



Health Alert

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Pandemic (H1N1) 2009

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Please distribute to all providers in your practice.

Current Situation

Influenza activity is widespread in California. Nearly all of this activity is 2009 H1N1 influenza A. The virus remains similar to that chosen for the 2009 H1N1 vaccine and remains susceptible to the antiviral drugs oseltamivir and zanamivir, with rare exceptions. Visits to physicians for influenza-like illness (ILI) are higher than expected during this time of year, as are hospitalizations for confirmed influenza. The first shipment of 2009 H1N1 vaccine is expected soon.

Updates

- **The first vaccine shipment will be a small amount of intranasal live attenuated influenza vaccine (LAIV), prioritized for healthy children 2-10 years of age, and caregivers of children less than 6 months of age.**
- Delivery of this first shipment is expected soon (possibly this week). CDPH will notify providers by e-mail when to expect delivery. Questions about vaccine orders or delivery should be addressed to CDPH through www.CalPanFlu.org. Telephone contact information is available at that site.
- Health care providers can go to www.CalPanFlu.org to register to receive H1N1 vaccine. Providers who care for pregnant women, young people 6 months-24 years of age, adults 25-64 years of age with chronic medical conditions, or adults who care for infants less than 6 months of age, should register to receive vaccine for these target groups. Health care and emergency medical services personnel should also receive vaccine.
- 2009 H1N1 vaccination is voluntary. Recommended target groups are as listed above.
- Children younger than 10 years of age will need two doses of vaccine. Adults and children 10 and older will need only one dose.
- **CDPH H1N1 Hotline is available for Health Care Providers 8am-6pm M-F: 1-888-865-0564.**

Guidelines

The CDC and the CDPH have published the following **new** information and guidelines:

- (CDC) [2009 H1N1 Vaccine - Clinicians Questions and Answers – 10/2/2009](#)
- (CDC) [2009 H1N1 Influenza Vaccine and Pregnant Women-10/2/2009](#)
- (CDC) [2009 H1N1 Vaccine Information Statement \(VIS\) Inactivated- 10/2/2009](#)
- (CDC) [2009 H1N1 Vaccine Information Statement \(VIS\) Live Attenuated- 10/2/2009](#)
- (CDC) [Questions and Answers on 2009 H1N1 Vaccine Financing-10/1/2009](#)
- (CDPH) [H1N1 2009 Influenza Infection Control Recommendations in an Outpatient Setting-9/23/2009](#)
- (FDA) [FDA Approved 2009 H1N1 Influenza Vaccines- 9/21/2009](#)

Diagnosis and Treatment

- (CDC) [Triage Algorithm for Adults with Influenza-Like Illness-10/2/2009](#)
- (CDC) [Updated Interim Recommendations for Clinical Use of Influenza Diagnostic Testing-9/29/2009](#)
- (CDC) [Updated Interim Recommendations for the Use of Antiviral Medications – 9/22/2009](#)
- (CDC) [Updated Interim Recommendations for Obstetric Care Providers Related to Use of Antiviral Medications – 9/17/2009](#)

Since the situation may change, your best sources for information are:

- Center for Disease Control (CDC): <http://www.cdc.gov/swineflu/>
- California Department of Public Health (CDPH): <http://www.cdph.ca.gov/>
- City of Berkeley Public Health Division: <http://www.ci.berkeley.ca.us/>

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