believed to have had COVID-19; OR
   c. Been informed by a healthcare provider that they are likely to have COVID-19.

   An individual shall no longer be subject to this Order if the person with who they have had close contact receives a negative lab test that confirms they have not been infected with COVID-19.

2. Individuals subject to the self-quarantine requirements in this Order must quarantine themselves at home or another residence for a minimum of 10 days after they were exposed or potentially exposed to COVID-19 (“Exposure Date”), and should self-monitor for symptoms for until 14 days after the Exposure Date. Individuals who discontinue quarantine before 14 days following last known exposure should follow all recommended non-pharmaceutical interventions (e.g., wearing a mask when around others, hand washing, avoiding crowds, and staying at least 6 feet from others) through Day 14 from last known exposure.

3. Individuals may end self-quarantine after day 7 if a negative diagnostic specimen is collected day 5 or later from the date of last exposure.

4. The Health Officer may instruct individuals in higher risk circumstances to quarantine until 14 days after the Exposure Date. Failure to comply with Health Officer instructions to quarantine for a total of 14 days shall be deemed a violation of this Order.

5. Quarantined persons may not leave their place of quarantine or enter any other public or private place except to receive necessary medical care.

6. Quarantined persons should carefully review and closely follow all requirements listed in the “Home Quarantine Guidance for Close Contacts to Coronavirus Disease 2019 (COVID-19),” which is available in English and Spanish.
7. If a quarantined person experiences fever, cough, or shortness of breath (even if their symptoms are very mild), to protect others from COVID-19, they must isolate themselves at home and away from other people and follow the “Home Isolation Instructions for People with Coronavirus-2019 (COVID-19) Infection,” which are available in English and Spanish. This is because they are likely to have COVID-19 and if so, can spread it to vulnerable individuals.

8. A vaccinated person with an exposure to someone with suspected or confirmed COVID-19 is not required to quarantine if they meet all of the following criteria:
   a. The person is fully vaccinated before the exposure; and
   b. The person exhibits no symptoms of COVID-19.

9. Vaccinated contacts should be tested 3-5 days after exposure, and should follow all recommended non-pharmaceutical interventions (e.g., wearing a mask when around others, hand washing, avoiding crowds, and staying at least 6 feet from others) through Day 14 from last known exposure.
   a. Fully vaccinated means it has been ≥2 weeks following receipt of the second dose in a 2-dose FDA-authorized vaccine series, or ≥2 weeks following receipt of one dose of a single-dose FDA authorized vaccine. A person is also considered to be fully vaccinated ≥2 weeks after completing a WHO-authorized vaccine series.

10. Fully vaccinated staff, patients, and residents in healthcare settings including hospitals and skilled nursing facilities should continue to follow quarantine guidance for healthcare settings following an exposure to someone with suspected or confirmed COVID-19; outpatients should be cared for using appropriate Transmission-Based Precautions.

11. Quarantine options for students in K-12 Schools, applicable only if also approved by their school, with appropriate test results submitted to the school or tests conducted by the school in accordance with the CDPH K-12 Guidance FAQ:
   a. Vaccinated asymptomatic student close contacts are not required to quarantine (see paragraph 8, above).
   b. Modified quarantine for unvaccinated student close contacts when both the case and close contact were wearing a mask in any school setting in
which students are supervised by school staff (including indoor or outdoor school settings and school buses, including on buses operated by public and private school systems), unvaccinated students who are close contacts (more than 15 minutes over a 24-hour period within 0-6 feet indoors) may undergo a modified quarantine as follows. They may continue to attend school for in-person instruction if they:

- Are asymptomatic;
- Continue to appropriately mask, as required;
- Undergo at least twice weekly testing during the 10-day quarantine; and
- Continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting.

c. Shortened quarantine for unvaccinated student close contacts who were not wearing masks or for whom the infected individual was not wearing a mask during the exposure; or unvaccinated students as described in paragraph 11b above.

- For these contacts, those who remain asymptomatic, meaning they have NOT had any symptoms, may discontinue self-quarantine under the following conditions:
  - Quarantine can end after Day 10 from the date of last exposure without testing; OR
  - Quarantine can end after Day 7 if a diagnostic specimen is collected Day 5 or later from the date of last exposure and tests negative.
- To discontinue quarantine before 14 days following last known exposure, asymptomatic close contacts must:
  - Continue daily self-monitoring for symptoms through Day 14 from last known exposure; AND
  - Follow all recommended non-pharmaceutical interventions (e.g., wearing a mask when around others, hand washing, avoiding crowds) through Day 14 from last known exposure.
• If any symptoms develop during this 14-day period, the exposed person must immediately isolate, get tested and contact their healthcare provider with any questions regarding their care.

d. Students in schools that do not approve the modified quarantine options above must follow the standard quarantine orders detailed in paragraphs 1-6.

12. Nothing in this Order limits the obligation of employers to comply with the quarantine requirements in the Cal/OSHA COVID-19 Prevention Emergency Temporary Standards.

13. Persons experiencing homelessness are required to comply with this Order where a location is available for them to safely quarantine themselves, but are exempt from this Order if no such location is available.

14. The Health Officer may take additional action(s), which may include civil detention or requiring one to stay at a health facility or other location, to protect the public’s health if an individual who is subject to this Order violates or fails to comply with this Order. Violation of this Order is also a misdemeanor punishable by imprisonment, fine or both.

IT IS SO ORDERED:

Lisa B. Hernandez, MD, MPH
Health Officer, City of Berkeley

Date: September 15, 2021