

# **City of Berkeley Mental Health Mental Health Services Act (MHSA)**



**FY2017-2018, 2018-2019, 2019-2020  
Three Year Plan**

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## BACKGROUND AND OVERVIEW

California voters passed Proposition 63, the Mental Health Services Act (MHSA), in November 2004, to expand and transform the public mental health system. This legislation places a 1% tax on personal incomes above \$1 million dollars. Funds are deposited into the MHSA State Treasury Fund and allocations per each mental health jurisdiction are determined based on the total population in a given area.

Through the following five funding components, the MHSA is designed to create the capacity for a broad continuum of prevention, early intervention and treatment services along with the necessary infrastructure, technology, and training elements to support effective mental health system transformation:

- Community Services & Supports (CSS): Primarily provides treatment services and supports for Severely Mentally Ill Adults and Seriously Emotionally Disturbed Children.
- Prevention & Early Intervention (PEI): For strategies to recognize early signs of mental illness and to improve early access to services and programs, including the reduction of stigma and discrimination and for strategies to prevent mental illness from becoming severe and disabling.
- Innovations (INN): For short-term pilot projects designed to increase new learning in the mental health field.
- Workforce, Education & Training (WET): Primarily for strategies to identify and remedy mental health occupational shortages, promote cultural competency and the employment of mental health consumers and family members in the workplace.
- Capital Facilities and Technological Needs (CFTN): For capital projects on owned buildings and on mental health technology projects.

Among other things, the MHSA provides enhanced services and supports for Seriously Emotionally Disturbed children and Transition Age Youth (TAY), adults, and older adults suffering from Severe Mental Illness through a “no wrong door” approach and aims to move public mental health service delivery from a “disease oriented” system to one that is culturally responsive, consumer informed, and wellness recovery oriented. This is accomplished through implementing programs that focus on the following major components:

- Wellness, recovery and resilience;
- Cultural competency;
- Consumer/family driven services;
- Consumer/family member integration in the mental health system; and
- Community collaboration.

The MHSA also strives to improve and increase services and supports for individuals and families from cultural and ethnic populations that are traditionally unserved and underserved in the mental health system. In Berkeley and Albany these have included: Asian Pacific Islanders (API); Latinos; Lesbian, Gay, Bi-Sexual, Transgender, Queer/Questioning, Inter-Sexed (LGBTQI); Senior Citizens; and Transition Age Youth (TAY). African Americans have been an additional population of focus as data indicates they are overrepresented in the mental health system and hence “inappropriately served”, which could be due to being provided services that are not culturally responsive and/or appropriate.

In order to access MHSA funds, a stakeholder informed plan outlining how funds will be utilized must be developed and locally approved. Development of a MHSA Plan includes: community program planning with the involvement of area stakeholders, writing a draft plan, initiating a 30-day public review, conducting a public hearing at the Mental Health Commission meeting, and obtaining approval on the plan from City Council. The Community Services & Supports, Prevention & Early Intervention, and Innovation funding components are the only re-occurring monies that are allocated annually and may be spent over a three-year time period. Workforce, Education & Training and Capital Facilities and Technological Needs funds had initial expenditure time periods of 10 years each, and must be utilized by the end of Fiscal Year (FY) 2018.

The MHSA legislation requires mental health jurisdictions to provide updates on MHSA Plans on an annual basis and beginning in FY15, an integrated Program and Expenditure Plan must also be developed every three years. Currently, the City of Berkeley Mental Health (BMH) Division has an approved MHSA FY14/15 - 16/17 Three Year Program and Expenditure Plan in place which covers each funding component. Since 2006, as a result of the City’s approved MHSA plans, a number of new services and supports have been implemented to address the various needs of the residents of Berkeley and Albany including the following:

- Intensive services for Children, TAY, Adults and Older Adults;
- Multi-Cultural Outreach engagement, trainings, projects and events;
- Mental health services and supports for homeless TAY;
- Wellness Recovery services and activities;
- Family Advocacy, Housing services and supports, and Benefits Advocacy;
- Trauma services and short term projects to increase service access and/or improve mental health outcomes for unserved, underserved and inappropriately served populations;
- Increased mental health prevention, and intervention services for children and youth in area schools and communities;
- Augmented Homeless Outreach and treatment services;
- A Mental Health Career Pathways program for High School youth; and
- Mental Health Consumer, Peer Leadership Program.

Additionally, an outcome of the implementation of the MHSA is that mental health consumers, family members and other stakeholders now regularly serve on several of BMH internal decision making committees. These individuals share their “lived experience” and provide valuable input which has become an integral component that informs the Division on the implementation of MHSA services and supports. Even prior to the passage of Proposition 63, BMH convened (and has since maintained) an MHSA Advisory Committee which serves in an advisory capacity on MHSA programs and is comprised of mental health consumers, family members, and individuals from unserved, underserved and inappropriately served populations, among other community stakeholders.

This City of Berkeley MHSA FY17/18 – 19/20 Three Year Program and Expenditure Plan is a stakeholder informed plan that summarizes proposed program changes and additions, includes descriptions of currently funded MHSA services, and provides a reporting on FY16 program data.

## MESSAGE FROM THE MENTAL HEALTH MANAGER

The City of Berkeley's MHSAs FY17/18 – 19/20 Three Year Plan continues to expand services in areas that have been highlighted by stakeholders – it increases the capacity to serve the most in need residents of Berkeley and Albany; it broadens supports for wellness and recovery; and it expands the ability of the mental health division to effectively monitor the outcomes of the programs it funds. The plan also continues funding an array of program and projects that will come to fruition during the next several years, including the development of a Wellness Center in Berkeley and a major renovation of the Adult Clinic.

Over the past several years, every part of the mental health system has significantly expanded. The system of care is focused on providing services that are welcoming, culturally appropriate, and recovery oriented. While sorely needed, these added resources are not sufficient to meet the huge needs that are evident in Berkeley and Albany. This growth comes at a time of significant challenges, ranging from dislocation of staff due to facility issues to the huge shortage of suitable housing for individuals with mental health needs.

For the past four years, we have worked together to build out programs and address unmet needs. Doing this has been aided by a growing economy, where the City of Berkeley MHSAs funding has steadily increased. In addition, over the past several years stakeholders have supported using some of our fund balances (built up when revenue was higher than expected and/or expenditures were lower than expected) to fund one time projects like the Adult Clinic renovation and time limited projects like the Homeless Outreach and Treatment Team.

While this plan is fiscally prudent and our funding is stable, it is not anticipated that MHSAs funding will increase significantly in coming years, and there is a definite risk of reduced funding due to potentially decreased tax revenues for the wealthy who fund the MHSAs. In our major funding components (CSS and PEI) we have budgets that fully spend out our yearly allotment and slowly and intentionally use our existing fund balances. In the coming years, we will need to work closely and carefully to decide together how to approach the needs for more and new types of programming while preserving our existing needed services.

The mental health division presents the City of Berkeley's MHSAs FY17/18 – 19/20 Three Year Plan with pride and gratitude for all the hard work that went into the programs it describes. Our community partners, consumers, stakeholders and City staff all deserve appreciation for their efforts and partnership.

## DEMOGRAPHICS\*

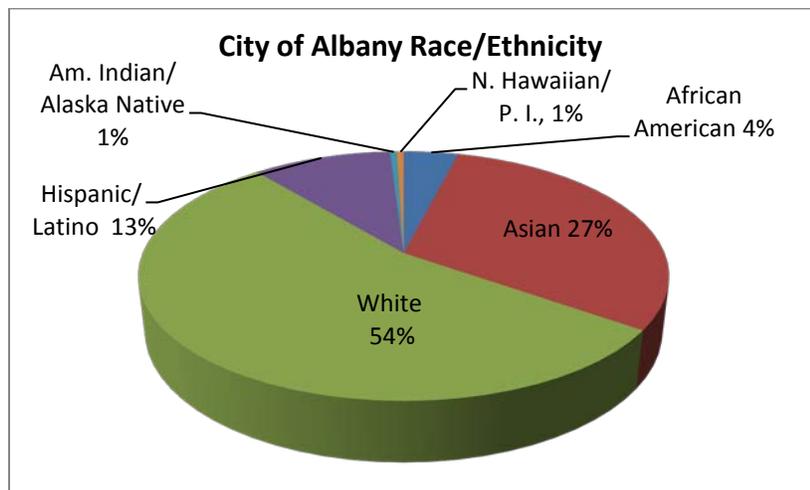
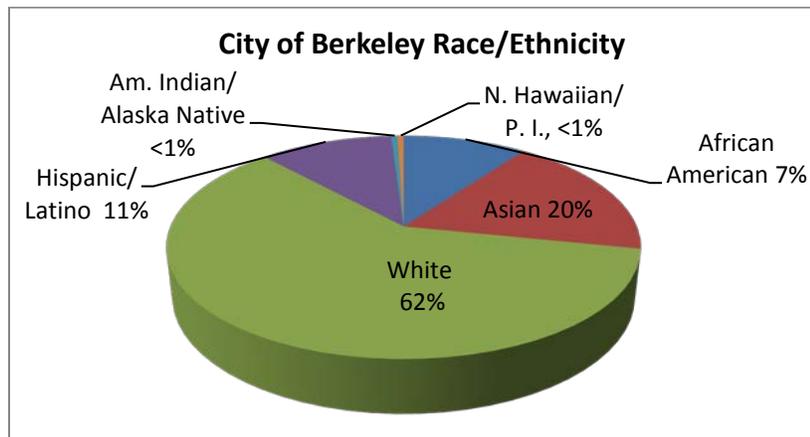
\*United States Census American Fact Finder: <https://factfinder.census.gov/faces/tableservices/jsf/pages/productview.xhtml?src=CF>

### Description

Situated in the heart of the San Francisco Bay area, and home to the University of California, Berkeley is an urban city, located in northern Alameda County. Adjacent to Berkeley and bordering Contra Costa County is the small suburban city of Albany. With a combined land mass of around 12.2 miles and a total population of 135,923 the cities of Berkeley and Albany are densely populated and larger than 23 of California's small counties.

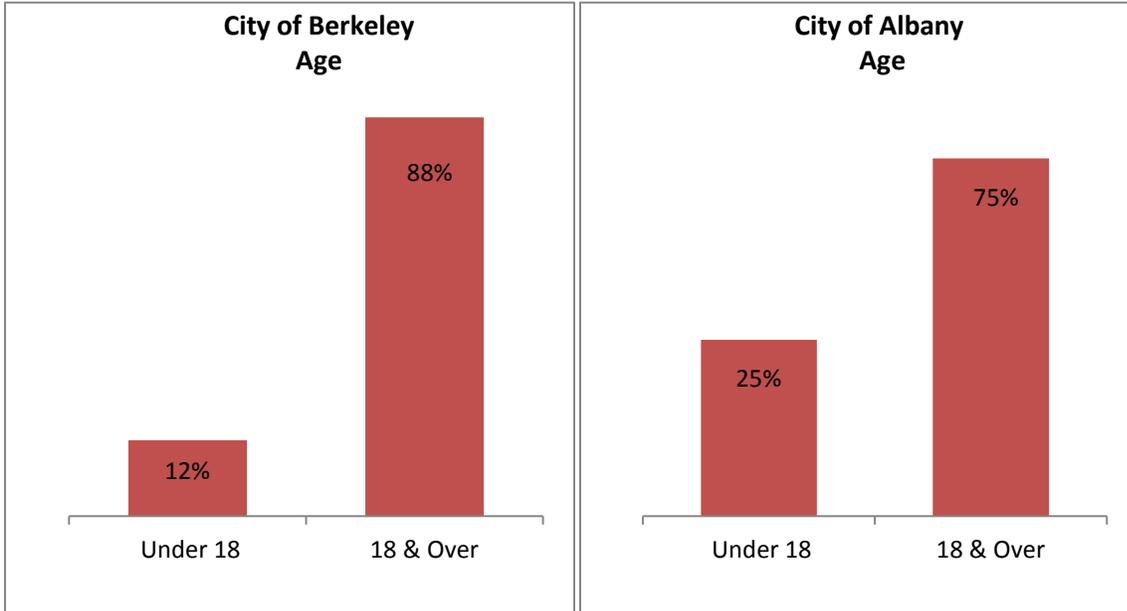
### Race/Ethnicity

Berkeley and Albany are diverse communities with changing demographics. In each city the African American population has decreased in recent years while the Latino and Asian populations have both increased. Both cities have large student populations, including Albany Village, providing housing for many of University of California's foreign students and their families. Threshold languages include English, Spanish, Farsi, Cantonese, and Vietnamese, and approximately 28% of Berkeley and 39% of Albany residents speak a language other than English at home. Each city is comprised of the following racial and ethnic demographics: White; African American; Asian; Hispanic/Latino; American Indian/Alaska Native; and Native Hawaiian/Pacific Islander (P.I.). Demographics per city are outlined below:

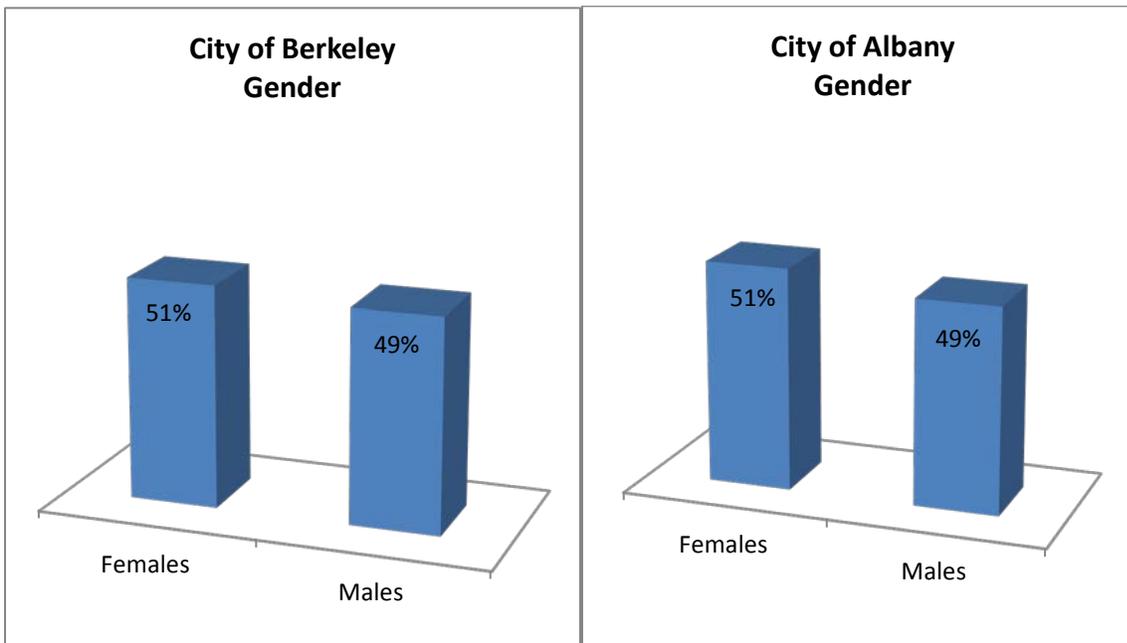


**Age/Gender**

As depicted in the tables below, a large percentage of individuals in Berkeley and Albany are over the age of 18 and per population, Albany has twice as many individuals under the age of 18 as the City of Berkeley:



Gender demographics are very similar in both cities as shown below:



## **Income/Housing**

With some of the highest housing costs in the Bay Area, the Berkeley median household income is \$66,237, and Albany is \$79,596. Nearly 20% of Berkeley and 11% of Albany residents live below the poverty line and approximately 42% of Berkeley and 35% Albany children qualify for free and reduced lunches. While 43% of Berkeley and 48% of Albany residents own their own homes, there are many homeless individuals including women, TAY, and Older Adults. In Berkeley, approximately 46% of the homeless population meets the federal definition for chronic homelessness (adults unaccompanied by children, who have at least one disability and have been homeless for over a year or four or more times in the last year). This is a disproportionately high percentage compared to other municipalities, and a subgroup with higher rates of both mental illness and substance abuse.

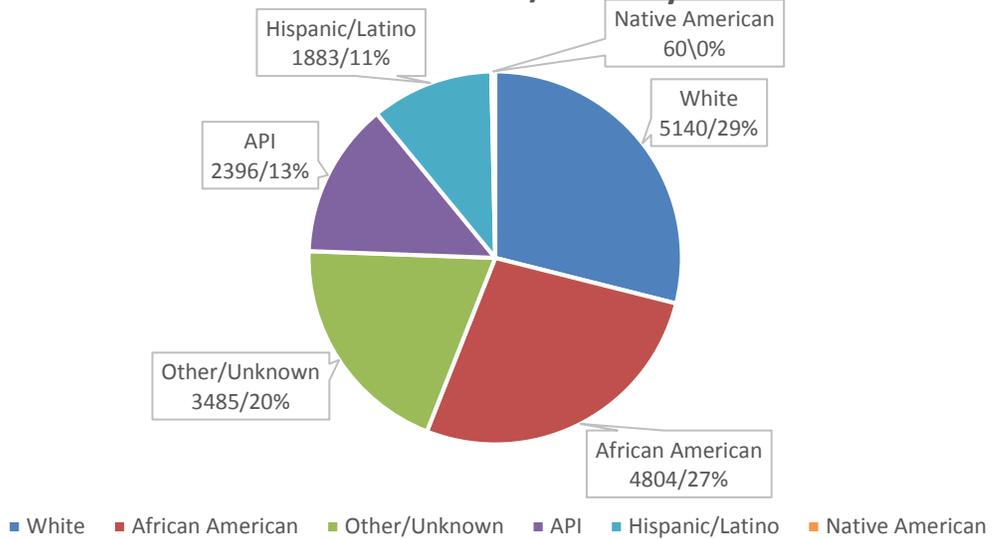
## **Education**

Berkeley and Albany have a highly educated population: 97% of individuals aged 25 or older are high school graduates; and approximately 70% possess a bachelor's degree or higher.

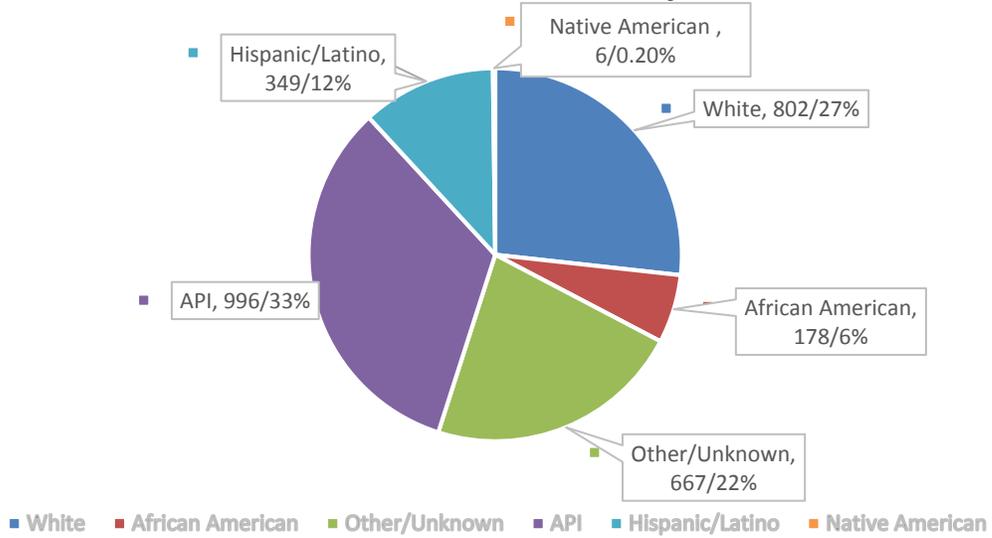
## **System Organization**

Berkeley Mental Health (BMH), one of two city-based public mental health programs in the state, provides services for residents of Berkeley and Albany. It is a Division of the City of Berkeley Health, Housing & Community Services (HHCS) Department. Services are provided at multiple clinic sites and in the field. BMH has several units providing services: Access; Family, Youth & Children; and Adult Services. Services include: assessment, assertive community treatment, individual and group therapy, case management and crisis intervention. In addition to offering homeless outreach and support, some services are provided through a variety of community-based agencies and at school sites. As part of the Access unit, a Mobile Crisis response Team operates seven days a week. The majority of mental health services provided by BMH are aimed towards the Medi-Cal and uninsured population; as such it is important to note the ways in which the Medi-Cal population demographics differ from the overall demographics in Berkeley and Albany. Using data available from Alameda County, the Medi-Cal population in Berkeley in 2015 was as follows:

### City of Berkeley 2015 Medi-Cal Race/Ethnicity



### City of Albany 2015 Medi-Cal Race/Ethnicity



## **Community Program Planning (CPP)**

Community Program Planning (CPP) for the City of Berkeley's MHSAs FY17/18 – 19/20 Three Year Plan was conducted over a two month period enabling opportunities for input from the MHSAs Advisory Committee members, consumers, family members, representatives from community-based organizations, individuals from unserved, underserved and inappropriately served populations; BMH Staff, City Commissioners, and other MHSAs Stakeholders. During this process, three MHSAs Advisory Committee meetings and four Community Input meetings were held. Information about what was being proposed to be included in the MHSAs FY17/18 – 19/20 Three Year Plan was also provided at the April Mental Health Commission meeting.

As with previous MHSAs Plans and Annual Updates, the methodology utilized for conducting CPP for the MHSAs FY17/18 – 19/20 Three Year Plan was implemented to enable a collaborative process to occur between BMH staff, MHSAs Advisory Committee members and other MHSAs stakeholders. Development of the MHSAs FY17/18 – 19/20 Three Year Plan began with an internal examination of existing programs, unaddressed needs, and available funding which included a review of input received during the preparation of previous MHSAs planning processes. Following an internal review, proposed ideas and potential programs were vetted through the MHSAs Advisory Committee prior to engaging other stakeholders. During the CPP, proposed uses of CSS and PEI unspent funds in the following program areas below, were vetted to MHSAs stakeholders:

- Increased staffing for the Children's Full Service Partnership program, TAY, Adult & Older Adult Full Service Partnership program, Transition to Independence Team, Wellness Recovery services, and Employment services;
- Increased funding for MHSAs Contractors to support data collection and evaluation functions;
- Funding to support a pilot project for a Resource Center in the City of Albany;
- Allocating local funds to support California Mental Health Services Authority (CalMHSAs) Prevention/Early Intervention (PEI) Statewide Projects.

Feedback received during the CPP process around increasing funding for BMH staffing MHSAs Contractors, and the Albany Resource Center was largely favorable. At first, some of the MHSAs Advisory Committee members were not in favor of providing local MHSAs PEI funds to CalMHSAs for statewide programming. However, following a presentation from CalMHSAs, MHSAs Advisory Committee members voted to provide funding for the FY17/18 fiscal year and to evaluate on an annual basis whether to continue to allocate funds in this manner.

Additional input acquired from MHSAs Stakeholders during CPP is outlined below:

- Create an accessible 24 hour Crisis and Stabilization Center for individuals who have Disabilities and experience mental health issues;
- Utilize MHSAs funds to serve non-Medical under-insured Children and Youth;
- Implement an Expressive Arts Therapy program for youth;
- Form a Wellness Recovery Action Plan (WRAP) group for consumers;
- Implement Transformative Life Skills programs with trauma informed care approaches in Berkeley Schools, and in the Senior Centers;
- Use MHSAs funds to create an updated, comprehensive directory of area services.

Lastly, there has continued to be much input around both the lack of participation of community members in MHSA community planning processes, and the desire for better outcomes on all MHSA funded programs. BMH will utilize input received, including but not limited to, increasing the use of technology, and where possible social media, to engage the public into MHSA planning processes.

Regarding data on program outcomes, input received has largely focused on implementing evaluative measures that help BMH, MHSA Stakeholders and community members more fully understand and determine how well implemented programs are meeting participant and community needs. Integral to this type of outcome measure is to engage the voice of the program participant around the services they received. One stakeholder suggested the use of implementing the method of Participatory Research strategies and interviewing practices to achieve this end.

As per MHSA plan requirements, this FY17/18 – 19/20 Three Year Plan, reports on data from FY15/16, (data from two years prior to FY17/18). While some MHSA programs have collected outcome and client self-report measures, the majority of the data is more process related. However, there are a few initiatives that are currently underway to evaluate the outcomes of several MHSA programs including the following:

- Impact Berkeley: The City of Berkeley's HHCS Department has begun the roll-out of "Results Based Accountability" in various Public Health and Mental Health programs. Through this initiative the Department will envision, clarify and develop a common language about the outcomes and results each program is seeking to achieve, and use a rigorous framework to measure and enhance progress towards these results. The first part of the roll-out includes the Children's Full Service Partnership and the MHSA CSS and PEI funded community agency programs.
- Homeless Outreach & Treatment Team: This new pilot program to support homeless mentally ill individuals in Berkeley/Albany in obtaining permanent housing and engaging in mental health services and supports has just recently begun. A local consultant, Resource Development Associates, has been hired to measure the outcomes and effectiveness of this pilot project.
- Trauma Informed Care Project: Funded through the Innovations component, this pilot project has implemented Trauma Informed Care (TIC) Training and supports for educators in three Berkeley Unified School District (BUSD) schools including Franklin Preschool, Berkeley Arts Magnet Elementary School and Willard Middle School. The project is being evaluated by Hatchuel Tabernik & Associates who have created and implemented a data collection and evaluation plan designed to report on program outcomes and evaluate the INN learning questions.
- INN Data Outcomes: Per new MHSA INN regulations, all INN funded programs must begin collecting additional state identified outcome measures (specific to the category of services provided). The next round of INN programs to be funded will have provisions for evaluation to be an integral part of the project.

- PEI Data Outcomes: Per new MHSA PEI regulations, all PEI funded programs must begin collecting additional state identified outcome measures (specific to the category of services provided). All PEI contracted programs will also be participating in “Impact Berkeley”.

Future MHSA Plans and updates will include reporting on the progress of these initiatives. In addition to these initiatives the Division will evaluate input received around additional strategies to obtain program outcomes.

A 30-Day Public Review is currently being held from Wednesday, May 24, through Thursday, June 22, 2017 to invite input on this MHSA FY17/18 – 19/20 Three Year Plan. A copy of the Plan is posted on the BMH MHSA website and available for reviewing in hard copy format at the downtown Public Library at 2090 Kittredge Street. An announcement of the 30-Day Public Review has been issued through a Press Release and mailed and/or emailed to community stakeholders. Immediately following the 30-day public review period a Public Hearing will be held at the Mental Health Commission on Thursday, June 22, 2016 at 7:00pm at the North Berkeley Senior Center. Substantive comments received during the 30-day Public Review and Public Hearing will be included in the final MHSA Three Year Plan.

## MHSA FISCAL YEARS (FY) 2017/18, 18/19 & 19/20

### THREE YEAR PLAN

This City of Berkeley's MHSA FY17/18, 18/19, 19/20 Three Year Program and Expenditure Plan is a stakeholder informed plan that summarizes proposed program changes and additions, includes descriptions of currently funded MHSA services, and provides a reporting on FY16 program data.

#### PROPOSED NEW FUNDING ADDITIONS

A review of proposed staffing and services to be added through the MHSA FY17/18 -19/20 Three Year Plan, are outlined below:

**TAY, Adult & Older Adult Full Service Partnership (FSP)** - The highest level of outpatient case management services available in the adult system of care are through the TAY, Adult, & Older Adult Full Service Partnership (FSP). There is a large demonstrated need for high level wrap around services for individuals with serious mental illness. Each of the positions are being proposed through unspent CSS FSP funds.

- 1 Full-Time Equivalent (FTE) Social Services Specialist - \$132,523: The addition of this case management position will enable the TAY, Adult & Older Adult FSP to better serve existing consumers and increase the program capacity by 10 individuals, thereby better supporting the community needs.
- Upgrade .5 FTE Senior Behavioral Health Clinician to 1.0 FTE Mental Health Clinical Supervisor - \$7,207: The TAY, Adult, & Older Adult FSP currently receives clinical supervision by a Senior Behavioral Health Clinician (FSP Team Leader) and is administratively supervised by the Manager of Adult Services. This upgrade will allow the FSP Team Leader to assume administrative and clinical supervision of the FSP team, which better aligns responsibilities to the intended goals for this position.

**Children's Intensive Support Services Full Service Partnership (FSP)** - Full Service Partnership (FSP) case management is the highest level of outpatient case management service available in the children's system of care targeting children with the highest level of impairment and risk. There is a large demonstrated need for high level wrap around services for children with serious emotional disturbances. This position is being proposed through unspent CSS FSP funds.

- 1 FTE Behavioral Health Clinician II - \$155,555: The addition of this case management position will enable the Children's FSP to increase the program capacity by 10 individuals thereby better supporting community needs.

**Focus On Independence Team (FIT)** - This relatively new level of care was instituted to provide additional services for individuals who previously received only medication management services. This position is being proposed through unspent CSS System Development funds.

- 1 FTE Social Services Specialist - \$66,262: This additional case management position will allow the adult Focus On Independence Team (FIT) to provide enhanced services in order to better meet the needs of the 80+ individuals receiving FIT services.

### **Wellness Recovery Services**

- 1 FTE Assistant Mental Health Clinician - \$54,848: This position will enable the Division to increase the number of groups and wellness activities that support the overall mental health recovery of a wide variety of mental health consumers. This position is being proposed through unspent CSS System Development funds.

**Employment Services** - There is a huge need for vocational training, placement and employment supports for clients within the mental health division. This position is being proposed through unspent CSS System Development funds.

- 1 FTE Social Services Specialist - \$132,523: This position will be focused on utilizing an evidenced based model for supporting individuals with serious mental illness in obtaining and retaining competitive employment.

### **Albany Resource Center**

- The City of Albany has identified a need for additional social services. Existing services focus on specific populations including the Albany Senior Center, Project Hope for the Homeless, and student counseling services in the Albany Unified School District. While BMH services are available to Albany residents, there are often few opportunities for Albany residents to learn about these resources. A key informant's survey conducted in Albany in 2014 identified a need for services related to affordable housing, aging seniors wishing to remain in their homes and affordable mental health services. Other needs were mentioned as well.

In order to respond to the needs of vulnerable individuals and families in the Albany Community and to increase access to resources, the City of Albany has allocated \$68,000 for a one-year pilot Resource Center. The Resource Center will offer Albany residents a one-stop venue to learn about and receive referrals to resources to assist with a range of social and economic needs. The Center will initially operate out of the United Methodist Church from 10am-1pm on Wednesdays and Fridays and will be staffed by a part-time Coordinator supported by community volunteers. During these hours residents can obtain brochures and information about available services, meet with the Coordinator about their needs and learn about effective resources. Other possible collaborations and resources may also be developed, such as having a clinician from BMH provide assessments on-site. It is envisioned that much will be learned about unmet needs and underused resources as the project is implemented, therefore the full array of services to be made available will evolve accordingly.

The City of Berkeley is proposing to allocate \$32,000 of unspent MHSA CSS System Development funds to support the Albany Resource Center. Together with \$68,000 of funds the City of Albany has already allocated, this will provide a total budget of \$100,000 for the Albany Resource Center.

## **MHSA Service Contracts**

- The HHCS Department is in the process of rolling out “Impact Berkeley” which will implement the practice of Result’s Based Accountability to measure outcomes on a variety of programs throughout the Public Health and Mental Health Divisions, including MHSA funded contracted services. In addition, within the past year each PEI funded program has begun collecting additional data per new MHSA regulations. This increase in funding will help off-set costs related to data collection and evaluation on the following MHSA service contracts: YEAH!, GOALS for Women, Albany Unified School District, Pacific Center, Center for Independent Living. The total increase in funding of \$41,300 across six contractors is being proposed through unspent CSS Multi-Cultural Outreach (\$16,000) and PEI (\$25,300) funds.

## **California Mental Health Services Authority (CalMHSA) PEI Statewide Projects**

- In 2009, California’s counties formed the California Mental Health Services Authority (CalMHSA) as a Joint Powers Authority to implement PEI statewide program initiatives. With an approved combined funding level of \$40 million per year for four years during the timeframe of 2011 through 2015, CalMHSA implemented statewide initiatives in the following areas: Suicide Prevention, Stigma and Discrimination Reduction, and Student Mental Health. Following 2015, funding for PEI Statewide projects has been generated through pooled contributions from individual counties. Contributing counties are members of a CalMHSA board that provides direction into the types of initiatives that are implemented.

In order to continue to sustain programming, CalMHSA has asked counties to allocate 4% of their annual local PEI allocation each year for the next three years to these statewide initiatives. In the City of Berkeley, this would be approximately \$40,614 each year. Although BMH is a member of the CalMHSA JPA (which has since expanded to provide additional services for counties beyond the PEI Statewide Project initiatives) per the MHSA Stakeholders, the Division has not previously elected to allocate local PEI funds towards statewide programming.

## **PROGRAM DESCRIPTIONS AND FY16 DATA BY FUNDING COMPONENT**

Outlined in this section per each funding component are descriptions of current City of Berkeley MHSA services along with FY16 program data. Across all MHSA funded programs, in FY16, a total of 4,935 individuals participated in some level of services and supports. Additionally, a total of 839 individuals attended BMH Diversity and Multi-cultural trainings aimed at transforming the system of care, and 1,265 individuals attended BMH Diversity and Multicultural events. Some of the FY16 MHSA funded program highlights include: a reduction in psychiatric inpatient hospital and/or incarceration days for severely mentally ill clients; a decrease in the number of days severely mentally ill clients spent homeless; step down to a lower level of care for some clients; services and supports for homeless or marginally housed TAY who are suffering from mental illness; services and supports for family members; consumer driven wellness recovery activities; Housing, and Benefits Advocacy services and supports for clients; augmented prevention and intervention services for children and youth in the schools and community; increased outreach, and support services for homeless TAY, Adults and Older Adults and individuals in underserved and inappropriately served cultural and ethnic populations.

### **COMMUNITY SERVICES & SUPPORTS (CSS)**

Following a year-long community planning and plan development process, the initial City of Berkeley CSS Plan was approved by the California Department of Mental Health (DMH) in September 2006. Updates to the original plan were subsequently approved in September 2008, October 2009, April 2011, May 2013, May 2014, May 2015, June 2016 and January 2017. From the original CSS Plan and/or through subsequent plan updates, the City of Berkeley has provided the following services:

- Wrap-around Services for Children and their families;
- TAY, Adult and Older Adult Intensive Treatment Services;
- Multi-cultural Outreach & Engagement;
- TAY Support Services;
- Consumer Advocacy;
- Wellness and Recovery Services;
- Family Advocacy;
- Housing Services and Supports; and
- Benefits Advocacy.

Descriptions for each CSS funded program and FY16 data are outlined below:

## FULL SERVICE PARTNERSHIPS (FSP)

### **Children’s Intensive Support Services FSP**

This program provides intensive short-term, individualized treatment, care coordination, and support to children and youth ages 0-18 years. The main goal of the program is to enable children, youth and their families to acquire the skills and/or mental health supports needed to improve, stabilize, and/or strengthen their levels of individual and family functioning. Program interventions include mental health counseling, parent and child psycho-education, case management, medication management, crisis services, brokerage, and/or stabilization for acute mental health issues. Services are individually tailored, developed in collaboration with families, and incorporate a range of strength-based, culturally competent services and resource acquisition. Program strategies also incorporate a range of services to promote resilience in the child and family, and utilize schools as an important avenue for referrals. This program is structured to serve 20 youth at a time.

During the time period of July 2007 through September 2011, program services were provided through a local community-based organization. Following this timeframe, all high level children and youth were served either through existing services at BMH Family, Youth & Children’s Services (FYC), or were referred to other area agencies. Beginning in FY16, FYC re-implemented the Children’s FSP at Family, Youth & Children’s Services. This in-house FSP provides comprehensive, intensive mental health services for children, youth (0-18) and their families in their homes and/or communities. In FY16, a total of 16 children/youth ranging in ages from 5 to 18 years old were served through this program. Demographics on those served were as follows:

| <b>CLIENT DEMOGRAPHICS n=16</b> |                      |                   |
|---------------------------------|----------------------|-------------------|
| <i>Client Gender</i>            | <i>Number Served</i> | <i>% of total</i> |
| Male                            | 11                   | 69%               |
| Female                          | 5                    | 31%               |
| <b>Race/Ethnicity</b>           |                      |                   |
| <i>Client Race/Ethnicity</i>    | <i>Number Served</i> | <i>% of total</i> |
| African American                | 9                    | 56%               |
| Asian Pacific Islander          | 1                    | 6%                |
| Caucasian                       | 2                    | 13%               |
| Latino                          | 3                    | 19%               |
| Mixed Race                      | 1                    | 6%                |

Of the 16 children/youth that were served in FY16: 3 client cases were closed within 30 days due to non-participation of the parents; 1 client was placed out of home by Child Protective Services; 10 clients were “stepped down” in their level of care to therapy only; and 2 clients are still being served.

## **TAY, Adult and Older Adult FSP**

This program provides intensive support services to TAY, Adults and Older Adults with severe mental illness that are homeless or at risk of becoming homeless. A primary focus is on those in need who aren't currently receiving services and/or individuals that in spite of their current services are having difficulties with: obtaining or maintaining housing; frequent or lengthy psychiatric hospitalizations; and/or frequent or lengthy incarcerations. Priority populations include individuals from unserved, underserved and inappropriately served cultural communities.

The most intensive level of clinical supports offered at BMH are provided through this program. Client services are provided by a treatment team modeled on the Assertive Community Treatment approach which maintain a low staff-to-client ratio (12:1) that allows for frequent and intensive support services. Clients are provided assistance with finding appropriate housing and in some cases may qualify for temporary financial assistance. A full range of mental health services are provided along with access to housing, benefits advocacy; supported employment programs, and other client services such as the clinic's peer led Wellness Recovery activities. The primary goals of the program are to engage clients in their treatment; reduce homelessness, hospitalization, and incarceration; and to increase stabilization, employment and educational readiness; self-sufficiency; and wellness and recovery. The program serves up to 60 clients at a time.

During FY16 a total of 55 Transitional Age youth (TAY), Adults, and Older Adults were served through this program. Demographics on those served include the following:

| <b>CLIENT DEMOGRAPHICS n=55</b> |                      |                   |
|---------------------------------|----------------------|-------------------|
| <i>Client Gender</i>            | <i>Number Served</i> | <i>% of total</i> |
| Male                            | 36                   | 65%               |
| Female                          | 19                   | 35%               |
| <b>Race/Ethnicity</b>           |                      |                   |
| <i>Client Race/Ethnicity</i>    | <i>Number Served</i> | <i>% of total</i> |
| African American                | 30                   | 54.6%             |
| Asian Pacific Islander          | 6                    | 10.9%             |
| Caucasian                       | 16                   | 29.0%             |
| Latino                          | 3                    | 5.5%              |
| Native American                 | 0                    | 0%                |
| <b>Age Category</b>             |                      |                   |
| <i>Client Age Category</i>      | <i>Number Served</i> | <i>% of total</i> |
| Transition Age Youth            | 8                    | 14.5%             |
| Adult                           | 40                   | 72.7%             |
| Older Adult                     | 7                    | 12.7%             |

TAY, Adult and Older Adult client outcomes included the following: 4 partners were dis-enrolled from the program during FY16: 2 partners graduated from the program and stepped down to lower levels of care, 1 partner moved out of the state and 1 partner disengaged by choice from the program. 13 new partners were enrolled into the program over the course of the fiscal year.

For the 51 program participants who completed a full year in the program, there were positive outcomes with regard to reductions in psychiatric hospitalizations, incarceration and days spent homeless for program participants. There was an **87% reduction in days of psychiatric hospitalization** during the first year of program participation. Partners spent 3,642 days in psychiatric hospitals (county and state hospitals) the year before program enrollment and 488 days in these settings during the first year of program participation. There was an **89% reduction of days spent incarcerated** during the first year of program participation. Partners spent 796 days incarcerated the year prior to program enrollment as compared with 88 days incarcerated during the first year of program participation. There was a **68% reduction in days spent homeless**. Partners spent 4,496 days homeless the year before program enrollment and 1,438 days homeless during the first year of program participation.

While achieving impressive outcomes, the program continues to face challenges. These challenges include: continuing to be very difficult to find safe, affordable housing in one of the most expensive housing markets in the U.S.; figuring out how to best serve the small portion of clients who were unwilling to accept housing; assisting housed clients in maintaining residency as they may at times relapse and/or have behavioral or money management problems; serving clients with severe substance abuse problems who are unwilling to address or sometimes even acknowledge that they have substance abuse issues.

Going forward we will continue to focus on developing staff expertise in treating substance abuse disorders by providing advanced ongoing training in Motivational Interviewing. The team has also been working to increase fidelity to the Assertive Community Treatment model of care as well as exploring training in other evidence based practices, such as Illness, Management, and Recovery. We plan to continue to work on increasing housing options for clients; improving outcomes with regard to obtaining volunteer or paid employment; involving consumers in more peer-led and community activities.

## **MULTI-CULTURAL OUTREACH AND ENGAGEMENT**

### **Diversity & Multicultural Services**

The Diversity & Multicultural Coordinator provides leadership in identifying, developing, implementing, monitoring and evaluating services and strategies that lead to continuous cultural, ethnic and linguistic improvements within the Division's system of care, with a special emphasis on unserved, underserved and inappropriately served and emerging populations. The Diversity & Multicultural Coordinator also collaborates with the state, regional counties, other city divisions, local agencies and community groups in order to address mental health inequities and disparities for targeted populations and communities and for the community-at-large in the cities of Berkeley and Albany. The Diversity & Multicultural Coordinator accomplishes these goals by:

- Providing cultural competency training to all behavioral health, community partners and all stakeholders in the cities of Berkeley, Albany and other geographic locations in the region as a collaborative partner;

- Performing outreach and engagement to unserved, underserved, inappropriately served and emerging communities and populations;
- Developing long and short term goals and objectives to promote cultural/ethnic and linguistic competency within the system of care;
- Developing an annual Training Plan and Budget;
- Chairing the agency's Diversity and Multicultural Committee;
- Attending continuous trainings in the areas of cultural competency;
- Monitoring Interpreter and Translation Services for the agency;
- Collaborating with State, County, regional and local groups and organizations;
- Developing and updating the BMH Cultural Competency Plan as needed.

In FY16, under the direction of the Diversity & Multicultural Coordinator the following trainings, events, services, activities and projects were conducted:

#### **Diversity & Multicultural Trainings:**

- Cultural Humility Training – December 2, 2015 – (50 attended this event.) Attendees included staff, service providers and consumers.
- Meeting the Challenge: CLAS Training, City of Albany – January 26, 2016 – (28 attended this event.) Attendees included staff and service providers.
- BMH Citywide Black History Month Conference – Living in the Shadows – February 10, 2016 – (Approximately 100 attended this event.) Attendees included staff, consumers, family members and residents.
- Alameda County BHCS Annual Black History Month Collaborative Conference – February 26, 2016 (Approximately 200 individuals attended this event) - Attendees included staff, consumers, family members, community partners and residents.
- Cultural Humility Part II Training – May 4, 2016 (50 individuals attended this event) - Attendees included BMH staff.
- LGBTQ PRIDE Conference - June 16, 2016 - (Approximately 100 individuals attended this training) - This training was collaborated with Alameda County Behavioral Health Care Services (BHCS) and community partners. Attendees included staff, consumers, family members, service providers, and residents.

#### **Cultural/Ethnic and Community Events:**

- Day of Prayer Event, June 9, 2016 – Collaborative event with Alameda County BHCS Spirituality Committee and Community partners - (An estimated 35 individuals attended this event.) Attendees included City and County staff, consumers, family members, service providers, and residents from throughout Alameda County.
- Latino Heritage Month event; Dia de los Muertos Celebration – November 6, 2015 - (An estimated 200 individuals attended this event.) Attendees included staff, consumers, family members, service providers and residents.

- Celebrate Lunar New Year Event – February 4, 2016 – (An estimated 35 individuals attended this event.) Attendees included staff, consumers, family members and residents.
- BMH Annual Black History Month event – February 24, 2016 (Approximately 60 individuals attended this event) - Attendees included staff, consumers, family members, community partners and residents.
- May Is Mental Health Month Gala event - May 12, 2016 – (Approximately 130 individuals attended this event) - Attendees included staff, consumers, family members, community partners and residents.
- City of Albany, Asian Heritage Month event – May 21, 2016 – (Approximately 150 individuals attended this event) - Attendees included staff, consumers, family members, community partners and residents.
- Gay Prom, Sponsorship for Horizon Services, Eden Project– June 4, 2016 – (Approximately 300 individuals attended this event) - Attendees included students, staff, consumers, family members, community partners and residents.
- Black Student Graduation, Collaborative event with Berkeley High School – June 6, 2016 (Approximately 300 individuals attended this event) - Attendees included students, teacher, staff, consumers, family members, community partners and residents.
- BMH Annual PRIDE Month event – June 22, 2016 (Approximately 50 individuals attended this event) - Attendees included staff, consumers, family members, community partners and residents.
- Spirituality Support Group for Consumers, 2015 - 2016 – 4th Thursday of every month – Average weekly group of 5 consumers.

**Committees/Groups:**

- BMH Diversity & Multicultural Committee, Chair
- BMH Staff Training Committee, Chair
- CIBHS, Greater Bay Area Workforce Collaborative Committee
- Alameda County BHCS PRIDE Committee Member
- Alameda County BHCS Cultural Responsiveness Committee Member
- Statewide Spirituality Liaison, Spirituality Initiative Committee Member
- Berkeley High School Community Resource Committee
- State and County Ethnic Services Managers/Cultural Competency Coordinators Committee Member
- East Bay Regional Ethnic Services Managers Committee, Member
- Alameda County BHCS African American Steering Committee for Health and Wellness Member

**Outreach and Engagement:**

- Bible Way Fellowship, African Americans
- Beats, Rhymes and Life, Inc. – TAY

- McGee Baptist Church – African Americans
- Black Infant Health Program
- Native American Health Center
- ROOTS – Re-entry population
- Village Connect, Inc., Communities of Color
- BAHIA, Inc., Latino Community
- Eden Project – LGBTQI Youth
- Healthy Black Families
- City of Albany – Seniors, youth , staff and residents
- Berkeley High School – Students and Families
- REALM – Charter School – Students and Faculty

The Diversity & Multicultural Outreach Coordinator recommends that BMH develop a *Culture Brokers Program*. Culture Brokers assist with the delivery of services to unserved, underserved and inappropriately served and emerging consumers, families and communities. Program staff come from the same cultural/ethnic community and/or have an extensive knowledge base of the group's culture. The role of a Cultural Broker would be to work with individuals, families and community groups to increase cultural and linguistic responsive services in the Berkeley and Albany system of care. A Culture Brokers program would enhance BMH's Diversity & Multicultural Services and as agreed upon, the program would work in partnership with BMH clinical staff and community service providers.

### **TAY Support Services**

Implemented through Youth Engagement Advocacy Housing (YEAH!), this program provides outreach, services, supports, and/or referrals to TAY with serious mental health issues who are homeless or marginally housed and not currently receiving services. Priority is given to youth coming out of foster care and/or the juvenile justice system and particular outreach strategies are utilized to engage youth from various ethnic communities, including Asian and Latino populations, among others. Program services include: culturally appropriate outreach and engagement; peer counseling and support; assessment; individual and group therapy; family education; case management, coaching, ancillary program referrals and linkages. Also provided are services in housing attainment and retention, financial management, employment, schooling, and community involvement. Services are designed to be culturally relevant, tailored to each individual's needs, and delivered in multiple, flexible environments. The main goals of the program are to increase outreach, treatment services, and supports for mentally ill TAY in need, and to promote self-sufficiency, resiliency and wellness. This program serves 15-20 youth at a time.

In FY16, a total of 36 TAY were served. Demographics on TAY served were as follows:

| <b>CLIENT DEMOGRAPHICS N=36</b> |                                       |
|---------------------------------|---------------------------------------|
| <i>Client Gender</i>            | <i>Percent of Total Number Served</i> |
| Male                            | 69%                                   |
| Female                          | 31%                                   |
| <b>Race/Ethnicity</b>           |                                       |
| <i>Client Race/Ethnicity</i>    | <i>Percent of Total Number Served</i> |
| African American                | 55%                                   |
| Asian Pacific Islander          | 3%                                    |
| Caucasian                       | 17%                                   |
| Latino                          | 17%                                   |
| Bi-racial/Multi-racial          | 8%                                    |

The project continued to offer clients Shelter Plus Care and Coach vouchers through the City of Berkeley’s HHCS Department. Of the 36 youth engaged in on-going clinical case management, five obtained housing, seven obtained employment, two enrolled in school and three participated in Job Training.

### **SYSTEM DEVELOPMENT**

System Development includes Wellness Recovery Support Services that are intended to expand collaboration with stakeholders, promote the values of wellness, recovery and resilience, and move the Division towards a more consumer and family member driven system. Services are comprised of the following main components: Wellness/Recovery System Integration; Family Advocacy Services; Employment/Educational services. Additional services to support clients include Housing Services and Supports, Benefits Advocacy. Together, each ensures that consumers and family members are informed of, and able to be involved in, opportunities to provide input and direction in the service delivery system and/or to participate in recovery-oriented or other supportive services of their choosing. Strategies designed to reach program goals include: developing policies that facilitate the Division in becoming more Wellness & Recovery oriented and consumer/family member driven; outreach to, and inclusion of, consumers and family members on Division committees; provision of family support & education; supported employment and vocational services; wellness activities; peer supportive services; client advocacy; housing supportive services; and benefits advocacy.

#### **Wellness Recovery System Integration**

A Consumer Liaison works with staff, stakeholders, community members and clients to advance the goals of Wellness and Recovery on a system wide level. In order to accomplish these goals, some of the various tasks include: recruiting consumers for Division committees; convening committees around Wellness Recovery system initiatives; oversight/administration of peer stipends; convening and conducting meetings for a “Pool of Consumer Champions (POCC)”; working with staff to develop various Wellness and Recovery related policy and procedures; and oversight of the Division’s “Wellness Recovery Activities”. The Consumer Liaison is also a resource person around “Mental Health Advance Directives” for consumers desiring to express their treatment preferences in advance of a crisis; and is a participant on a number of local MHSA initiatives. These individual and system-level initiatives impact approximately 478 clients a year.

In FY16 some of the various activities that were conducted under the direction of the Consumer Liaison included:

**Berkeley Pool of Consumer Champions (POCC):** During this year there were 9 meetings that included updates on the MH Commission, the Multi-Cultural and Diversity Committee, the POCC Steering Committee, as well as debriefings on the CAMHPRO and POCC conferences. A lot of concern was expressed about AB 1421 and Community Conservatorship implementation in Alameda County. An average of 6+ persons attended each meeting and throughout the year 16 unduplicated people attended. Members were selected to attend the May is Mental Health Month celebration at Hs. Lordships.

**Wellness Recovery Activities:** Designed with, and building on the talents of consumers, the BMH Wellness Recovery activities included workshops, trainings and ongoing healthy groups. Light refreshments were served at each activity. In FY16, a total of 29 unduplicated consumers attended this program. Peer led activities included:

- Facilitated discussions - Topics such as: Wellness & Control, Early Warning signs, Empathy, Your Favorite Sport, and Books that changed your life.
- Creative Writing - Topics Included: Bullying, Recovery & its opposite, a happy memory, What are you grateful for?, Your encounters with psychiatrists, Your recovery during the past week, Your ideal day, poetry, spiritual poems
- Collages - Focused on: the impact of mental illness for a Day of the Dead altar displayed at the Oakland Art museum, Wellness, Hope, about family support,
- Creating - Greeting cards, signs advertising WRA, lists to improve self-esteem, creating a "Best You can be" pie chart, thank you cards, wellness calendars, your emotional bulls-eye, healthy recipes, a list of what you have lost and what you are grateful for, a graph of our activity levels through the week,
- Exercise - Stretching, walk to the park, Chi Gung, movement, indoor exercises,
- Games - Jenga!, "I packed my bag and in it a put \_\_\_\_\_", Life Stories, Rhyming
- Drawing- Wellness, recovery, with crayons, summer and what it means to you, strengths and supports diagrams, your biggest fear, symbols that make you feel better, your mental illness animal, your inner wellness warrior,
- Sharing - Your happy song/music, your favorite wellness strategy, a happy memory, things that make you strong, the 4 high points of your week, your recipe for wellness pizza.

Additional activities included: singing, check-ins, making salad, music meditation, identifying persistent symptoms, review of group guidelines and brainstorm field trips.

The Consumer Liaison also conducted or participated in the following activities during the reporting timeframe: published a monthly calendar of wellness activities offered through BMH; coordinated interviews of Best Now! Interns; attended the Greater Bay Area Workforce and Education Collaborative; participated in the planning of the Spring 2016 CASRA conference and the "May is Mental Health Month" event in Berkeley; co-facilitated three Mental Health First Aid trainings that continue to be well received by the community; was trained in Youth Mental Health First Aid and conducted one Youth Mental Health First Aid training in conjunction with Berkeley Unified School District; negotiated and implemented a contract with the newly formed Bay Area

Hearing Voices Network support group at the North Berkeley Senior Center; Negotiated a contract with the Alameda County Network of Mental Health Clients to provide Peer Leadership training; trained a new Commission Secretary to staff the Mental Health Commission, which is a strong voice on community needs; continued to staff the Crisis, Assessment and Triage Desk for two hours a week; helped create language in job specifications and recruited consumers to apply for the Community Health Worker, Assistant Mental Health Clinician and Social Services Specialist job classifications; provided feedback on the Request For Proposal for the Berkeley/Albany Wellness Center; conducted Consumer Perception surveys in November and May during the State survey period; recruited, trained and supervised surveyors and submitted surveys to the state; continued to participate in the Division's Safety Committee; co-chaired the HH&CS's Change Team to address inequities in the Department; started the Wellness Recovery Transformation Board that includes staff and consumers; and attended the following conferences:

- 2015 Alternatives Conference in Memphis, TN, learned about peer-led program and initiatives and networked with peers on the national level.
- CAMHPRO (California Association of Mental Health Peer Run Organizations) conference of this newly formed statewide consumer organization.
- Addressing Stigma, Discrimination and Trauma in the 22<sup>nd</sup> century sponsored by Berkeley Mental Health & Alameda County

### **Family Advocacy Services**

A Family Advocate works with Family Members, staff, community-based organizations etc. to improve services and supports for BMH clients and their family members on a system-wide level. Services provide both individual family services and supports, and system-wide change initiatives. This family/caregiver-centered program serving Berkeley and Albany provides information, education, advocacy and support for family/caregivers of children, adolescents, TAY, adults and older adults with serious emotional disturbance or severe mental illness. Services are provided in a culturally responsive manner providing outreach to people of various ethnicities and language groups.

The Family Advocate serves as a point of contact for family members who are currently accessing or attempting to access services and/or who have questions and concerns about the mental health system, providing them with supports, and as needed, referrals to additional community resources. Outreach is provided to families through existing BMH family support groups, NAMI of the East Bay, community clinics and the Alameda County Family Education Resource Center (FERC). Additionally, the Family Advocate coordinates forums for family members to share their experiences with the system; recruits family members to serve on BMH committees; supports family members through a "Warm line"; conducts a Family Support Group; and creates training opportunities to educate mental health staff on how to effectively work with families. The combination of individual services and system-level initiatives impact approximately 432 clients and their family members a year.

In FY16 under the direction of the Family Advocate, the following individual/or group services and supports were conducted through this program:

**Warm Phone Line Support:** A Warm Phone Line provided a sympathetic resource for family members needing information, referrals, supports, and assistance in navigating the complex mental health system. Through the Warm Phone Line, the Family Advocate helped families find services and resources as needed.

**Family Support Group:** Family Support groups were offered for parents, children, siblings, spouses, significant others, or caregivers. An English speaking support group met twice a month for two hours and a Spanish speaking group met monthly for 90 minutes.

**Individual Support:** The Family Advocate met with families as needed, to provide personal support to help them prioritize their needs, connect them with appropriate resources and supports, assist them in navigating the Mental Health system, and to provide coping skills for dealing with the high level of stress that can ensue from the impact of mental illness in the family.

A total of 136 family members were served. Demographics on those served include the following:

| <b>CLIENT DEMOGRAPHICS N=136</b> |                                       |
|----------------------------------|---------------------------------------|
| <i>Client Gender</i>             | <i>Percent of Total Number Served</i> |
| Male                             | 17%                                   |
| Female                           | 86%                                   |
| Unknown                          | 1%                                    |
| <b>Race/Ethnicity</b>            |                                       |
| <i>Client Race/Ethnicity</i>     | <i>Percent of Total Number Served</i> |
| African American                 | 6%                                    |
| Asian Pacific Islander           | 6%                                    |
| Caucasian                        | 10%                                   |
| Hispanic/Latino                  | 18%                                   |
| Unknown                          | 60%                                   |
| <b>Age Category</b>              |                                       |
| <i>Client Age in Years</i>       | <i>Percent of Total Number Served</i> |
| 18-25                            | 4%                                    |
| 26-55                            | 29%                                   |
| 56+                              | 33%                                   |
| Unknown                          | 34%                                   |

### **Employment Services**

Previously, a BMH Employment Specialist provided services to support consumers in job readiness and accessing employment opportunities. It was envisioned that these services would at a minimum, create and nurture supported vocational, educational and volunteer “try-out” opportunities in the community; build employment and educational readiness; and increase the numbers of consumers who are gainfully employed and/or engaging in other meaningful activities such as school or volunteer work. Different strategies were implemented along the way including utilizing the Dartmouth model of supported employment. The Dartmouth model helps to promote wellness and recovery by enabling clients to work alongside other non-mentally ill workers in a competitive environment in their community. In this model, employment supports were provided to clients from multiple sources including the following: Employment

Specialist; Case Manager; Psychiatrist; and any involved Family Members. The Employment Specialist also: provided supports to clients who were interested in starting their own business by guiding them through the necessary steps of getting a license, advertising, etc.; assisted clients who weren't quite ready to obtain employment, in becoming involved in volunteer opportunities; connected clients with the Department of Rehabilitation for computer skills training; worked with staff to ensure clients were adhering to their medication regimen; and supported clients in filling out job applications and or practicing their interview skills.

Although various strategies were implemented over the years, client participation and employment outcomes remained low through FY12, followed in FY13, with an unexpected vacancy in the Employment Specialist position. Low client outcomes coupled with a vacancy in the position prompted BMH to evaluate current best practices for mental health client employment. Additionally, input received during various MHSA Community Program Planning processes, provided recommendations on strategies to better support clients in reaching their employment goals, such as: assisting clients on interviews and on what to share with an employer regarding reasonable accommodations; providing mentoring and job shadowing; implementing technology training for clients; having services be integrated and supported, and implementing evidence based practices.

A new Employment Specialist position is being proposed through this Three Year Plan. Once hired, the Employment Specialist will be focused on utilizing an evidenced based model for supporting individuals with serious mental illness in obtaining and retaining competitive employment.

### **Housing Services and Supports**

Previously a Housing Specialist worked with clients and staff throughout the Division to provide Housing Resources, with the aim of increasing housing opportunities for clients and increasing housing retention. In FY13 the Housing Specialist Position became vacant. Since that time although clients have continued to receive housing support from case managers and/or through Shelter Plus Care personnel, there has not been a dedicated staff member in place to focus solely on this aspect of the work. The vacancy in the Housing Specialist position has allowed BMH to re-assess where staff expertise would be most beneficial in supporting mental health clients with their housing needs. Additionally, input received during the FY14 and previous MHSA Community Program Planning processes included concerns around the lack of affordable housing in Berkeley and echoed the need for additional supports to assist clients in maintaining their housing.

In 2017, BMH began interviewing for the Housing Specialist position. Going forward, it is envisioned that when a Housing Specialist is hired, they will be involved in: providing housing resource services for clients; working with landlords to increase housing opportunities; collaborating with case management staff, landlords, and Board & Care Managers to provide additional supports for clients who are already housed; and working in tandem with the City of Berkeley HHCS Department Hub (which serves as a single entry point into emergency shelter and transitional housing, where clients are triaged based on their housing and service needs).

### **Benefits Advocacy Services**

Through this project a community-based organization, the Homeless Action Center (HAC), assists clients in obtaining public benefits. Services are provided for approximately 10 BMH clients a year. In FY16, 15 clients were served through this agency. Demographics on those served were as follows:

| <b>CLIENT DEMOGRAPHICS N=15</b> |                                       |
|---------------------------------|---------------------------------------|
| <i>Client Gender</i>            | <i>Percent of Total Number Served</i> |
| Male                            | 53%                                   |
| Female                          | 47%                                   |
| <b>Race/Ethnicity</b>           |                                       |
| <i>Client Race/Ethnicity</i>    | <i>Percent of Total Number Served</i> |
| African American                | 47%                                   |
| Caucasian                       | 27%                                   |
| Hispanic                        | 13%                                   |
| Other                           | 13%                                   |
| <b>Age Category</b>             |                                       |
| <i>Client Age in Years</i>      | <i>Percent of Total Number Served</i> |
| 18-24 years                     | 13%                                   |
| 25-44 years                     | 27%                                   |
| 45-54 years                     | 53%                                   |
| 55-61 years                     | 7%                                    |

### **Flexible Funds for Level One Clients**

A contract with the community-based organization, Berkeley Food & Housing Project, enables flexible funds to be used with clients across the system for supports such as housing, clothing assistance, food, transportation, etc. This use of flexible funds aids individuals in achieving better stability in areas where they are less capable of addressing their daily living needs.

### **Mobile Crisis Team (MCT) Expansion**

Through the previously approved MHSA FY14/15 - 16/17 Three Year Program and Expenditure Plan, and as a result of staff and community input on increasing and improving services for those experiencing a mental health crisis, the following new additions to BMH have been or are in the process of being implemented through CSS System Development funds:

- New staff were added to expand the Mobile Crisis Team (MCT) capacity and Mobile Crisis service hours were increased to 1:00am, 365 days a year. As a result, there are now two teams available to respond to crisis during peak later afternoon and evening hours.
- Transitional Outreach Team (TOT) which augments MCT services through interventions that address issues individuals experience either immediately prior to, or following a mental health crisis. This team, consisting of a licensed clinician and a peer/family provider position, follows up with individuals and families that have had a recent crisis. The goal of the team is brief outreach engagement that will help that individual and/or family get connected to the resources they need so that they are able to move towards recovery.

- BMH Staff has continued to conduct multiple Mental Health First Aid Trainings to teach community members how to assist individuals who are in crisis or are showing signs and symptoms of a mental illness.
- A Consumer/Family Member Satisfaction Survey for Crisis services was developed and implemented by BMH Staff.

### **Sub-Representative Payee Program**

In the previously approved MHSA FY14/15 – 16/17 Three Year Program and Expenditure Plan the Division proposed to use a portion of CSS System Development funds to outsource Sub-Representative Payee services, as the practice for many years at the BMH Adult Clinic has been for clinicians to act as representative payees, managing client's money. While on some levels this practice has improved clients' attendance at regular appointments, it has also presented an array of other challenges around the dual role of clinician/money manager.

In 2017, Sub-Representative Payee services will be contracted out to a community based organization, which will be chosen through a competitive Request For Proposal (RFP) process.

### **Wellness Recovery Center**

Per the previously approved MHSA FY14/15 - 16/17 Three Year Program and Expenditure Plan, BMH proposed to utilize \$300,000 of CSS System Development funds annually to pool with \$300,000 of Alameda County BHCS monies to fund a local Wellness Recovery Center. In FY16, the Memorandum of Agreement (MOU) with Alameda County BHCS was finalized. As it was anticipated that administrative and program costs would be higher than originally projected an additional \$150,000 on an annual basis was allocated to the Wellness Center through the MHSA FY16/17 Annual Update (for a total of \$450,000).

The County executed an RFP process and Bonita House was the chosen community-based organization who will implement the Wellness Center. Bonita House has identified a site on University Avenue where the Wellness Center will ultimately be located. It is anticipated that the large portion of 2017 will be spent on getting the site renovated so it is ready to open for services.

### **BMH Peer and Family Member Positions**

Since the first MHSA Plan, BMH has included positions for peers and family members with lived experience to be added to various programs throughout the Division. The BMH Division utilizes existing City job classifications to create an employment track for peer or family member providers. The entry level position is Community Health Worker, the mid-level is Assistant Mental Health Clinician, and the top-level is Social Services Specialist. All of these classifications are used broadly for differing purposes throughout the City. For the specific positions where the MHSA Plan envisioned utilizing peer or family providers, we have had good success in establishing employment lists where there are applicants who describe themselves as peer providers or family member providers. Currently, the Division is in the process of filling

a number of positions within these classifications. As such, it is anticipated that BMH will be successful in increasing the number of peer and family member providers in the near future.

### **Homeless Outreach and Treatment Team (HOTT)**

In an effort to address the current homeless crisis, and as a result of input received through various MHSA community program planning processes, BMH will be utilizing \$384,505 of unspent CSS System Development funds and \$196,225 of unspent PEI funds to pilot a treatment team for homeless individuals for three years. Additional funding for this project will consist of mental health realignment monies and will leverage existing general funds allocated to the mental health division. The goals of the program are twofold: to move homeless mentally ill individuals in Berkeley/Albany into permanent housing and to connect them into the web of services and supports that currently exist within the system of care. The key components include the following evidence and experience based practices:

- Housing First;
- Persistent and Consistent Outreach;
- Supportive Case Management;
- Linkage to care;
- Treatment.

The program has dedicated funds for rapid re-housing and short term rental subsidies. There is also be a dedicated independent evaluation to assess program accomplishments over the three year timeframe, and to ascertain whether it should continue past the initial funding period. In May 2017, the HOTT program began providing services.

### **Case Management for Youth and Transition Age Youth**

In response to a continued high need for additional services and supports for youth and TAY who are suffering from mental health issues and may be homeless or marginally housed, BMH will be utilizing \$100,000 of CSS System Development funds in 2017 to increase case management services for this population. Services will be provided by a community partner that will be chosen through a competitive Request for Proposal (RFP) process.

## **PREVENTION & EARLY INTERVENTION (PEI)**

The original City of Berkeley Prevention & Early Intervention (PEI) Plan was approved by DMH in April 2009. Subsequent Plan Updates were approved in October 2010, April 2011, May 2013, May 2014, May 2015, June 2016 and January 2017. From the original approved PEI Plan and/or through Plan Updates, the City of Berkeley has provided the following services through this funding component:

- An early identification, assessment, treatment and referral program for children (0-5 years old) and their families;
- Prevention and short-term intervention services in the Berkeley school system;
- Trauma support services for youth, adults and older adults in unserved, underserved and inappropriately served populations;

- An anti-stigma support program for mental health consumers and family members;
- Intervention services for at-risk children; and
- Increased homeless outreach services for TAY, adults, and older adults.

Descriptions for each PEI funded program and FY15 data are outlined below:

**Behavioral-Emotional Assessment, Screening, Treatment, and Referral (BE A STAR)**

The Be A Star program is a collaboration with the City of Berkeley’s Public Health Department providing a coordinated system in Berkeley and Albany that identifies children birth to age five and their parents, who are at risk of childhood development challenges including developmental, social, emotional, and/or behavioral concerns. The program specifically targets low income families, including those with teen parents, who are homeless, substance abusing, or in danger of foster care. Services include triage, assessment, treatment and referrals to appropriate community-based or specialist services as needed. Children and families are accessed through targeted efforts at the following: Black Infant Health; Vera Casey Teenage Parenting programs; Child Health and Disability Prevention programs, Pediatric providers, and through state-subsidized Early Childhood Development Centers. The goals of the program are to identify, screen and assess families early, and connect them with services and supports as needed. The program uses the “Ages and Stages Questionnaires” (ASQ) screening tool to assess children in need. The ASQ consists of a series of 20 questionnaires that correspond to age intervals from birth to 6 years designed to help parents check their child’s development. Each questionnaire contains simple questions for parents to answer that reflect developmental milestones for each age group. Answers are scored and help to determine whether the child’s development is on schedule or whether the child should be referred for a developmental checkup with a professional. Over 400 children are assessed each year.

In FY16, 405 ASQ’s were prepared at Berkeley Unified School District (BUSD) Pre-schools for 3 and 4 year olds. A total of 354 ASQ’s were returned and scored, for an 87.4% return rate. Those children who were not screened with ASQ’s either had IEP’s or their parents opted out. Demographics on BUSD Children with returned and scored ASQ’s were as follows:

| <b>BUSD ASQ DEMOGRAPHICS</b> |                                |
|------------------------------|--------------------------------|
| <b>N = 354</b>               |                                |
| <i>Race/Ethnicity</i>        | <i>Percent of Total Number</i> |
| African American             | 33%                            |
| Asian Pacific Islander       | 19%                            |
| Caucasian                    | 13%                            |
| Hispanic/Latino              | 30%                            |
| Bi-racial or Multi-racial    | 4%                             |
| Unknown                      | 1%                             |

Through these screenings, 46 children scored in the “Of Concern” range and 75 scored in the “Monitoring” range. Outlined below is a breakdown of the BUSD Preschool ASQ screening results of children in the “of concern” range:

| <b>BUSD<br/>Preschool</b> | <b>Number<br/>Screened</b> | <b>Screening<br/>Results “Of<br/>Concern”</b> | <b>% Scored of<br/>Concern</b> |
|---------------------------|----------------------------|---|--------------------------------|
| Franklin                  | 108                        | 17  | 16%                            |
| King                      | 181                        | 24  | 13%                            |
| Hopkins                   | 65                         | 5   | 3%                             |

As a result of the BUSD ASQ screenings, 57 referrals were made to the following services: 34 to Mental Health services; 9 to BUSD Special Education; 14 to other area Districts Special Education services.

A total of 68 additional ASQ’s were administered by Public Health nurses. Demographics on the 68 ASQ’s were as follows: 3% African American; 26% Asian; 9% Latino; 6% Multi-Racial, 9% Caucasian and 47% undeclared. Of the 68 completed ASQ’s, 13% scored in the “of concern” range and 15% scored in the “monitoring” range. Children who received scores in the “Of Concern” range were referred to their pediatrician for follow-up and those receiving scores in the “monitor only” range were screened again at a later date (usually between 2-6 months later).

During the FY16 data reporting timeframe, an additional 640 children were screened through the “Help Me Grow” Sites (Pediatric clinics or Family Practices) during well child visits:

| <b>Pediatric/Family Clinics ASQ Results N= 664</b> |                        |  |   |
|--|------------------------|--|---|
| <i>Clinic/Practice</i>                             | <i>Number Screened</i> | <i>Screening Results</i>                                   | <i>#Referrals/Top 5 Reasons for Referrals</i>   |
| Kiwi San Pablo Pediatrics                          | 326                    | 57% = No Concern<br>24% = Of Concern<br>29% = Monitor Only | -16 Children were referred<br>-Top 5 Reasons for Referrals:<br>63% Communication<br>31% High Family Stress<br>31% Behavior<br>19% Parent Support/Education<br>19% Fine Motor Skills |
| Kiwi Alcatraz Pediatrics                           | 95                     | 64% = No Concern<br>15% = Of Concern<br>21% = Monitor Only | -20 Children were referred<br>-Top 5 Reasons for Referrals:<br>80% Communication<br>30% Behavior<br>30% Adaptive Skills<br>25% Parent Support/Education<br>25% High Family Stress   |
| Lifelong – West Berkeley Family Practice           | 243                    | 64% = No Concern<br>16% = Of Concern<br>20% = Monitor Only | -55 Children were referred<br>-Top 5 Reasons for Referrals:<br>53% Communication<br>25% Adaptive Skills<br>22% Gross Motor Skills<br>20% Problem Solving<br>20% Fine Motor Skills   |

### **Supportive Schools Program**

Through this program leveraged MHSA PEI funds provide resources to support mental health prevention and intervention services in the Berkeley Elementary schools. Services include: outreach; mental health programming; classroom, group, and one-on-one psycho-social education and support; and consultation with parents and/or teachers.

In FY16, approximately 326 youth participated in individual or group therapy services.

Demographic data included:

| <b>CLIENT DEMOGRAPHICS N= 326</b> |                                       |
|-----------------------------------|---------------------------------------|
| <i>Client Gender</i>              | <i>Percent of Total Number Served</i> |
| Male                              | 43%                                   |
| Female                            | 26%                                   |
| Unknown/Unreported                | 31%                                   |
| <b>Race/Ethnicity</b>             |                                       |
| <i>Client Race/Ethnicity</i>      | <i>Percent of Total Number Served</i> |
| African American                  | 33%                                   |
| Asian Pacific Islander            | 4%                                    |
| Caucasian                         | 33%                                   |
| Hispanic/Latino                   | 12%                                   |
| Bi-racial or Multi-racial         | 18%                                   |

### **Community Education & Supports**

The Community Education & Supports program implements culturally-responsive psycho-educational trauma support services for individuals (18 and above) in various cultural, ethnic and age specific populations that are unserved, underserved and inappropriately served in Berkeley and Albany including: African Americans; Asian Pacific Islanders; Latinos; LGBTQI; TAY; and Senior Citizens. All services are conducted through area community-based organizations. Descriptions for each project within this program are outlined below:

#### **Albany Trauma Project**

Implemented through Albany Unified School District this project provides trauma support services to Latinos, Asian Pacific Islanders and African American TAY, and Adults. Through various supports the project: provides helpful information and coping strategies around the effects of trauma; offers interventions to keep at-risk individuals and families from developing serious mental health symptoms and behaviors; provides a forum for clinicians to monitor trauma-exposed individuals and families who may need more intensive mental health services; and creates a venue to explore trauma and stress management through symbols of healing, artwork, and alternative coping strategies. Services include: Youth Support Groups and Adult Support Groups. Additional one time cultural activities to promote healing through reflection groups and art projects are also conducted throughout the year. This project annually serves approximately 30-40 youth and 45-55 adults. Descriptions of services provided and numbers served through this project in FY16 are outlined below:

**Youth Support Groups:** Weekly support groups were provided at Albany High School and MacGregor High School. Separate Support Groups were held for Asian Pacific Islander, Latino, and African American youth. Groups met for 1-2 hours a week throughout the school year and

were focused on helping participants process various traumatic events through the development of trust, close connections to each other, and creating a safe space for the expression and understanding of feelings. In FY16, a total of 26 students (13 male and 13 female) participated in the three Support Groups with a total of 488 group sessions. There were an additional 82 individual sessions among group participants. There was very little attrition in the groups during this reporting timeframe with only three individuals not attending for the entire school year. Pre and post-test results suggested that participants had an overwhelmingly positive experience in the groups. All students responded that they felt welcomed into and supported in the group, that they could express their feelings, and that they felt supported by other group members. A comparison of pre and post test results indicated a large drop in students perceived stress levels between the first and last group. All but one student answered “yes” or “maybe” to the question “In the future, I would seek therapy or group counseling if I needed help.” Group participant feedback indicated that group participation had a positive impact on whether students felt they had support in their lives. Data also suggested that students felt an increased closeness and connections to each other and developed stronger relationships with their peers both inside and outside of the group.

**Adult Support Groups:** Outreach and engagement activities and support groups were provided to Latino immigrant adults dealing with trauma issues, who live and work the backstretch of Golden Gate Field’s race track as groomers; exercise jockeys and caretakers of the horses. Groups met once a week from 1-2 hours each and utilized strength-based and indigenous activities focused on increasing positive communication and coping skills to support participants through issues of acculturation, immigration, and dislocation.

In FY16, approximately 240 adults participated in either individual or group counseling, case management services, or weekly workshop activities. All participants had a myriad of basic living and mental health needs and many were isolated and illiterate. In this reporting timeframe a special day group was formed for women and one of the women in the group was also a Peer Leader who helped with the planning and informing of women of the available services. In addition to the weekly support groups many participated in special holiday celebrations and activities (such as celebrations of Dia de los muertos and Virgin de Guadalupe) that were offered through this project to build community, and support issues of healing.

This project has continued to be a key source of reaching a community that otherwise would not have resources. It is structured to take into account the barriers those living and working on the backstretch experience in accessing services, including complicated work hours, difficulty getting transportation, as well as their levels of acculturation, language and experience. Self-report from multiple participants’ overtime, has indicated that having mental health resources come into the backstretch has been a strong support for them.

### **Living Well Project**

Implemented through Center for Independent Living, this project provides services for Senior Citizens (aged 50 and over) who are coping with trauma and/or mental health issues associated with acquired disabilities. Senior Citizens with acquired disabilities are one of the most difficult groups to reach with disability services. It is similarly difficult to intervene with this group’s developing mental health issues related to aging and the traumatic impact of acquiring one or

more disabilities (such as loss of mobility, vision, hearing, et al). The core of the project is a wellness workshop series entitled “Living Well with a Disability”. Through a combination of education, goal setting, group and peer counseling, the workshop series is designed to promote positive attitudinal shifts in a population who, despite the tremendous need for care, are often typically not responsive to mental health intervention. The workshop series includes a 10 week, one to two hour class conducted by Peer Facilitators, and an optional 30 minute counseling session. Counseling sessions are designed to monitor curriculum impact and continually assess individual goals and resource needs. This project serves up to 150 Older Adults a year.

In FY16, seven workshop cycles were conducted, four of the workshops were the “Living Well” series and three were “Continuing to Live Well” series, as it has been found that seniors with significant long-term goals want and need more than one workshop cycle to reach and maintain their goals. Each Living Well Workshop Series included the following sessions: Orientation; Goal Setting; Problem Solving; Healthy Reactions; Beating the Blues (Depression and Moods); Healthy Communication; Seeking Information; Physical Activity; Eating Well (Nutrition); Advocacy (Self and Systems Change); and Maintenance. Topics of Grief and Loss, Depression, Retirement, and Senior Invisibility were also incorporated into the program. By participant self-report, the Living Well Workshop Series was very helpful, with many reported that they wanted the workshops to be extended for a longer period of time. In all approximately 207 Senior Citizens participated in some aspect of this program with 48 participating in Living Well Workshops. Demographics for Living Well Workshop participants are outlined below:

| <b>CLIENT DEMOGRAPHICS N=48</b> |                                       |
|---------------------------------|---------------------------------------|
| <i>Client Gender</i>            | <i>Percent of Total Number Served</i> |
| Male                            | 12%                                   |
| Female                          | 88%                                   |
| <b>Race/Ethnicity</b>           |                                       |
| <i>Client Race/Ethnicity</i>    | <i>Percent of Total Number Served</i> |
| African American                | 56%                                   |
| Asian Pacific Islander          | 13%                                   |
| Caucasian                       | 25%                                   |
| Hispanic/Latino                 | 6%                                    |
| <b>Age Category</b>             |                                       |
| <i>Client Age in Years</i>      | <i>Percent of Total Number Served</i> |
| 55 or under                     | 23%                                   |
| 56-65                           | 27%                                   |
| 66-75                           | 27%                                   |
| 76-85                           | 21%                                   |
| 86 or over                      | 2%                                    |

During this reporting timeframe various referrals were made to BMH, Lifelong Medical Center, Berkeley Primary Care, and the Elder Protection Unit of the Alameda County District Attorney. Two participants were admitted to mental health facilities for 72-hour evaluations and another was committed twice for extended treatment.

### **Harnessing Hope Project**

Implemented through GOALS for Women this project provides community-based, culturally competent, outreach and support services for African Americans residing in the South and West

Berkeley neighborhoods who have experienced traumatic life events including racism and socioeconomic oppression and have unmet mental health support needs. The primary goals of the project are to normalize stress responses and empower families through psycho-education, consciousness raising, strength-based coping skills, and supportive services through the following: Outreach and engagement; screening and assessment; psycho-education; family education; support groups such as “Kitchen Table Talk groups (non-stigmatizing, culturally responsive, peer centered groups); workshops and classes; mental health referrals and community linkages; peer counseling and support. A key component of this project is to train and mentor community leaders to become Peer Facilitators of Kitchen Table Talk groups. This project serves approximately 50-130 individuals a year.

In FY16, the following activities were conducted through this project:

**Outreach and Engagement:** Outreach and engagement activities were conducted to approximately 107 women at various City locations, agencies and events to increase knowledge and the recognition of early signs of mental illness and to inform residents of project services.

**Peer Facilitator Training:** Peer Facilitator Trainings were held to increase knowledge and skills around how to facilitate peer support groups through an African American cultural lens. Five individuals participated in the Peer Facilitator Trainings. Some participants went on to facilitate Kitchen Table Talk Support Groups, and were supported through mentoring sessions that were held to provide facilitators with support and skills around how to handle difficult group topics and issues.

**Kitchen Table Talk Support Groups:** These support groups were designed to increase information and supports around current and historical trauma and to teach participants healthy coping skills. Approximately 27 African American women ranging in ages from 18-60, and youth ranging in ages from 12-16 participated in Kitchen Table Talk Support Groups, many of whom were also assessed and received individual and/or family psycho-educational support services, or were referred to additional community resources as needed. Group participants learned from each other and demonstrated their cultural strengths and resilience around effective ways to manage stress.

### **Trauma Support Project for LGBTQI Population**

Implemented through the Pacific Center for Human Growth, this project provides outreach, engagement and support group services for individuals (18 and above) in the LGBTQI community who are suffering from the impact of oppression, trauma and other life stressors. Particular emphasis is on outreaching and providing supportive services to identified underserved populations within the local LGBTQI community. Approximately 12-15 weekly or bi-weekly support groups are held throughout the year targeting various populations and needs within the LGBTQI community. Support groups are led by Peer Facilitator community volunteers who are trained in Group Facilitation/Conflict Resolution and who have opportunities to participate in additional Skill Building workshops in order to share methods used to address group challenges and to learn new facilitator techniques. This project serves approximately 68-70 individuals a year.

In FY16, outreach to over 418 community members was conducted at various locations

including Street Fairs, Community Agencies, and area events. Twenty-eight community volunteers completed the Peer Facilitator training. Skill Building workshops for Peer Facilitators were conducted on a monthly basis with a total of 41 (both newly trained and/or continuing Peer Facilitators) receiving monthly facilitator consultation which were conducted by the Director of Clinical Services and Programs. Seventeen ongoing peer support groups were held on a weekly or bi-weekly basis including the following: Queer Women; Butch-Stud; Female to Male; Women Coming Out; Middle-Aged Men; Married/Formerly Married Gay/Bisexual Men; Young Men; Queer Femmes; Transgender/Transsexual Support Group; Lesbians/Women of Color; Partners of Trans and Gender-Variant; Middle Eastern Women's Group; Senior Men; Bi-sexual Women; Aging Lesbians; Gender Variant Group; and QPAD – for Queer Men in their 20's and 30's. Participants were surveyed twice a year, throughout the months of April and October. The survey measured each participant's level of self-esteem and mental well-being through different questions, and also asked about the length of participant's time in group and frequency of attendance. The objectives of the surveys are to establish if there is a correlation between group participation and mental health and to improve services. Survey results indicated there is a correlation between the frequency of peer group attendance and participant resiliency. Participants also provided input on outreach activity ideas, new groups and suggested sources for the agency Resource Guide. A total of 307 individuals participated in support groups throughout the year. Demographic data on those served included the following:

| <b>PARTICIPANT DEMOGRAPHICS N=307</b> |                                       |
|---------------------------------------|---------------------------------------|
| <i>Participant Gender</i>             | <i>Percent of Total Number Served</i> |
| Male                                  | 20%                                   |
| Female                                | 34%                                   |
| Transgender - Male to Female          | 7%                                    |
| Transgender - Female to Male          | 8%                                    |
| Gender Non-Conforming*                | 19%                                   |
| Unknown/Not Reported                  | 12%                                   |
| <b>Race</b>                           |                                       |
| <i>Participant Race</i>               | <i>Percent of Total Number Served</i> |
| African American                      | 9%                                    |
| Asian Pacific Islander                | 14%                                   |
| Caucasian                             | 59%                                   |
| Native American                       | 3%                                    |
| Bi-racial/Multi-racial                | 4%                                    |
| Other                                 | 4%                                    |
| Unknown/Not Reported                  | 7%                                    |
| <b>Age Category</b>                   |                                       |
| <i>Participant Age in Years</i>       | <i>Percent of Total Number Served</i> |
| 18-24                                 | 23%                                   |
| 25-44                                 | 39%                                   |
| 45-54                                 | 11%                                   |
| 55-61                                 | 7%                                    |
| 62 & up                               | 6%                                    |
| Unknown/Not Reported                  | 14%                                   |

\* Individual identifies as neither male nor female, but as somewhere on the gender spectrum

## **TAY Trauma Support Project**

Implemented through YEAH! this project provides supportive services for TAY who are suffering from the impact of trauma and/or other life stressors and are homeless, marginally housed, or housed but in need of supports. The project serves a wide range of youth from various cultural and ethnic backgrounds who share the common goal of living lives less impacted by trauma and more impacted by wellness. The project consists of the following four components: One-on-one sessions that assess individuals needs around trauma supports and support group readiness; psycho-educational support groups; youth social outings that provide TAY with exposure to healthy settings designed to enhance life skills and choices; and youth celebratory events that are held monthly to convene youth around a positive occasion to acknowledge the various small and large accomplishments of TAY participants, and build trust and community. Approximately 30-35 TAY receive services through this project a year.

In FY16, 31 TAY participated in one-on-one sessions, case management, support groups, and/or group outings and celebrations. Demographics on youth served were as follows:

| <b>CLIENT DEMOGRAPHICS N=31</b> |                                       |
|---------------------------------|---------------------------------------|
| <i>Client Gender</i>            | <i>Percent of Total Number Served</i> |
| Male                            | 65%                                   |
| Female                          | 35%                                   |
| <b>Race/Ethnicity</b>           |                                       |
| <i>Client Race/Ethnicity</i>    | <i>Percent of Total Number Served</i> |
| African American                | 48%                                   |
| Asian Pacific Islander          | 6%                                    |
| Caucasian                       | 26%                                   |
| Latino                          | 10%                                   |
| Bi-racial/Multi-racial          | 10%                                   |

Of the 31 youth engaged in the program, two obtained housing, four obtained employment, one enrolled in school and four participated in Job Training.

## **Social Inclusion Program**

The Social Inclusion program was created to combat stigma, attitudes and discrimination around individuals with mental health issues. Through this program, a “Telling Your Story” group was formed that provides mental health consumers with opportunities to be trained, compensated and empowered to share their stories of healing in a supportive peer environment. When they feel ready, consumers can elect to be community presenters, sharing their inspirational stories at pre-arranged local public venues to dispel myths and educate others. This program serves approximately 5-10 individuals a year.

In FY16, the “Telling Your Story” group met 15 times with 23 unduplicated persons attending for a total of 130 visits. Groups averaged 8+ attendees. A panel presentation to the Berkeley Mental Health interns was well received.

## **High School Youth Prevention Program**

This program operates in conjunction with other health related services offered at Berkeley High School (BHS) and Berkeley Technology Academy (BTA) to provide young people with the information and individual support they need to make positive and healthy decisions in their

lives. The program includes: outreach activities designed to provide students with basic information around the risks of certain behaviors, and ways to protect themselves and make positive and safer decisions; classroom presentations to enable students to receive more in-depth information around a variety of health topics and available resources, and provide the opportunity for students to do a personal assessment of risk and current lifestyle choices; drop-in crisis and counseling services; individual appointments to identify young people who may need more intensive intervention; and short-term treatment. The individual appointments, held at the school-based health center, provide young people with the opportunity to hold very in-depth discussions around the choices they are making and the risks that are involved in their choices. They receive guidance about changes they can make to reduce or eliminate their risks, and are given the opportunity to identify barriers that might exist for them that prevent them from making healthier choices. In addition, they complete a 40 question, in-depth HEADSSS (Home, Education, Activities, Drugs/Alcohol, Sexuality, Safety, Suicidality) assessment. Based on the outcome of the individual appointment and/or assessment, a young person may be referred to either a medical or mental health professional for follow up care and intervention and/or treatment. Approximately 2600 Berkeley High School Students and 100 B-Tech students receive some level of services through this program each year.

This program was implemented in FY13 and has become a successful partnership between BUSD and the Public Health and Mental Health Divisions of Berkeley's HHCS Department. As the program has developed, the staffing structure for the program has increased and evolved to better meet the needs of the participants of both BHS and B-Tech. Additionally, BMH has been involved in implementing and assessing the Cognitive, Behavioral, Intervention for Trauma in Schools (CBITS) as a model of care at these locations. The need for additional supports and resources for this program will continue to be accessed and adjusted accordingly.

In FY16, approximately 1,321 students at BHS received services through this project, completing a total of 5,709 visits. Demographics on those served were as follows:

| <b>PARTICIPANT DEMOGRAPHICS N=1,321</b> |                                       |
|---|---------------------------------------|
| <i>Participant Gender</i>               | <i>Percent of Total Number Served</i> |
| Male                                    | 37%                                   |
| Female                                  | 63%                                   |
| <b>Race/Ethnicity</b>                   |                                       |
| <i>Participant Race/Ethnicity</i>       | <i>Percent of Total Number Served</i> |
| African American                        | 23%                                   |
| Asian Pacific Islander                  | 7%                                    |
| Caucasian                               | 32%                                   |
| Hispanic/Latino                         | 16%                                   |
| Bi/Multi-racial                         | 17%                                   |
| Other                                   | 3%                                    |
| Unknown                                 | 2%                                    |

At B-Tech approximately 56 students received services through this project in FY15, completing a total of 144 visits. Demographics on those served were as follows:

| <b>PARTICIPANT DEMOGRAPHICS N=56</b> |                                       |
|--------------------------------------|---------------------------------------|
| <i>Participant Gender</i>            | <i>Percent of Total Number Served</i> |
| Male                                 | 64%                                   |
| Female                               | 36%                                   |
| <b>Race/Ethnicity</b>                |                                       |
| <i>Participant Race/Ethnicity</i>    | <i>Percent of Total Number Served</i> |
| African American                     | 48%                                   |
| Hispanic/Latino                      | 14%                                   |
| Bi/Multi-racial                      | 21%                                   |
| Other                                | 11%                                   |
| Unknown                              | 6%                                    |

### **Community-Based Child & Youth Risk Prevention Program**

This program targets children and youth from un-served, underserved, and inappropriately served populations who are impacted by multiple risk factors including trauma, family or community violence, familial distress, and/or family substance abuse, (among other issues). The program is primarily community-based with some supports also provided in a few area schools. A range of psycho-educational activities provide information and supports for those in need. Services also include assessment, brief treatment, case management, and referrals to long term providers and other resources as needed. The main goals are to reduce risk factors or other stressors, and promote positive cognitive, social, and emotional well-being. This program serves approximately 50 Children & Youth a year. In FY16 a total of 30 youth received services through this program. Demographics on youth served were as follows:

| <b>CLIENT DEMOGRAPHICS N=30</b> |                                       |
|---------------------------------|---------------------------------------|
| <i>Client Gender</i>            | <i>Percent of Total Number Served</i> |
| Male                            | 50%                                   |
| Female                          | 43%                                   |
| Trans                           | 7%                                    |
| <b>Race/Ethnicity</b>           |                                       |
| <i>Client Race/Ethnicity</i>    | <i>Percent of Total Number Served</i> |
| African American                | 33%                                   |
| Caucasian                       | 20%                                   |
| Hispanic/Latino                 | 44%                                   |
| Other/Unknown                   | 3%                                    |

### **Homeless Outreach Program**

This program is implemented through Building Opportunities for Self-Sufficiency (BOSS), a local community-based organization. Those in need are outreached to and provided with supported referrals to area programs and resources. Program services include outreach, engagement, and linkage to mental health services and other resources. This program serves approximately 100 individuals in Berkeley and Albany.

This Homeless Outreach Program was implemented in Berkeley and Albany from FY14/15 through December 2016. Over the course of the program BOSS worked very closely with BMH to modify services in an effort to find the best ways to engage and provide linkages for individuals in need of mental health services. In FY16, a total of 515 unduplicated individuals

received outreach and/or other services through this program with approximately 36 receiving mental health services. Demographics included:

| <b>CLIENT DEMOGRAPHICS N=515</b> |                                       |
|----------------------------------|---------------------------------------|
| <i>Client Gender</i>             | <i>Percent of Total Number Served</i> |
| Male                             | 73%                                   |
| Female                           | 27%                                   |
| <b>Race/Ethnicity</b>            |                                       |
| <i>Client Race/Ethnicity</i>     | <i>Percent of Total Number Served</i> |
| African American                 | 22%                                   |
| Asian Pacific Islander           | 10%                                   |
| Caucasian                        | 57%                                   |
| Hispanic/Latino                  | 5%                                    |
| Mixed Race/Multi-Racial          | 3%                                    |
| Unknown                          | 3%                                    |
| <b>Age</b>                       |                                       |
| <i>Client Age</i>                | <i>Percent of Total Number Served</i> |
| 18-24                            | 24%                                   |
| 25-44                            | 65%                                   |
| 45-54                            | 5%                                    |
| 55 and over                      | 4%                                    |
| Unknown                          | 2%                                    |

### **INNOVATIONS (INN)**

The City of Berkeley's initial INN Plan was approved in February 2012. Subsequent updates to the initial plan were approved in May 2013, January 2014, June 2014 and January 2015. Per the initial INN Plan and/or through Plan Updates the following seven pilot projects were implemented from June 2012 – June 2015 through this funding component:

- A Community Empowerment project for African Americans;
- Services and supports for Ex-offenders re-entering the community, Veterans returning home from being deployed or at war, and their families;
- Cultural Wellness strategies for Asian Pacific Islanders;
- A Holistic Health care project for TAY;
- Technology Support Groups for senior citizens;
- Nutrition, Healthy Meal Preparation, and Exercise classes for Board and Care residents;
- Mental Health services and supports for LGBTQI located in community agencies.

In FY17, an evaluation was conducted by a local consultant, Applied Survey Research, on each of the previously funded MHSA INN projects. The findings were presented in community presentations and in a final Evaluation Report.

### **Trauma Informed Care Project**

In April 2016, following a three month community planning process the City of Berkeley received approval to allocate \$180,000 of MHSA INN Funds to implement a Trauma Informed Care (TIC) Training for educators project in three Berkeley Unified School District (BUSD) schools including Franklin Preschool, Berkeley Arts Magnet Elementary School and Willard Middle School.

This INN project seeks to learn whether modifying the mental health approach of TIC Training for educators will increase access to mental health services and supports for students in need, (particularly for underserved ethnic groups), and increase the quality of mental health services, including providing better outcomes. The project is being evaluated by Hatchuel Tabernik & Associates who have created and implemented a data collection and evaluation plan designed to answer the INN learning questions.

Thus far in FY17, “Train the Trainer” and school staff trainings have been conducted and Learning circles have been executed. Data collection on student attendance, disciplinary records, and pre-program surveys has begun and a focus group was conducted with Instructional Aides at Willard Middle School.

### **Next round of INN funded pilot projects**

In FY17, a local consultant, Applied Survey Research, conducted the Community Program Planning process to determine needs and potential strategies for the City of Berkeley’s third round of INN funded pilot projects. Development on strategies to potentially be funded though the next INN Plan will continue into FY18 through work that will be conducted by BMH MHSA Administrative staff.

## **WORKFORCE, EDUCATION & TRAINING (WET)**

The City of Berkeley WET Plan was approved in July 2010 by DMH for a total amount of \$656,900 to be utilized on local programs through FY18. A subsequent update was approved in May 2013. Specific programs in the approved WET Plan include:

- Peer Leadership Coordination;
- Staff Development and MHSA Training;
- High School Career Pathways Program;
- Graduate Level Training Stipend Program;
- Peer Leader Stipend Program.

Since the approval of the original WET Plan, BMH has undergone several re-organizations and has had many staff changes or vacancies within key positions, all of which have had a significant impact on the implementation of WET Programs. While various trainings have been conducted, most WET programs are still currently in the very early stages of implementation.

Descriptions for each WET funded program along with a report on program activities, is outlined below:

### **Peer Leadership Coordination**

The Peer Leadership program trains mental health consumers to be providers of mental health services, and to provide leadership within the mental health consumer community. Per the approved WET plan, a Peer Leader Coordinator will provide and coordinate training for consumers, and family members, including those from culturally and linguistically diverse communities to increase the necessary skills that will enable participants to secure consumer and family member positions in the mental health system as they open up; and participate on BMH committees and Boards. In this capacity, the Peer Leader Coordinator will: Develop peer and family training opportunities through the BMH WET Peer Leader Stipend program; provide oversight of these training opportunities and mentoring of the trainees; develop a system to distribute stipends for Peer Leaders; act as a liaison with local community based programs; work in collaboration with other BMH staff; assist in the development of learning collaborations with local community colleges, adult schools and peer agencies; and provide wellness and recovery-based organizing in diverse Berkeley and Albany communities. Additionally, the Peer Leader Coordinator will work on the development of workforce pipeline strategies for mental health consumers and family members

The Peer Leader Coordinator has been involved in helping to conceptualize this program including working with staff, BMH leadership and Human Resources around program planning and development. In the work with Human Resources around job classifications, the entry level classification of Community Health Worker was identified as a classification in which peer counselors could be hired. With experience, and no additional formal training, a consumer or family member in a Community Health Worker job classification could meet the qualifications for the Assistant Mental Health Clinician. An additional classification of Social Service Specialist was created at the top of the career ladder and with further experience, the Assistant Mental Health Clinician could qualify for the Social Service Specialist classification. As these are not peer identified positions, members of diverse and underserved communities could also be hired. The Peer Leadership Coordinator has described this career pathway and the civil services system to consumers and family members when the relevant job classifications have had openings and/or vacancies.

The Peer Leader Coordinator offered language to include in job classification descriptions to encourage applicants to disclose their lived experience as well as questions to ask during interviews. Also, in an attempt to secure consumer and family member positions in the mental health system and the mental health community, the Peer Leadership Coordinator sends announcements of peer-identified job openings to the Wellness Warriors email list which also promotes the Division's wellness activities. Additionally, the Peer Leader Coordinator was involved in building relationships in the community, participating in the Bay Area Peer Professional Network, hosted by the San Francisco Mental Health Association to develop peer jobs in the Bay Area and the East Bay Peer Professional Education and Experience Pathway formed by Berkeley City College.

The Peer Leader Coordinator also researched local organizations in the Bay Area that could offer training and stipends for the Peer Leadership program. As staff on all BMH treatment teams have identified the need for support groups for their clients, and group facilitation is an important Peer Specialist skill, a contract was developed with the Alameda County Network of Mental Health Clients to offer Facilitation Training in Berkeley during FY17 for up to 12 consumers. The training includes 12 weeks of classroom instruction in support group facilitation and a 5 month internship co-facilitating a support group. The second year of the two year contract will earmark six seats in the FY18 Best Now! Peer Specialist Training for participants in the Facilitation Training who want to continue their education and leadership experience, as well as to encourage Berkeley/Albany consumers to become Peer Specialists.

The Peer Leadership Coordinator will work with treatment teams to determine how the FY18 Best Now! Intern might best be utilized.

### **Staff Development and MHSA Training**

This WET component implements training for BMH staff and those from affiliated community agencies in an effort to transform the system of care. A BMH Staff Training Coordinator prepares, facilitates, presents, monitors, evaluates and documents training activities for BMH's system of care. The Training Coordinator also collaborates with staff from state, counties, local agencies and community groups in order to enhance staff development of employees in the cities of Berkeley and Albany and other areas in the region.

The Training Coordinator accomplishes these goals by:

- Providing staff training in the area of behavioral health to all stakeholders in the cities of Berkeley, Albany and other geographic locations in the region as a collaborative partner;
- Developing long and short term goals and objectives to promote staff development and competencies within our system of care;
- Developing an annual budget;
- Chairing the Division's Staff Training Committee;
- Attending continuous trainings in the areas of behavioral health services and other trainings as needed;
- Collaborating with State, Regional, County and local groups and organizations; and
- Developing a two-year staff training work plan

In FY16, the Training Coordinator implemented the following trainings through this component:

- Child Abuse and Mandated Reporter – September 18, 2015 – (20 individuals attended this training). Attendees included staff and service providers.
- Understanding and Addressing Bullying, City of Albany – October 24, 2015 – (An estimated 35 individuals attended this training). Attendees included staff and service providers.
- Compassion Fatigue Training – November 4, 2015 – (38 individuals attended this training). Attendees included staff and service providers.

- Loss and Grief, City of Albany – November 17, 2015 – (25 individuals attended this training). Attendees included staff, service providers and residents.
- Law and Ethics for Mental Health, Behavioral Health and Health Care Providers – March 2, 2016 – (18 individuals attended this training.) Attendees included staff and service providers.
- Mental Health in the 22nd Century Conference – May 13, 2016 – (Approximately 175 individuals attended this training.) Attendees included students, staff, consumers, family members, community partners and residents.

### **High School Career Pathways Program**

Through this program BUSD has implemented a curriculum and mentoring program for youth designed to provide opportunities that support student's interest in pursuing a career in the mental health field. This project was implemented in FY15. During this timeframe, BMH FYC, provided internships to two Berkeley High School students. In FY16 there was a vacancy in the school personnel of whom who had oversight of this program, therefore there were not any student internships in that reporting timeframe.

### **Graduate Level Training Stipend Program**

Per the original WET Plan, this program offers stipends to Psychologists, Social Workers, Marriage and Family Therapists and other counseling trainees and interns who have cultural and linguistic capabilities. Through this program guidelines were developed and a system was implemented to recruit and provide incentives to those meeting criteria, thereby allowing BMH to attract a more culturally and linguistically diverse pool of graduate level trainees and interns. In FY16, this program was implemented and currently offers stipends to all counseling trainees and interns at BMH.

### **Peer Leader Stipend Program**

Per the original WET Plan, this program, under the direction of the Peer Leader Coordinator, will provide opportunities for peer leaders to take active roles on Division committees, and/or serve in direct service positions in the clinics. As part of participating in various leadership or peer counselor positions, consumers and family members will be offered stipends. These opportunities will help prepare consumers and their family members for roles within the public mental health system. This program is being implemented in 2017 and it goes in tandem with the Peer Leadership Coordination program.

## **CAPITAL FACILITIES AND TECHNOLOGICAL NEEDS (CFTN)**

The original City of Berkeley CFTN Plan was approved by DMH in April 2011, with an update to the plan in May 2015. The City of Berkeley was previously allocated \$1,432,100 in MHSA Capital Facilities and Technological Needs (CFTN) funds. This funding component allows monies to be utilized on either renovations of City owned buildings where mental health services are provided, or technological upgrades to mental health data systems, or both. In 2011, the City of Berkeley CFTN Plan was developed and approved. This plan allocated \$816,050

towards renovating the Adult Mental Health Clinic to create a safe, welcoming environment that is consumer and family friendly. The Adult Clinic serves Berkeley's most at-risk and fragile population through crisis intervention, case management, individual/or group therapy, and psychiatric medication support. FSP/Intensive Case Management Teams, Clinical services, Mobile Crisis, and Homeless Outreach. In its current condition, use of the Adult Clinic space is inefficient and inadequately aligned with MHSAs goals, including that of creating welcoming spaces for client and family centered wellness and recovery programs and services. In addition to electrical, HVAC and other environmental upgrades, it was originally envisioned that CFTN funds would be used to re-configure shared work spaces to increase safety; improve clinical, wellness/recovery, support services, and administrative functions; and support the implementation of electronic health records and other emerging technologies.

Per the approved CFTN Plan, the remaining \$616,050 funds were approved to be used to locally achieve the goals of implementing a fully operable Electronic Health Records (EHR) system and to provide consumer access to personal health information. It was envisioned that the City of Berkeley would partner with Alameda County regarding the EHR system that would be implemented.

Between the approval of the original CFTN Plan and the development of the MHSAs FY14/15 - 16/17 Three Year Program and Expenditure Plan, BMH obtained architectural renderings and a more detailed assessment of the projected costs to fully renovate the Adult Clinic, finding that the amount that was originally allocated towards this project was not enough.

Per MHSAs statute, (Welfare and Institutions Code, Section 5892(b)): *"In any year after 2007–08, programs for services pursuant to Part 3 (commencing with Section 5800), and Part 4 (commencing with Section 5850) of this division may include funds for technological needs and capital facilities, human resource needs, and a prudent reserve to ensure services do not have to be significantly reduced in years in which revenues are below the average of previous years. The total allocation for purposes authorized by this subdivision shall not exceed 20 percent of the average amount of funds allocated to that county for the previous five years pursuant to this section."*

As a result of this MHSAs legislation, through previously approved MHSAs Plans and/or Annual Updates BMH has reallocated \$2,957,761 of unspent MHSAs CSS, and Technological Needs funds, towards the renovation of the Adult Mental Health Clinic, for a total budget of \$3,773,811 for this project.

Renovation on the Adult Clinic has thus far been in the design and pre-construction phase. It is envisioned that in FY18 construction will begin.

## FY15/16 AVERAGE COST PER CLIENT

| <b>COMMUNITY SERVICES &amp; SUPPORTS</b>  |                             |             |                                |
|---|-----------------------------|-------------|--------------------------------|
| <b>Program Name</b>   | <b>Approx. # of Clients</b> | <b>Cost</b> | <b>Average Cost Per Client</b> |
| Children's Intensive Support Services FSP   | 16                          | \$244,006   | \$15,250                       |
| TAY, Adult & Older Adult FSP  | 55                          | \$1,028,527 | \$18,700                       |
| TAY Support Services  | 36                          | \$101,768   | \$2,827                        |
| Wellness Recovery System Integration (includes: Wellness Recovery Services; Family Advocacy; Employment/Educational Services; Housing Services and Supports, Crisis Services) | 432                         | \$375,289   | \$869                          |
| Benefits Advocacy   | 15                          | \$20,000    | \$1,333                        |
| <b>PREVENTION &amp; EARLY INTERVENTION</b>  |                             |             |                                |
| BE A STAR   | 1,086                       | \$106,094   | \$98                           |
| Supportive Schools Program  | 326                         | \$55,000    | \$169                          |
| Albany Trauma Project   | 266                         | \$53,040    | \$199                          |
| Living Well Project   | 207                         | \$26,520    | \$128                          |
| Harnessing Hope Project   | 27                          | \$26,520    | \$982                          |
| LGBTQI Trauma Project   | 307                         | \$26,520    | \$86                           |
| TAY Trauma Project  | 31                          | \$26,520    | \$855                          |
| Community Child & Youth Risk Prevention Program   | 30                          | \$83,089    | \$2,770                        |
| High School Youth Prevention Program  | 1,377                       | \$310,989   | \$226                          |
| Homeless Outreach Services  | 515                         | \$100,000   | \$194                          |

# **PROGRAM BUDGETS**

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Funding Summary**

County: City of Berkeley

Date: 5/10/17

|  | MHSa Funding                    |                                   |            |                                  |  |                 |
|--|---------------------------------|-----------------------------------|------------|----------------------------------|--|-----------------|
|  | A                               | B                                 | C          | D                                | E  | F               |
|  | Community Services and Supports | Prevention and Early Intervention | Innovation | Workforce Education and Training | Capital Facilities and Technological Needs | Prudent Reserve |
| <b>A. Estimated FY 2017/18 Funding</b>             |                                 |                                   |            |                                  |  |                 |
| 1. Estimated Unspent Funds from Prior Fiscal Years | 5,345,530                       | 1,498,611                         | 724,025    | 136,965                          | 3,228,601                                  | 1,615,892       |
| 2. Estimated New FY2017/18 Funding                 | 4,061,469                       | 1,015,367                         | 267,202    |                                  |  |                 |
| 3. Transfer in FY2017/18 <sup>a/</sup>             |                                 |                                   |            |                                  |  |                 |
| 4. Access Local Prudent Reserve in FY2017/18       |                                 |                                   |            |                                  |  |                 |
| 5. Estimated Available Funding for FY2017/18       | 9,406,999                       | 2,513,978                         | 991,227    | 136,965                          | 3,228,601                                  | 1,615,892       |
| <b>B. Estimated FY2017/18 MHSa Expenditures</b>    | 5,405,772                       | 1,431,454                         | 422,405    | 136,965                          | 2,408,988                                  |                 |
| <b>C. Estimated FY2018/19 Funding</b>              |                                 |                                   |            |                                  |  |                 |
| 1. Estimated Unspent Funds from Prior Fiscal Years | 4,001,227                       | 1,082,524                         | 568,822    | 0                                | 819,613                                    | 1,615,892       |
| 2. Estimated New FY2018/19 Funding                 | 4,061,469                       | 1,015,367                         | 267,202    |                                  |  |                 |
| 3. Transfer in FY2018/19 <sup>a/</sup>             |                                 |                                   |            |                                  |  |                 |
| 4. Access Local Prudent Reserve in FY2018/19       |                                 |                                   |            |                                  |  | 0               |
| 5. Estimated Available Funding for FY2018/19       | 8,062,696                       | 2,097,891                         | 836,024    | 0                                | 819,613                                    | 1,615,892       |
| <b>D. Estimated FY2018/19 Expenditures</b>         | 5,405,772                       | 1,422,304                         | 422,405    |                                  | 819,613                                    |                 |
| <b>E. Estimated FY2019/20 Funding</b>              |                                 |                                   |            |                                  |  |                 |
| 1. Estimated Unspent Funds from Prior Fiscal Years | 2,656,924                       | 675,587                           | 413,619    | 0                                | 0  | 1,615,892       |
| 2. Estimated New FY2019/20 Funding                 | 4,061,469                       | 1,015,367                         | 267,202    |                                  |  |                 |
| 3. Transfer in FY2019/20 <sup>a/</sup>             | 0                               |                                   |            |                                  |  |                 |
| 4. Access Local Prudent Reserve in FY2019/20       |                                 |                                   |            |                                  |  | 0               |
| 5. Estimated Available Funding for FY2019/20       | 6,718,393                       | 1,690,954                         | 680,821    | 0                                | 0  | 1,615,892       |
| <b>F. Estimated FY2019/20 Expenditures</b>         | 5,405,772                       | 1,422,304                         | 422,405    |                                  | 0  |                 |
| <b>G. Estimated FY2019/20 Unspent Fund Balance</b> | 1,312,621                       | 268,650                           | 258,416    | 0                                | 0  | 1,615,892       |

| <b>H. Estimated Local Prudent Reserve Balance</b>             |           |
|---|-----------|
| 1. Estimated Local Prudent Reserve Balance on June 30, 2017   | 1,615,892 |
| 2. Contributions to the Local Prudent Reserve in FY 2017/18   | 0         |
| 3. Distributions from the Local Prudent Reserve in FY 2017/18 | 0         |
| 4. Estimated Local Prudent Reserve Balance on June 30, 2018   | 1,615,892 |
| 5. Contributions to the Local Prudent Reserve in FY 2018/19   | 0         |
| 6. Distributions from the Local Prudent Reserve in FY 2018/19 | 0         |
| 7. Estimated Local Prudent Reserve Balance on June 30, 2019   | 1,615,892 |
| 8. Contributions to the Local Prudent Reserve in FY 2019/20   | 0         |
| 9. Distributions from the Local Prudent Reserve in FY 2019/20 | 0         |
| 10. Estimated Local Prudent Reserve Balance on June 30, 2020  | 1,615,892 |

a/ Pursuant to Welfare and Institutions Code Section 5892(b), Counties may use a portion of their CSS funds for WET, CFTN, and the Local Prudent Reserve. The total amount of CSS funding used for this purpose shall not exceed 20% of the total average amount of funds allocated to that County for the previous five years.

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Community Services and Supports (CSS) Component Worksheet**

County: City of Berkeley

Date: 5/10/17

|   | Fiscal Year 2017/18                              |                          |                            |                               |   |                            |
|---|--|--------------------------|----------------------------|-------------------------------|---|----------------------------|
|   | A  | B                        | C                          | D                             | E   | F                          |
|   | Estimated Total<br>Mental Health<br>Expenditures | Estimated CSS<br>Funding | Estimated Medi-<br>Cal FFP | Estimated 1991<br>Realignment | Estimated<br>Behavioral<br>Health<br>Subaccount | Estimated<br>Other Funding |
| <b>FSP Programs</b>                             |  |                          |                            |                               |   |                            |
| 1. TAY, Adult & Older Adult FSP                 | 2,152,102  | 2,152,102                |                            |                               |   |                            |
| 2. Children's FSP                               | 561,144  | 561,144                  |                            |                               |   |                            |
| 3.  | 0  |                          |                            |                               |   |                            |
| 4.  | 0  |                          |                            |                               |   |                            |
| 5.  | 0  |                          |                            |                               |   |                            |
| 6.  | 0  |                          |                            |                               |   |                            |
| 7.  | 0  |                          |                            |                               |   |                            |
| 8.  | 0  |                          |                            |                               |   |                            |
| 9.  | 0  |                          |                            |                               |   |                            |
| 10.   | 0  |                          |                            |                               |   |                            |
| 11.   | 0  |                          |                            |                               |   |                            |
| 12.   | 0  |                          |                            |                               |   |                            |
| 13.   | 0  |                          |                            |                               |   |                            |
| 14.   | 0  |                          |                            |                               |   |                            |
| 15.   | 0  |                          |                            |                               |   |                            |
| 16.   | 0  |                          |                            |                               |   |                            |
| 17.   | 0  |                          |                            |                               |   |                            |
| 18.   | 0  |                          |                            |                               |   |                            |
| 19.   | 0  |                          |                            |                               |   |                            |
| <b>Non-FSP Programs</b>                         |  |                          |                            |                               |   |                            |
| 1. Multicultural Outreach & Engagement          | 222,443  | 222,443                  |                            |                               |   |                            |
| 2. System Development, Wellness & Recovery      | 1,468,282  | 1,468,282                |                            |                               |   |                            |
| 3. Crisis Services                              | 170,876  | 170,876                  |                            |                               |   |                            |
| 4. Homeless Outreach & Treatment Team (HOTT)    | 361,538  | 361,538                  |                            |                               |   |                            |
| 5. Albany Resource Center                       | 32,000   | 32,000                   |                            |                               |   |                            |
| 6.  | 0  |                          |                            |                               |   |                            |
| 7.  | 0  |                          |                            |                               |   |                            |
| 8.  | 0  |                          |                            |                               |   |                            |
| 9.  | 0  |                          |                            |                               |   |                            |
| 10.   | 0  |                          |                            |                               |   |                            |
| 11.   | 0  |                          |                            |                               |   |                            |
| 12.   | 0  |                          |                            |                               |   |                            |
| 13.   | 0  |                          |                            |                               |   |                            |
| 14.   | 0  |                          |                            |                               |   |                            |
| 15.   | 0  |                          |                            |                               |   |                            |
| 16.   | 0  |                          |                            |                               |   |                            |
| 17.   | 0  |                          |                            |                               |   |                            |
| 18.   | 0  |                          |                            |                               |   |                            |
| 19.   | 0  |                          |                            |                               |   |                            |
| <b>CSS Administration</b>                       | 437,387  | 437,387                  |                            |                               |   |                            |
| <b>CSS MHSA Housing Program Assigned Funds</b>  | 0  |                          |                            |                               |   |                            |
| <b>Total CSS Program Estimated Expenditures</b> | 5,405,772  | 5,405,772                | 0                          | 0                             | 0   | 0                          |
| <b>FSP Programs as Percent of Total</b>         | 50.2%  |                          |                            |                               |   |                            |

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Community Services and Supports (CSS) Component Worksheet**

County: City of Berkeley

Date: 5/10/17

|   | Fiscal Year 2018/19                              |                          |                            |                               |   |                            |
|---|--|--------------------------|----------------------------|-------------------------------|---|----------------------------|
|   | A  | B                        | C                          | D                             | E   | F                          |
|   | Estimated Total<br>Mental Health<br>Expenditures | Estimated CSS<br>Funding | Estimated Medi-<br>Cal FFP | Estimated 1991<br>Realignment | Estimated<br>Behavioral<br>Health<br>Subaccount | Estimated<br>Other Funding |
| <b>FSP Programs</b>                             |  |                          |                            |                               |   |                            |
| 1. TAY, Adult & Older Adult FSP                 | 2,152,102  | 2,152,102                |                            |                               |   |                            |
| 2. Children's FSP                               | 561,144  | 561,144                  |                            |                               |   |                            |
| 3.  | 0  |                          |                            |                               |   |                            |
| 4.  | 0  |                          |                            |                               |   |                            |
| 5.  | 0  |                          |                            |                               |   |                            |
| 6.  | 0  |                          |                            |                               |   |                            |
| 7.  | 0  |                          |                            |                               |   |                            |
| 8.  | 0  |                          |                            |                               |   |                            |
| 9.  | 0  |                          |                            |                               |   |                            |
| 10.   | 0  |                          |                            |                               |   |                            |
| 11.   | 0  |                          |                            |                               |   |                            |
| 12.   | 0  |                          |                            |                               |   |                            |
| 13.   | 0  |                          |                            |                               |   |                            |
| 14.   | 0  |                          |                            |                               |   |                            |
| 15.   | 0  |                          |                            |                               |   |                            |
| 16.   | 0  |                          |                            |                               |   |                            |
| 17.   | 0  |                          |                            |                               |   |                            |
| 18.   | 0  |                          |                            |                               |   |                            |
| 19.   | 0  |                          |                            |                               |   |                            |
| <b>Non-FSP Programs</b>                         |  |                          |                            |                               |   |                            |
| 1. Multicultural Outreach & Engagement          | 222,443  | 222,443                  |                            |                               |   |                            |
| 2. System Development, Wellness & Recovery      | 1,468,282  | 1,468,282                |                            |                               |   |                            |
| 3. Crisis Services                              | 170,876  | 170,876                  |                            |                               |   |                            |
| 4. Homeless Outreach & Treatment Team (HOTT)    | 361,538  | 361,538                  |                            |                               |   |                            |
| 5. Albany Resource Center                       | 32,000   | 32,000                   |                            |                               |   |                            |
| 6.  | 0  |                          |                            |                               |   |                            |
| 7.  | 0  |                          |                            |                               |   |                            |
| 8.  | 0  |                          |                            |                               |   |                            |
| 9.  | 0  |                          |                            |                               |   |                            |
| 10.   | 0  |                          |                            |                               |   |                            |
| 11.   | 0  |                          |                            |                               |   |                            |
| 12.   | 0  |                          |                            |                               |   |                            |
| 13.   | 0  |                          |                            |                               |   |                            |
| 14.   | 0  |                          |                            |                               |   |                            |
| 15.   | 0  |                          |                            |                               |   |                            |
| 16.   | 0  |                          |                            |                               |   |                            |
| 17.   | 0  |                          |                            |                               |   |                            |
| 18.   | 0  |                          |                            |                               |   |                            |
| 19.   | 0  |                          |                            |                               |   |                            |
| <b>CSS Administration</b>                       | 437,387  | 437,387                  |                            |                               |   |                            |
| <b>CSS MHSA Housing Program Assigned Funds</b>  | 0  |                          |                            |                               |   |                            |
| <b>Total CSS Program Estimated Expenditures</b> | 5,405,772  | 5,405,772                | 0                          | 0                             | 0   | 0                          |
| <b>FSP Programs as Percent of Total</b>         | 50.2%  |                          |                            |                               |   |                            |

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Community Services and Supports (CSS) Component Worksheet**

County: City of Berkeley

Date: 5/10/17

|   | Fiscal Year 2019/20                              |                          |                            |                               |   |                            |
|---|--|--------------------------|----------------------------|-------------------------------|---|----------------------------|
|   | A  | B                        | C                          | D                             | E   | F                          |
|   | Estimated Total<br>Mental Health<br>Expenditures | Estimated CSS<br>Funding | Estimated Medi-<br>Cal FFP | Estimated 1991<br>Realignment | Estimated<br>Behavioral<br>Health<br>Subaccount | Estimated<br>Other Funding |
| <b>FSP Programs</b>                             |  |                          |                            |                               |   |                            |
| 1. TAY, Adult & Older Adult FSP                 | 2,152,102  | 2,152,102                |                            |                               |   |                            |
| 2. Children's FSP                               | 561,144  | 561,144                  |                            |                               |   |                            |
| 3.  | 0  |                          |                            |                               |   |                            |
| 4.  | 0  |                          |                            |                               |   |                            |
| 5.  | 0  |                          |                            |                               |   |                            |
| 6.  | 0  |                          |                            |                               |   |                            |
| 7.  | 0  |                          |                            |                               |   |                            |
| 8.  | 0  |                          |                            |                               |   |                            |
| 9.  | 0  |                          |                            |                               |   |                            |
| 10.   | 0  |                          |                            |                               |   |                            |
| 11.   | 0  |                          |                            |                               |   |                            |
| 12.   | 0  |                          |                            |                               |   |                            |
| 13.   | 0  |                          |                            |                               |   |                            |
| 14.   | 0  |                          |                            |                               |   |                            |
| 15.   | 0  |                          |                            |                               |   |                            |
| 16.   | 0  |                          |                            |                               |   |                            |
| 17.   | 0  |                          |                            |                               |   |                            |
| 18.   | 0  |                          |                            |                               |   |                            |
| 19.   | 0  |                          |                            |                               |   |                            |
| <b>Non-FSP Programs</b>                         |  |                          |                            |                               |   |                            |
| 1. Multicultural Outreach & Engagement          | 222,443  | 222,443                  |                            |                               |   |                            |
| 2. System Development, Wellness & Recovery      | 1,468,282  | 1,468,282                |                            |                               |   |                            |
| 3. Crisis Services                              | 170,876  | 170,876                  |                            |                               |   |                            |
| 4. Homeless Outreach & Treatment Team (HOTT)    | 361,538  | 361,538                  |                            |                               |   |                            |
| 5. Albany Resource Center                       | 32,000   | 32,000                   |                            |                               |   |                            |
| 6.  | 0  |                          |                            |                               |   |                            |
| 7.  | 0  |                          |                            |                               |   |                            |
| 8.  | 0  |                          |                            |                               |   |                            |
| 9.  | 0  |                          |                            |                               |   |                            |
| 10.   | 0  |                          |                            |                               |   |                            |
| 11.   | 0  |                          |                            |                               |   |                            |
| 12.   | 0  |                          |                            |                               |   |                            |
| 13.   | 0  |                          |                            |                               |   |                            |
| 14.   | 0  |                          |                            |                               |   |                            |
| 15.   | 0  |                          |                            |                               |   |                            |
| 16.   | 0  |                          |                            |                               |   |                            |
| 17.   | 0  |                          |                            |                               |   |                            |
| 18.   | 0  |                          |                            |                               |   |                            |
| 19.   | 0  |                          |                            |                               |   |                            |
| <b>CSS Administration</b>                       | 437,387  | 437,387                  |                            |                               |   |                            |
| <b>CSS MHSA Housing Program Assigned Funds</b>  | 0  |                          |                            |                               |   |                            |
| <b>Total CSS Program Estimated Expenditures</b> | 5,405,772  | 5,405,772                | 0                          | 0                             | 0   | 0                          |
| <b>FSP Programs as Percent of Total</b>         | 50.2%  |                          |                            |                               |   |                            |

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Prevention and Early Intervention (PEI) Component Worksheet**

County: City of Berkeley

Date: 5/10/17

|   | Fiscal Year 2017/18                              |                          |                            |                               |   |                            |
|---|--|--------------------------|----------------------------|-------------------------------|---|----------------------------|
|   | A  | B                        | C                          | D                             | E   | F                          |
|   | Estimated Total<br>Mental Health<br>Expenditures | Estimated PEI<br>Funding | Estimated Medi-<br>Cal FFP | Estimated 1991<br>Realignment | Estimated<br>Behavioral<br>Health<br>Subaccount | Estimated<br>Other Funding |
| <b>PEI Programs - Prevention</b>                |  |                          |                            |                               |   |                            |
| 1. Homeless Outreach and Treatment Team         | 54,875   | 54,875                   |                            |                               |   |                            |
| 2. Community Based Children & Youth Risk        | 1,779  | 1,779                    |                            |                               |   |                            |
| 3. High School Prevention Program               | 114,093  | 114,093                  |                            |                               |   |                            |
| 4. Social Inclusion                             | 10,000   | 10,000                   |                            |                               |   |                            |
| 5.  | 0  |                          |                            |                               |   |                            |
| 6.  | 0  |                          |                            |                               |   |                            |
| 7.  | 0  |                          |                            |                               |   |                            |
| 8.  | 0  |                          |                            |                               |   |                            |
| 9.  | 0  |                          |                            |                               |   |                            |
| 10.   | 0  |                          |                            |                               |   |                            |
| <b>PEI Programs - Early Intervention</b>        |  |                          |                            |                               |   |                            |
| 11. BE A STAR                                   | 120,393  | 120,393                  |                            |                               |   |                            |
| 12. Supportive School Program                   | 55,000   | 55,000                   |                            |                               |   |                            |
| 13. Community Education & Supports              | 192,376  | 192,376                  |                            |                               |   |                            |
| 14. High School Prevention Program              | 342,278  | 342,278                  |                            |                               |   |                            |
| 15. Homeless Outreach & Treatment Team          | 164,626  | 164,626                  |                            |                               |   |                            |
| 16. Community Based Children & Youth Risk       | 5,338  | 5,338                    |                            |                               |   |                            |
| 17. CalMHSA Program Contribution                | 44,262   | 44,262                   |                            |                               |   |                            |
| 18.   | 0  |                          |                            |                               |   |                            |
| 19.   | 0  |                          |                            |                               |   |                            |
| <b>PEI Administration</b>                       | 326,434  | 326,434                  |                            |                               |   |                            |
| <b>PEI Assigned Funds</b>                       | 0  |                          |                            |                               |   |                            |
| <b>Total PEI Program Estimated Expenditures</b> | 1,431,454  | 1,431,454                | 0                          | 0                             | 0   | 0                          |

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Prevention and Early Intervention (PEI) Component Worksheet**

County: City of Berkeley

Date: 5/10/17

|   | Fiscal Year 2018/19                              |                          |                            |                               |   |                            |
|---|--|--------------------------|----------------------------|-------------------------------|---|----------------------------|
|   | A  | B                        | C                          | D                             | E   | F                          |
|   | Estimated Total<br>Mental Health<br>Expenditures | Estimated PEI<br>Funding | Estimated Medi-<br>Cal FFP | Estimated 1991<br>Realignment | Estimated<br>Behavioral<br>Health<br>Subaccount | Estimated<br>Other Funding |
| <b>PEI Programs - Prevention</b>                |  |                          |                            |                               |   |                            |
| 1. Homeless Outreach & Treatment Team           | 52,588   | 52,588                   |                            |                               |   |                            |
| 2. Community Based Children & Youth Risk        | 1,779  | 1,779                    |                            |                               |   |                            |
| 3. High School Prevention Program               | 114,093  | 114,093                  |                            |                               |   |                            |
| 4. Social Inclusion                             | 10,000   | 10,000                   |                            |                               |   |                            |
| 5.  | 0  |                          |                            |                               |   |                            |
| 6.  | 0  |                          |                            |                               |   |                            |
| 7.  | 0  |                          |                            |                               |   |                            |
| 8.  | 0  |                          |                            |                               |   |                            |
| 9.  | 0  |                          |                            |                               |   |                            |
| 10.   | 0  |                          |                            |                               |   |                            |
| <b>PEI Programs - Early Intervention</b>        |  |                          |                            |                               |   |                            |
| 11. BE A STAR                                   | 120,393  | 120,393                  |                            |                               |   |                            |
| 12. Supportive School Program                   | 55,000   | 55,000                   |                            |                               |   |                            |
| 13. Community Education & Supports              | 192,376  | 192,376                  |                            |                               |   |                            |
| 14. High School Prevention Program              | 342,278  | 342,278                  |                            |                               |   |                            |
| 15. Homeless Outreach & Treatment Team          | 157,764  | 157,764                  |                            |                               |   |                            |
| 16. Community Based Children & Youth Risk       | 5,338  | 5,338                    |                            |                               |   |                            |
| 17. CalMHSA Program Contribution                | 44,262   | 44,262                   |                            |                               |   |                            |
| 18.   | 0  |                          |                            |                               |   |                            |
| 19.   | 0  |                          |                            |                               |   |                            |
| <b>PEI Administration</b>                       | 326,434  | 326,434                  |                            |                               |   |                            |
| <b>PEI Assigned Funds</b>                       | 0  |                          |                            |                               |   |                            |
| <b>Total PEI Program Estimated Expenditures</b> | 1,422,304  | 1,422,304                | 0                          | 0                             | 0   | 0                          |

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Prevention and Early Intervention (PEI) Component Worksheet**

County: City of Berkeley

Date: 5/10/17

|   | Fiscal Year 2019/20                              |                          |                            |                               |   |                            |
|---|--|--------------------------|----------------------------|-------------------------------|---|----------------------------|
|   | A  | B                        | C                          | D                             | E   | F                          |
|   | Estimated Total<br>Mental Health<br>Expenditures | Estimated PEI<br>Funding | Estimated Medi-<br>Cal FFP | Estimated 1991<br>Realignment | Estimated<br>Behavioral<br>Health<br>Subaccount | Estimated<br>Other Funding |
| <b>PEI Programs - Prevention</b>                |  |                          |                            |                               |   |                            |
| 1. Homeless Outreach & Treatment Team           | 52,588   | 52,588                   |                            |                               |   |                            |
| 2. Community Based Children & Youth Risk        | 1,779  | 1,779                    |                            |                               |   |                            |
| 3. High School Prevention Program               | 114,093  | 114,093                  |                            |                               |   |                            |
| 4. Social Inclusion                             | 10,000   | 10,000                   |                            |                               |   |                            |
| 5.  | 0  |                          |                            |                               |   |                            |
| 6.  | 0  |                          |                            |                               |   |                            |
| 7.  | 0  |                          |                            |                               |   |                            |
| 8.  | 0  |                          |                            |                               |   |                            |
| 9.  | 0  |                          |                            |                               |   |                            |
| 10.   | 0  |                          |                            |                               |   |                            |
| <b>PEI Programs - Early Intervention</b>        |  |                          |                            |                               |   |                            |
| 11. BE A STAR                                   | 120,393  | 120,393                  |                            |                               |   |                            |
| 12. Supportive School Program                   | 55,000   | 55,000                   |                            |                               |   |                            |
| 13. Community Education & Supports              | 192,376  | 192,376                  |                            |                               |   |                            |
| 14. High School Prevention Program              | 342,278  | 342,278                  |                            |                               |   |                            |
| 15. Homeless Outreach & Treatment Team          | 157,764  | 157,764                  |                            |                               |   |                            |
| 16. Community Based Children & Youth Risk       | 5,338  | 5,338                    |                            |                               |   |                            |
| 17. CalMHSA Program Contribution                | 44,262   | 44,262                   |                            |                               |   |                            |
| 18.   | 0  |                          |                            |                               |   |                            |
| 19.   | 0  |                          |                            |                               |   |                            |
| 20.   | 0  |                          |                            |                               |   |                            |
| <b>PEI Administration</b>                       | 326,434  | 326,434                  |                            |                               |   |                            |
| <b>PEI Assigned Funds</b>                       | 0  |                          |                            |                               |   |                            |
| <b>Total PEI Program Estimated Expenditures</b> | 1,422,304  | 1,422,304                | 0                          | 0                             | 0   | 0                          |

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Innovations (INN) Component Worksheet**

County: City of Berkeley

Date: 5/10/17

|   | <b>Fiscal Year 2017/18</b>                                |                                  |                                    |                                       |   |                                    |
|---|---|----------------------------------|------------------------------------|---------------------------------------|---|------------------------------------|
|   | <b>A</b>  | <b>B</b>                         | <b>C</b>                           | <b>D</b>                              | <b>E</b>  | <b>F</b>                           |
|   | <b>Estimated Total<br/>Mental Health<br/>Expenditures</b> | <b>Estimated INN<br/>Funding</b> | <b>Estimated Medi-<br/>Cal FFP</b> | <b>Estimated 1991<br/>Realignment</b> | <b>Estimated<br/>Behavioral<br/>Health<br/>Subaccount</b> | <b>Estimated<br/>Other Funding</b> |
| <b>INN Programs</b>                             |   |                                  |                                    |                                       |   |                                    |
| 1. Trauma Informed Care                         | 22,405  | 22,405                           |                                    |                                       |   |                                    |
| 2. New Innovation Projects TBD                  | 400,000   | 400,000                          |                                    |                                       |   |                                    |
| 3.  | 0   |                                  |                                    |                                       |   |                                    |
| 4.  | 0   |                                  |                                    |                                       |   |                                    |
| 5.  | 0   |                                  |                                    |                                       |   |                                    |
| 6.  | 0   |                                  |                                    |                                       |   |                                    |
| 7.  | 0   |                                  |                                    |                                       |   |                                    |
| 8.  | 0   |                                  |                                    |                                       |   |                                    |
| 9.  | 0   |                                  |                                    |                                       |   |                                    |
| 10.   | 0   |                                  |                                    |                                       |   |                                    |
| 11.   | 0   |                                  |                                    |                                       |   |                                    |
| 12.   | 0   |                                  |                                    |                                       |   |                                    |
| 13.   | 0   |                                  |                                    |                                       |   |                                    |
| 14.   | 0   |                                  |                                    |                                       |   |                                    |
| 15.   | 0   |                                  |                                    |                                       |   |                                    |
| 16.   | 0   |                                  |                                    |                                       |   |                                    |
| 17.   | 0   |                                  |                                    |                                       |   |                                    |
| 18.   | 0   |                                  |                                    |                                       |   |                                    |
| 19.   | 0   |                                  |                                    |                                       |   |                                    |
| 20.   | 0   |                                  |                                    |                                       |   |                                    |
| <b>INN Administration</b>                       | 0   |                                  |                                    |                                       |   |                                    |
| <b>Total INN Program Estimated Expenditures</b> | 422,405   | 422,405                          | 0                                  | 0                                     | 0   | 0                                  |

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Innovations (INN) Component Worksheet**

County: City of Berkeley

Date: 5/10/17

|   | <b>Fiscal Year 2018/19</b>                                |                                  |                                    |                                       |   |                                    |
|---|---|----------------------------------|------------------------------------|---------------------------------------|---|------------------------------------|
|   | <b>A</b>  | <b>B</b>                         | <b>C</b>                           | <b>D</b>                              | <b>E</b>  | <b>F</b>                           |
|   | <b>Estimated Total<br/>Mental Health<br/>Expenditures</b> | <b>Estimated INN<br/>Funding</b> | <b>Estimated Medi-<br/>Cal FFP</b> | <b>Estimated 1991<br/>Realignment</b> | <b>Estimated<br/>Behavioral<br/>Health<br/>Subaccount</b> | <b>Estimated<br/>Other Funding</b> |
| <b>INN Programs</b>                             |   |                                  |                                    |                                       |   |                                    |
| 1. Trauma Informed Care                         | 22,405  | 22,405                           |                                    |                                       |   |                                    |
| 2. New Innovation Projects TBD                  | 400,000   | 400,000                          |                                    |                                       |   |                                    |
| 3.  | 0   |                                  |                                    |                                       |   |                                    |
| 4.  | 0   |                                  |                                    |                                       |   |                                    |
| 5.  | 0   |                                  |                                    |                                       |   |                                    |
| 6.  | 0   |                                  |                                    |                                       |   |                                    |
| 7.  | 0   |                                  |                                    |                                       |   |                                    |
| 8.  | 0   |                                  |                                    |                                       |   |                                    |
| 9.  | 0   |                                  |                                    |                                       |   |                                    |
| 10.   | 0   |                                  |                                    |                                       |   |                                    |
| 11.   | 0   |                                  |                                    |                                       |   |                                    |
| 12.   | 0   |                                  |                                    |                                       |   |                                    |
| 13.   | 0   |                                  |                                    |                                       |   |                                    |
| 14.   | 0   |                                  |                                    |                                       |   |                                    |
| 15.   | 0   |                                  |                                    |                                       |   |                                    |
| 16.   | 0   |                                  |                                    |                                       |   |                                    |
| 17.   | 0   |                                  |                                    |                                       |   |                                    |
| 18.   | 0   |                                  |                                    |                                       |   |                                    |
| 19.   | 0   |                                  |                                    |                                       |   |                                    |
| 20.   | 0   |                                  |                                    |                                       |   |                                    |
| <b>INN Administration</b>                       | 0   |                                  |                                    |                                       |   |                                    |
| <b>Total INN Program Estimated Expenditures</b> | 422,405   | 422,405                          | 0                                  | 0                                     | 0   | 0                                  |

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Innovations (INN) Component Worksheet**

County: City of Berkeley

Date: 5/10/17

|   | <b>Fiscal Year 2019/20</b>                                |                                  |                                    |                                       |   |                                    |
|---|---|----------------------------------|------------------------------------|---------------------------------------|---|------------------------------------|
|   | <b>A</b>  | <b>B</b>                         | <b>C</b>                           | <b>D</b>                              | <b>E</b>  | <b>F</b>                           |
|   | <b>Estimated Total<br/>Mental Health<br/>Expenditures</b> | <b>Estimated INN<br/>Funding</b> | <b>Estimated Medi-<br/>Cal FFP</b> | <b>Estimated 1991<br/>Realignment</b> | <b>Estimated<br/>Behavioral<br/>Health<br/>Subaccount</b> | <b>Estimated<br/>Other Funding</b> |
| <b>INN Programs</b>                             |   |                                  |                                    |                                       |   |                                    |
| 1. Trauma Informed Care                         | 22,405  | 22,405                           |                                    |                                       |   |                                    |
| 2. New Innovation Projects TBD                  | 400,000   | 400,000                          |                                    |                                       |   |                                    |
| 3.  | 0   |                                  |                                    |                                       |   |                                    |
| 4.  | 0   |                                  |                                    |                                       |   |                                    |
| 5.  | 0   |                                  |                                    |                                       |   |                                    |
| 6.  | 0   |                                  |                                    |                                       |   |                                    |
| 7.  | 0   |                                  |                                    |                                       |   |                                    |
| 8.  | 0   |                                  |                                    |                                       |   |                                    |
| 9.  | 0   |                                  |                                    |                                       |   |                                    |
| 10.   | 0   |                                  |                                    |                                       |   |                                    |
| 11.   | 0   |                                  |                                    |                                       |   |                                    |
| 12.   | 0   |                                  |                                    |                                       |   |                                    |
| 13.   | 0   |                                  |                                    |                                       |   |                                    |
| 14.   | 0   |                                  |                                    |                                       |   |                                    |
| 15.   | 0   |                                  |                                    |                                       |   |                                    |
| 16.   | 0   |                                  |                                    |                                       |   |                                    |
| 17.   | 0   |                                  |                                    |                                       |   |                                    |
| 18.   | 0   |                                  |                                    |                                       |   |                                    |
| 19.   | 0   |                                  |                                    |                                       |   |                                    |
| 20.   | 0   |                                  |                                    |                                       |   |                                    |
| <b>INN Administration</b>                       | 0   |                                  |                                    |                                       |   |                                    |
| <b>Total INN Program Estimated Expenditures</b> | 422,405   | 422,405                          | 0                                  | 0                                     | 0   | 0                                  |

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Workforce, Education and Training (WET) Component Worksheet**

County: City of Berkeley

Date: 5/10/17

|   | <b>Fiscal Year 2017/18</b>                                |                                  |                                    |                                       |   |                                    |
|---|---|----------------------------------|------------------------------------|---------------------------------------|---|------------------------------------|
|   | <b>A</b>  | <b>B</b>                         | <b>C</b>                           | <b>D</b>                              | <b>E</b>  | <b>F</b>                           |
|   | <b>Estimated Total<br/>Mental Health<br/>Expenditures</b> | <b>Estimated WET<br/>Funding</b> | <b>Estimated Medi-<br/>Cal FFP</b> | <b>Estimated 1991<br/>Realignment</b> | <b>Estimated<br/>Behavioral<br/>Health<br/>Subaccount</b> | <b>Estimated<br/>Other Funding</b> |
| <b>WET Programs</b>                             |   |                                  |                                    |                                       |   |                                    |
| 1. Peer Leader Stipend Program                  | 72,000  | 72,000                           |                                    |                                       |   |                                    |
| 2. High School Career Pathways Program          | 7,000   | 7,000                            |                                    |                                       |   |                                    |
| 3. Graduate Level Training Stipend Program      | 25,000  | 25,000                           |                                    |                                       |   |                                    |
| 4. Staff Development and MHSA Training          | 32,965  | 32,965                           |                                    |                                       |   |                                    |
| 5.  | 0   |                                  |                                    |                                       |   |                                    |
| 6.  | 0   |                                  |                                    |                                       |   |                                    |
| 7.  | 0   |                                  |                                    |                                       |   |                                    |
| 8.  | 0   |                                  |                                    |                                       |   |                                    |
| 9.  | 0   |                                  |                                    |                                       |   |                                    |
| 10.   | 0   |                                  |                                    |                                       |   |                                    |
| 11.   | 0   |                                  |                                    |                                       |   |                                    |
| 12.   | 0   |                                  |                                    |                                       |   |                                    |
| 13.   | 0   |                                  |                                    |                                       |   |                                    |
| 14.   | 0   |                                  |                                    |                                       |   |                                    |
| 15.   | 0   |                                  |                                    |                                       |   |                                    |
| 16.   | 0   |                                  |                                    |                                       |   |                                    |
| 17.   | 0   |                                  |                                    |                                       |   |                                    |
| 18.   | 0   |                                  |                                    |                                       |   |                                    |
| 19.   | 0   |                                  |                                    |                                       |   |                                    |
| 20.   | 0   |                                  |                                    |                                       |   |                                    |
| <b>WET Administration</b>                       | 0   |                                  |                                    |                                       |   |                                    |
| <b>Total WET Program Estimated Expenditures</b> | 136,965   | 136,965                          | 0                                  | 0                                     | 0   | 0                                  |

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Workforce, Education and Training (WET) Component Worksheet**

County: City of Berkeley

Date: 5/10/17

|   | <b>Fiscal Year 2018/19</b>                                |                                  |                                    |                                       |   |                                    |
|---|---|----------------------------------|------------------------------------|---------------------------------------|---|------------------------------------|
|   | <b>A</b>  | <b>B</b>                         | <b>C</b>                           | <b>D</b>                              | <b>E</b>  | <b>F</b>                           |
|   | <b>Estimated Total<br/>Mental Health<br/>Expenditures</b> | <b>Estimated WET<br/>Funding</b> | <b>Estimated Medi-<br/>Cal FFP</b> | <b>Estimated 1991<br/>Realignment</b> | <b>Estimated<br/>Behavioral<br/>Health<br/>Subaccount</b> | <b>Estimated<br/>Other Funding</b> |
| <b>WET Programs</b>                             |   |                                  |                                    |                                       |   |                                    |
| 1.  | 0   |                                  |                                    |                                       |   |                                    |
| 2.  | 0   |                                  |                                    |                                       |   |                                    |
| 3.  | 0   |                                  |                                    |                                       |   |                                    |
| 4.  | 0   |                                  |                                    |                                       |   |                                    |
| 5.  | 0   |                                  |                                    |                                       |   |                                    |
| 6.  | 0   |                                  |                                    |                                       |   |                                    |
| 7.  | 0   |                                  |                                    |                                       |   |                                    |
| 8.  | 0   |                                  |                                    |                                       |   |                                    |
| 9.  | 0   |                                  |                                    |                                       |   |                                    |
| 10.   | 0   |                                  |                                    |                                       |   |                                    |
| 11.   | 0   |                                  |                                    |                                       |   |                                    |
| 12.   | 0   |                                  |                                    |                                       |   |                                    |
| 13.   | 0   |                                  |                                    |                                       |   |                                    |
| 14.   | 0   |                                  |                                    |                                       |   |                                    |
| 15.   | 0   |                                  |                                    |                                       |   |                                    |
| 16.   | 0   |                                  |                                    |                                       |   |                                    |
| 17.   | 0   |                                  |                                    |                                       |   |                                    |
| 18.   | 0   |                                  |                                    |                                       |   |                                    |
| 19.   | 0   |                                  |                                    |                                       |   |                                    |
| 20.   | 0   |                                  |                                    |                                       |   |                                    |
| <b>WET Administration</b>                       | 0   |                                  |                                    |                                       |   |                                    |
| <b>Total WET Program Estimated Expenditures</b> | 0   | 0                                | 0                                  | 0                                     | 0   | 0                                  |

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Workforce, Education and Training (WET) Component Worksheet**

County: City of Berkeley

Date: 5/10/17

|   | <b>Fiscal Year 2019/20</b>                                |                                  |                                    |                                       |   |                                    |
|---|---|----------------------------------|------------------------------------|---------------------------------------|---|------------------------------------|
|   | <b>A</b>  | <b>B</b>                         | <b>C</b>                           | <b>D</b>                              | <b>E</b>  | <b>F</b>                           |
|   | <b>Estimated Total<br/>Mental Health<br/>Expenditures</b> | <b>Estimated WET<br/>Funding</b> | <b>Estimated Medi-<br/>Cal FFP</b> | <b>Estimated 1991<br/>Realignment</b> | <b>Estimated<br/>Behavioral<br/>Health<br/>Subaccount</b> | <b>Estimated<br/>Other Funding</b> |
| <b>WET Programs</b>                             |   |                                  |                                    |                                       |   |                                    |
| 1.  | 0   |                                  |                                    |                                       |   |                                    |
| 2.  | 0   |                                  |                                    |                                       |   |                                    |
| 3.  | 0   |                                  |                                    |                                       |   |                                    |
| 4.  | 0   |                                  |                                    |                                       |   |                                    |
| 5.  | 0   |                                  |                                    |                                       |   |                                    |
| 6.  | 0   |                                  |                                    |                                       |   |                                    |
| 7.  | 0   |                                  |                                    |                                       |   |                                    |
| 8.  | 0   |                                  |                                    |                                       |   |                                    |
| 9.  | 0   |                                  |                                    |                                       |   |                                    |
| 10.   | 0   |                                  |                                    |                                       |   |                                    |
| 11.   | 0   |                                  |                                    |                                       |   |                                    |
| 12.   | 0   |                                  |                                    |                                       |   |                                    |
| 13.   | 0   |                                  |                                    |                                       |   |                                    |
| 14.   | 0   |                                  |                                    |                                       |   |                                    |
| 15.   | 0   |                                  |                                    |                                       |   |                                    |
| 16.   | 0   |                                  |                                    |                                       |   |                                    |
| 17.   | 0   |                                  |                                    |                                       |   |                                    |
| 18.   | 0   |                                  |                                    |                                       |   |                                    |
| 19.   | 0   |                                  |                                    |                                       |   |                                    |
| 20.   | 0   |                                  |                                    |                                       |   |                                    |
| <b>WET Administration</b>                       | 0   |                                  |                                    |                                       |   |                                    |
| <b>Total WET Program Estimated Expenditures</b> | 0   | 0                                | 0                                  | 0                                     | 0   | 0                                  |

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Capital Facilities/Technological Needs (CFTN) Component Worksheet**

County: City of Berkeley

Date: 5/10/17

|   | Fiscal Year 2017/18                              |                           |                            |                               |   |                            |
|---|--|---------------------------|----------------------------|-------------------------------|---|----------------------------|
|   | A  | B                         | C                          | D                             | E   | F                          |
|   | Estimated Total<br>Mental Health<br>Expenditures | Estimated CFTN<br>Funding | Estimated Medi-<br>Cal FFP | Estimated 1991<br>Realignment | Estimated<br>Behavioral<br>Health<br>Subaccount | Estimated<br>Other Funding |
| <b>CFTN Programs - Capital Facilities Projects</b>  |  |                           |                            |                               |   |                            |
| 1. Adult Clinic Renovation                          | 2,408,988  | 2,408,988                 |                            |                               |   |                            |
| 2.  | 0  |                           |                            |                               |   |                            |
| 3.  | 0  |                           |                            |                               |   |                            |
| 4.  | 0  |                           |                            |                               |   |                            |
| 5.  | 0  |                           |                            |                               |   |                            |
| 6.  | 0  |                           |                            |                               |   |                            |
| 7.  | 0  |                           |                            |                               |   |                            |
| 8.  | 0  |                           |                            |                               |   |                            |
| 9.  | 0  |                           |                            |                               |   |                            |
| 10.   | 0  |                           |                            |                               |   |                            |
| <b>CFTN Programs - Technological Needs Projects</b> |  |                           |                            |                               |   |                            |
| 11.   | 0  |                           |                            |                               |   |                            |
| 12.   | 0  |                           |                            |                               |   |                            |
| 13.   | 0  |                           |                            |                               |   |                            |
| 14.   | 0  |                           |                            |                               |   |                            |
| 15.   | 0  |                           |                            |                               |   |                            |
| 16.   | 0  |                           |                            |                               |   |                            |
| 17.   | 0  |                           |                            |                               |   |                            |
| 18.   | 0  |                           |                            |                               |   |                            |
| 19.   | 0  |                           |                            |                               |   |                            |
| 20.   | 0  |                           |                            |                               |   |                            |
| <b>CFTN Administration</b>                          | 0  |                           |                            |                               |   |                            |
| <b>Total CFTN Program Estimated Expenditures</b>    | 2,408,988  | 2,408,988                 | 0                          | 0                             | 0   | 0                          |

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Capital Facilities/Technological Needs (CFTN) Component Worksheet**

County: City of Berkeley

Date: 5/10/17

|   | <b>Fiscal Year 2018/19</b>                                |                                   |                                    |                                       |   |                                    |
|---|---|-----------------------------------|------------------------------------|---------------------------------------|---|------------------------------------|
|   | <b>A</b>  | <b>B</b>                          | <b>C</b>                           | <b>D</b>                              | <b>E</b>  | <b>F</b>                           |
|   | <b>Estimated Total<br/>Mental Health<br/>Expenditures</b> | <b>Estimated CFTN<br/>Funding</b> | <b>Estimated Medi-<br/>Cal FFP</b> | <b>Estimated 1991<br/>Realignment</b> | <b>Estimated<br/>Behavioral<br/>Health<br/>Subaccount</b> | <b>Estimated<br/>Other Funding</b> |
| <b>CFTN Programs - Capital Facilities Projects</b>  |   |                                   |                                    |                                       |   |                                    |
| 1. Adult Clinic Renovation                          | 819,613   | 819,613                           |                                    |                                       |   |                                    |
| 2.  | 0   |                                   |                                    |                                       |   |                                    |
| 3.  | 0   |                                   |                                    |                                       |   |                                    |
| 4.  | 0   |                                   |                                    |                                       |   |                                    |
| 5.  | 0   |                                   |                                    |                                       |   |                                    |
| 6.  | 0   |                                   |                                    |                                       |   |                                    |
| 7.  | 0   |                                   |                                    |                                       |   |                                    |
| 8.  | 0   |                                   |                                    |                                       |   |                                    |
| 9.  | 0   |                                   |                                    |                                       |   |                                    |
| 10.   | 0   |                                   |                                    |                                       |   |                                    |
| <b>CFTN Programs - Technological Needs Projects</b> |   |                                   |                                    |                                       |   |                                    |
| 11. Adult Clinic Renovation                         | 616,050   |                                   |                                    |                                       |   |                                    |
| 12.   | 0   |                                   |                                    |                                       |   |                                    |
| 13.   | 0   |                                   |                                    |                                       |   |                                    |
| 14.   | 0   |                                   |                                    |                                       |   |                                    |
| 15.   | 0   |                                   |                                    |                                       |   |                                    |
| 16.   | 0   |                                   |                                    |                                       |   |                                    |
| 17.   | 0   |                                   |                                    |                                       |   |                                    |
| 18.   | 0   |                                   |                                    |                                       |   |                                    |
| 19.   | 0   |                                   |                                    |                                       |   |                                    |
| 20.   | 0   |                                   |                                    |                                       |   |                                    |
| <b>CFTN Administration</b>                          | 0   |                                   |                                    |                                       |   |                                    |
| <b>Total CFTN Program Estimated Expenditures</b>    | 1,435,663   | 819,613                           | 0                                  | 0                                     | 0   | 0                                  |

