



Health Advisory Update

December 22, 2020

Blanket Isolation and Quarantine Orders

Health Care Providers Directed to Disseminate City of Berkeley
Isolation and Quarantine Orders to Patients with Suspected COVID-19

Please distribute to all providers in your practice

Current Situation:

- On July 15, 2020, the Health Officer issued blanket isolation orders that will apply to all persons diagnosed with suspected or confirmed COVID-19 and blanket quarantine orders that apply to close contacts of cases.
- Effective December 22, 2020, the City of Berkeley Health Officer Unit updated the quarantine guidance to reflect changes made by both the [Centers for Disease Control and Prevention](#) (CDC) and the [California Department of Public Health](#) (CDPH).
 - A 14-day quarantine is still ideal, however, most asymptomatic individuals **may** end quarantine after 10 days.
 - All close contacts should still monitor for symptoms for the full 14 days.
 - Workers with special quarantine considerations which include first responders and healthcare workers whose compliance with the Public Health's isolation and quarantine guidance would compromise the continuity of services of the organization or department may return to work **after** day 7 from last exposure if they have a negative PCR test result collected **after** day 5.
 - These individuals should consult their employer.
- The City of Berkeley directs health care partners to disseminate blanket orders to all patients being tested for COVID-19 or who are presumptively diagnosed with COVID-19 without testing BEFORE they leave the health care facility.
- We greatly appreciate your assistance with getting these orders and instructions to your patients immediately, to prevent further community transmission.

Action Requested of Clinicians:

- Print out and give the City of Berkeley Public Health Officer Isolation and Quarantine Orders Packet to all patients being tested for COVID-19 or in whom you strongly suspect COVID-19 but will not be testing. The Orders Packet is posted at <https://www.cityofberkeley.info/covid19-health-orders/>. In addition to the orders, the packet contains home isolation and quarantine instructions.
- Instruct your patients to: a) Self-isolate at home while waiting for the results of COVID-19 testing (if being tested); b) Adhere to the Health Officer Order of Isolation if their COVID-19 test results are positive or if you diagnose them with COVID-19 without laboratory testing; c) Follow the Berkeley Public Health Home Isolation and Quarantine Instructions; d) If diagnosed with COVID-19, inform their household members, intimate partners and in-home caregivers. They must also provide those individuals with the Health Officer Order of Quarantine, and the Home Quarantine Instructions that are included in the packet.

Please distribute to all providers and staff in your practice