To: Mental Health Commissioners  
From: Carol Patterson, Commission Secretary  
Date: March 18, 2014

Documents Pertaining to 3/27/14 Agenda items:

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<tr>
<th>Agenda Item</th>
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<td>2.C.</td>
<td>February 27, 2014 Unadopted Minutes</td>
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<tr>
<td>3.A.</td>
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<td>4.</td>
<td>Safety Committee Representative</td>
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<tr>
<td>12.A.</td>
<td>Pacific Center description</td>
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Other items:

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<th>Description</th>
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Berkeley/Albany Mental Health Commission

Regular Meeting
Thursday, March 27, 2014

Time: 7:00 p.m. – 9:00 p.m.     North Berkeley Senior Center
                           1901 Hearst Ave., Classrooms A & B

AGENDA

All Agenda Items are for Discussion and Possible Action

Public Comment Policy: Members of the public may speak on any items on the Agenda and items not on the Agenda during the initial Public Comment period. Members of the public may also comment on any item listed on the agenda as the item is taken up. Members of the public may not speak more than once on any given item. The Chair may limit public comment to 3 minutes or less.

7:00 pm   1. Roll Call

2. PRELIMINARY MATTERS
   A. Agenda Approval
   B. Public Comment on items not on the agenda
   C. Approval of the February 27, 2014 Minutes
   D. Staff Announcements/Updates

3. Recommendations for Appointment to Mental Health Commission
   A. Interview instructions
   B. Interview of Cameron Silverberg

4. Action Item: Select a Commission representative to the BMH Safety Committee

5. Action Item: Recommending the declaration of May 2014 as Mental Health Month

6. Discussion and Possible Action item: Commission Applicant Interview Guidelines

7. Possible Action Item: Referral from Council: Recommendations for improving services to persons experiencing mental health crises

8. Discussion and Possible Action Item: Commission recommendations in response to the NAACP Town Hall Report
9. Presentation: Employment Law Center (30 minutes)

10. Report from Mental Health Division - Steve Grolnic-McClurg (20 minutes)

11. Liaison Reports
   A. MHSA Advisory Committee
   B. City Council (Jesse)

12. Agenda Items for April meeting
   A. Does the Commission want to have a presentation from the Pacific Center?

13. Announcements

9:00 pm 14. Adjournment

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Contact person: Carol Patterson, Mental Health Commission Secretary at 981-7721 or cpatterson@ci.berkeley.ca.us.

Communication Access Information: This meeting is being held in a wheelchair accessible location. To request a disability-related accommodation(s) to participate in the meeting, including auxiliary aids or services, please contact the Disability Services specialist at 981-6342 (V) or 981-6345 (TDD) at least three business days before the meeting date. Please refrain from wearing scented products to this meeting.

Attendees at trainings are reminded that other attendees may be sensitive to various scents, whether natural or manufactured, in products and materials. Please help the City respect these needs. Thank you.

SB 343 Disclaimer
Any writings or documents provided to a majority of the Commission regarding any item on this agenda will be made available for public inspection in the SB 343 Communications Binder located at the Family, Youth and Children's Clinic at 3282 Adeline Street, Berkeley.
Berkeley/Albany Mental Health Commission
Unadopted Minutes

North Berkeley Senior Center
1901 Hearst Ave.
Classrooms A & B

February 27, 2014 at 7:00 pm

Members of the Public Present: Nadine Dixon, Jennifer Fazio, Bart Grossman, Ada Lin, Jonah Markowitz, Cameron Silverberg

Staff Present: Steven Grolnic-McClurg, Carol Patterson

1. **Call to Order at 7:10 pm**

   Commissioners Present: Jesse Arreguin (arrived at 7:14 pm and left at 7:50 pm); Jeffrey Davis; Shelby Heda; Paul Kealoha-Blake; Carole Marasovic (arrived at 7:12 pm); Jean Marie Hervé Michel, Jr (left at 9:02 pm); Shirley Posey

   Commissioners Absent: Neal Adams.

2. **Preliminary Matters**

   A. **Approval of February 27, 2014 Agenda**

      M/S/C (Davis, Michel): Move to approve the February 27, 2014 Agenda with the removal of Item 3.B.

      Ayes: Unanimous; Absent: Adams, Arreguin (arrived after the vote.)

   B. **Public Comment**

      One member of the public commented on wheelchair accessibility to the airport and in favor of May Is Mental Health Month.

   C. **Approval of the January 23, 2014 minutes**

      M/S/C (Davis, Michel): Move to approve the January 23, 2014 minutes.

      Ayes: Unanimous; Absent: Adams.

   D. **Staff Announcements** - None.

3. **Recommendation for Appointment to Mental Health Commission**

   A. **Interview instructions were provided by Carol Patterson**

   C. **Interview of Jennifer Fazio for Appointment to the Commission**

      The Commission interviewed Jennifer Fazio.

      M/S/C (Davis, Michel): Move to recommend appointment of Jennifer Fazio to the Berkeley Special Public Interest seat on the Mental Health Commission.

      Ayes: Arreguin, Davis, Heda, Kealoha-Blake, Marasovic, Michel, Posey; Noes: None.

      Abstentions: None. Absent: Adams.

4. **Election of Chair and Vice Chair**

   M/S/C (Michel, Posey): Move to elect Paul Kealoha-Blake as Chair.
5. Report from Mental Health Division - Steven Grolnic-McClurg
Steven Grolnic-McClurg described the External Quality Review Organization process and explained that the process is conducted with the Mental Health plan, which is Alameda County. This year there was a consumer focus group at Berkeley Mental Health. Mr. Grolnic-McClurg provided demographics on clients served at Berkeley Mental Health and compared them to Alameda County client demographics. He then fielded questions from the Commission.

6. Referral from Council: Recommendations for improving services to persons experiencing mental health crises
The Improving Services Subcommittee has not met and there were no recommendations suggested by members of the Commission or the public.

7. The NAACP Town Hall Report
This discussion is tabled to next month.

8. Subcommittee Reports
A. Creation of Interview Guidelines Subcommittee
   The Commission decided not to create a Subcommittee on this issue. Commissioner Marasovic will submit a proposal to be considered at the full Commission.

B. Creation of a Taser Subcommittee
   M/S/C (Kealoha-Blake, Heda) Move to create a Subcommittee to look at Tasers in Berkeley and to develop recommendations.
   Ayes: Davis, Heda, Kealoha-Blake, Marasovic, Michel, Posey; Noes: None; Abstentions: None; Absent: Adams, Arreguin (left before the vote.)

   M/S/C (Kealoha-Blake, Heda) Move that Commissioners Marasovic, Heda and Kealha-Blake will comprise the Taser Subcommittee.
   Ayes: Davis, Heda, Kealoha-Blake, Marasovic, Posey; Noes: None; Abstentions: None; Absent: Adams, Arreguin (left before the vote), Michel (left before the vote.)

9. Liaison Reports
A. MHSA Advisory Committee representative selection
   M/S/C (Marasovic, Davis) Move to select Commissioner Posey to represent the Mental Health Commission on the MHSA Advisory Committee.
   Ayes: Davis, Heda, Kealoha-Blake, Marasovic, Posey; Noes: None; Abstentions: None; Absent: Adams, Arreguin (left before the vote), Michel (left before the vote.)

B. City Council – no report.
C. Selection of BMH Safety Committee representative
   Tabled to March meeting.

10. Alameda County Mental Health Board Liaison Report
A. Selection of new liaison
   Commissioner Marasovic will continue as the Alameda County Mental Health Board liaison.

11. Selection of Commissioner to attend CiMH training
There was no interest in attending the April CiMH training in Irvine at the Commissioner’s expense.

12. Review of Agenda Items backlog
   This was not done due to lack of time.

13. Agenda Items for March meeting
   A. Does the Commission want to have a presentation from the Employment Law Center?
      M/S/C (Posey, Davis) Move to have the Employment Law Center present at the next Commission meeting.
      Ayes: Davis, Heda, Kealoha-Blake, Marasovic, Posey; Noes: None; Abstentions: None; Absent: Adams, Arreguin (left before the vote), Michel (left before the vote.)
   B. Does the Commission want to have a presentation from the Pacific Center?
      Tabled to next meeting.

Adjournment at 9:14 pm.

Minutes submitted by: ________________________________
Carol Patterson, Commission Secretary
Mental Health Commission Interview Guidelines

The purpose of the Commission interview is to determine if the applicant meets the “General Commissioner Qualifications” as listed on the application. Listed below in bold are the General Qualifications, with suggested interview questions.

- **Demonstrates interest in community mental health services**
  - Ex. What is their interest in community mental health services?

- **Ready to commit to Commission duties, including preparation for and regular attendance at monthly Commission and Committee meetings, timely review of meeting materials and completion of Commission paperwork and training**
  - Ex. Are they willing and able to attend retreats, Commission and Committee meetings? (Hand them a list of regularly scheduled meetings for the year.)
  - Ex. Are they able to commit 8 – 10 hours/month to prepare for and attend meetings?

- **Willing and able to work alongside mental health consumers and members of diverse communities**
  - Ex. What is their experience working alongside consumers? Members of diverse communities?

- **Able to constructively handle conflict and differences of opinion**
  - Ex. What experience have you had working as a team? What role did you have?
  - Ex. How have you dealt with differences of opinion and conflicts while working in a group?

- **Reflects the diversity of the Berkeley/Albany community**
  - Currently the MH Commission is recruiting for members of the Latino and Asian Pacific Islander communities. Are you a member of any of those communities?
  - How could the MH Commission be more accessible to those communities?
  - Do you speak any other languages besides English?
  - How could BMH better serve the diverse communities of Berkeley and Albany?
• Willing and able to work with City staff, Mental Health management, Albany and Berkeley City Councils
  o What experience have you had working with City staff? Mental Health management? Albany City Council? Berkeley City Council?

Inappropriate questions:
  o Asking about MH diagnosis of applicant or their family member
  o Asking about the specifics of applicant or applicants’ family MH experience (The Secretary will verify whether Special Interest applicants or their family members have experience with public mental health services.)
  o Asking about MH politics ie. Do you believe in medication? Do you believe in psychiatry as viable field?
  o Asking about marital status or sexual orientation
  o Asking about religion or spiritual beliefs
  o Asking their age
### 2014 Commission Meeting Dates

Name of Commission: Mental Health

Commission Secretary: Carol Patterson

### 2014 Meeting Dates

<table>
<thead>
<tr>
<th>Month</th>
<th>Meeting Day and Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>January 2014</td>
<td>Thursday 1/23/14</td>
<td>7 pm</td>
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<tr>
<td>February 2014</td>
<td>Thursday, 2/27/14</td>
<td>7 pm</td>
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<td>March 2014</td>
<td>Thursday, 3/27/14</td>
<td>7 pm</td>
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<td>April 2014</td>
<td>Thursday, 4/24/14</td>
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<td>May 2014</td>
<td>Thursday, 5/22/14</td>
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<td>June 2014</td>
<td>Thursday, 6/26/14</td>
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<tr>
<th>Month</th>
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<td>July 2014</td>
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<td>August 2014</td>
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<td>September 2014</td>
<td>Thursday, 9/18/14</td>
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<tr>
<td>October 2014</td>
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<tr>
<td>November 2014</td>
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<tr>
<td>December 2014</td>
<td>Thursday, 12/11/14</td>
<td>7 pm</td>
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### Mental Health Commissioner Applicant Criteria

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<tr>
<th>Criteria</th>
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<tr>
<td><strong>Interest</strong></td>
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<tr>
<td>Demonstrates interest in community mental health services</td>
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<tr>
<td><strong>Commitment</strong></td>
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<tr>
<td>Ready to commit to Commission duties; preparation &amp; attendance at meetings; timely paperwork</td>
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<td><strong>Diversity</strong></td>
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<td>Reflects the diversity of the community</td>
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<td><strong>Cooperation</strong></td>
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<td>Able to constructively handle conflict &amp; differences of opinion</td>
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<tr>
<td><strong>Welcoming</strong></td>
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<td>Willing and able to work alongside consumers, family members &amp; diverse members</td>
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<tr>
<td><strong>Effective</strong></td>
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<td>Able to work with City staff, management &amp; Berkeley &amp; Albany City Councils</td>
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<tr>
<td>Berkeley Special Interest</td>
<td>Name</td>
<td>Applicant</td>
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<tr>
<td>Consumer</td>
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<tr>
<td>1</td>
<td>Jean-Marie Hervé</td>
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<td>Michel, J r</td>
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<tr>
<td>2</td>
<td>Jeffrey Davis</td>
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<td>3</td>
<td>Nadine Dixon (pending)</td>
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<tr>
<td>Family</td>
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<tr>
<td>1</td>
<td>Shirley Posey</td>
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<tr>
<td>2</td>
<td>Shelby Heda</td>
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<td>3</td>
<td>Jennifer Fazio (pending)</td>
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<tr>
<td>Albany Special Interest</td>
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<tr>
<td>Consumer OR Family</td>
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<tr>
<td>Berkeley General Interest</td>
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<tr>
<td>1</td>
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<td>2</td>
<td>Paul Kealoha-Blake</td>
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<td>Neal Adams</td>
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<td>4</td>
<td>(open) Cameron Silverberg</td>
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<td>Albany General Interest</td>
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<tr>
<td>1</td>
<td>Bart Grossman (pending)</td>
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<td>Berkeley Mayor Appointee</td>
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<td>1</td>
<td>Jesse Arreguin</td>
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Commission Openings 3/3/14
Berkeley Special Interest: 0
Albany Special Interest: 1 consumer or family member
Berkeley General Interest: 1 (there is an applicant for this seat)
Albany General Interest: 0
Total Openings: 2
Berkeley Mental Health Safety Committee

Safety was one of the earliest priorities identified by new leadership when the Department of Health, Housing & Community Services was created. The Berkeley Mental Health Ad Hoc Safety Committee was originally convened to oversee and implement the launch of the Mental Health Division’s newly drafted Safety Plan. At each meeting, the Committee reviews all safety related matters that have come up since the last meeting, discusses specific needs and concerns of the clinic sites and develops plans to meet those needs, addresses safety issues such as drills and trainings, and sets priorities for the period until the next meeting. The past Mental Health Commission representative was actively involved in drafting and editing an early version of the plan, and continued to provide feedback and recommendations throughout the finalization process. The Committee met monthly from February to July 2013, moving to a quarterly schedule after that. The plan was finalized September 1, 2013, though it remains a working document and continues to be revised as needed.

The Committee is chaired by Tenli Yavneh, Program Supervisor for Crisis Services, and includes the whole management team (including the new Division Manager), the Consumer Liaison, a representative from the Mental Health Commission, representatives from SEIU, one clinical staff representative, one support staff member, and Jane Micallef, Department Director.

The Committee meets quarterly on the first Monday of January, April, July and October from 4 - 5 pm.
To: Honorable Mayor and Members of the City Council
From: Councilmember Jesse Arreguin
Subject: Proclaiming May as Mental Health Month

RECOMMENDATION
Adopt a Resolution proclaiming May 2014 as Mental Health Month in the City of Berkeley.

FISCAL IMPACTS OF RECOMMENDATION
None.

CURRENT SITUATION AND ITS EFFECTS
The Substance Abuse and Mental Health Services Administration (SAMHSA) has determined that persons diagnosed with severe mental illness have a life expectancy of 25 years less than members of the general public. Through their National 10 x 10 Campaign they are bringing awareness to this devastating fact and have pledged to decrease that disparity by ten years in the next ten years. In the City’s Mental Health Division alone, an estimated 50% of mental health clients also have co-occurring addiction disorders, exacerbating existing barriers to recovery and increasing the disparity in their life expectancy.

Mental Health America, an organization working to improve the mental health of all Americans, began observance of Mental Health Month during the month of May in 1949. Their primary goal was to promote awareness of mental health conditions and mental wellness for all. Local government agencies, public and private institutions, businesses and schools join in this annual campaign to raise public awareness and understanding of mental health and illness, and to reduce the stigma associated with mental health problems and their treatment. Council is requested to join in this national campaign in order to promote increased awareness of mental health and mental disabilities in the City of Berkeley.

BACKGROUND
The mental health and well-being of the City of Berkeley’s residents is a critical issue that affects not only quality of life, but also the health of our communities, families, and economic stability. Mental disorders and mental health problems affect residents of all backgrounds and all stages of life, and no one is immune. The World Health Organization (WHO) found that mental illnesses is the top ranking cause of disability in
the United States and the most prevalent health problem in America today – more common than cancer, lung and heart disease combined. Nationally, one in four adults lives with a diagnosable, treatable mental health condition. According to WHO, in a typical workplace with 20 employees, four will likely develop a mental illness this year. More than three out of four employees who seek care for workplace issues or mental health problems see substantial improvement in work performance after treatment. Although mental health treatment has been shown to be effective, an estimated two-thirds of adults and young people with mental health challenges are not receiving the care that they need to improve their lives significantly.

Socioeconomic inequalities in health have been widening for decades. In the United States, the data consistently show that people living in poverty, and particularly those who are minorities, bear a disproportionate burden of exposure to unhealthy environments and are at greater risk for mental and behavioral health-related conditions.¹

The 2013 Berkeley Health Status Report Summary identifies discrepancies in health outcomes between white and African American residents and states that the City of Berkeley is committed to addressing and eliminating health inequities.

The City of Berkeley has been engaged in Mental Health Services Act (MHSA) planning and implementation in recent years, with the intent to identify areas of greatest need and to increase effective mental health services that promote mental health recovery. The Mental Health Division will continue to participate in a comprehensive and inclusive planning process to transform services provided by the Mental Health Division in alignment with core MHSA principles.

The basis for a Citywide May is Mental Health Month proclamation is to increase awareness of the importance of mental health, and that mental health and physical health go hand-in-hand. This awareness helps to demonstrate commitment and support to Berkeley residents who have mental illness and their families. This event also promotes hope and encourages those with mental illness to recover and become productive members of this City.

A Berkeley May Is Mental Health Month celebration is being planned by Mental Health Division staff and details will be forthcoming.

At its March 27, 2014 meeting, the Mental Health Commission passed the following motion:
ENVIRONMENTAL SUSTAINABILITY
There are no identifiable environmental effects or opportunities associated with the subject of this report.

RATIONALE FOR RECOMMENDATION
Proclaiming May as Mental Health Month offers us the opportunity to bring awareness that treatment for mental health problems is effective, that the successes of people in recovery are often remarkable, and to acknowledge men and women in the field who dedicate their lives to help people with psychiatric disabilities and other mental health problems.

ALTERNATIVE ACTIONS CONSIDERED
None.

CONTACT PERSON
Jesse Arreguin, City Councilmember, District 4, 981-7140

Carol Patterson, Community Services Specialist II, Health Services, 981-7721

Attachments:
1: Resolution
RESOLUTION NO. ##.###-N.S.

PROCLAIMING MAY 2012 AS MENTAL HEALTH MONTH

WHEREAS, mental health is essential to everyone’s overall health, productivity and well-being; and

WHEREAS, one in four American adults are affected by a mental illness; and

WHEREAS, mental health problems do not discriminate; they affect people regardless of race, creed, age, life style, or economic status; and

WHEREAS, Mental Health Recovery is possible with proper treatment and support empowering mental health consumers to lead full and productive lives; and

WHEREAS, as many as eight million Americans who have serious mental illnesses do not receive adequate treatment each year; and

WHEREAS, people who have untreated mental health issues use more general health services than those who receive mental health services when they need them; and

WHEREAS, The Substance Abuse and Mental Health Services Administration (SAMHSA) has determined that persons with severe mental illness have a life expectancy of 25 years less than members of the general public; and

WHEREAS, more than 50% of persons receiving treatment in the mental health system also have Co-Occurring Disorders compounding their barriers to recovery and increasing the disparity in their life expectancy; and

WHEREAS, the City of Berkeley has made a commitment to community-based systems of mental health care in which all residents can receive high-quality and consumer-centered services; and

WHEREAS, we commend the Mental Health Division, for their outstanding work improving the quality of life for mentally disabled individuals in our community; and

WHEREAS, the City of Berkeley has been actively involved in the planning and implementation of the Mental Health Services Act to increase effective mental health services that promote Mental Health Recovery in Berkeley; and

WHEREAS, Mental Health America observes Mental Health Month every May to raise awareness and understanding of mental health and illness.
NOW THEREFORE, BE IT RESOLVED that I, Tom Bates, Mayor of the City of Berkeley, do hereby proclaim May 2014 as Mental Health Month in the City of Berkeley and call upon all Berkeley citizens, government agencies, public and private institutions, businesses and schools to recommit our community to increasing awareness and understanding of mental illness and the need for appropriate and accessible services for all people with mental illnesses.
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<thead>
<tr>
<th></th>
<th>Rights and Mobile Crisis</th>
<th>Kim</th>
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<tbody>
<tr>
<td>3</td>
<td>Mental Health needs of the Latino, Pacific Islander and Native American communities</td>
<td>Staff</td>
<td>Was placed on agenda but tabled due to lack of time.</td>
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<td></td>
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<td>Paul K-B to F/U on a presenter on Asian/Pacific Islander MH needs.</td>
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<td>5</td>
<td>Emergency Preparedness</td>
<td>Commission</td>
<td>The Commission indicated they would like to discuss the LHM plan at a future meeting and provide feedback as a Commission.</td>
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<td>7</td>
<td>Presentation from Employment Law Center</td>
<td>Carole M</td>
<td>They will present at March 2014 mtg.</td>
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<tr>
<td>11</td>
<td>Invite Deborah Badhia to speak about chronic mental health problems in the street community/access to services</td>
<td>Kim</td>
<td>Deborah is no longer at that org. Contact for DBA is John Caner, CEO. (510) 549-2230</td>
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<tr>
<td>15</td>
<td>Pacific Center’s Invitation to Collaborate</td>
<td>Carole M 8/6/12</td>
<td>Presentation on the collaboration between Pacific Center and BMH deferred to January 2013 mtg. but the agenda was too full.</td>
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<td>Commission will decide whether to invite them to April 2014 mtg.</td>
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<td>16</td>
<td>Have a follow up report on how BMH has improved its Medi-Cal billing</td>
<td>Jeffrey 8/21/12</td>
<td>To be included in a future Director’s Report</td>
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<td>17</td>
<td>Develop Commission Workplan</td>
<td>Suggested at July 2012 retreat</td>
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<tr>
<td>21</td>
<td>Presentation by POCC Healing Trauma Committee on their visit to Second Story House</td>
<td>Staff 7/25/13</td>
<td>Want to arrange a visit to the respite center – can we get a vehicle to go?</td>
</tr>
</tbody>
</table>
Completed Items – Staff has removed the items below because they appear to have been completed or were delegated to a Subcommittee. If the latter, once the committee is ready to report back to the Commission, the item can be placed on the agenda. This is an attempt to organize the Commission’s agenda prioritization process.

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<tbody>
<tr>
<td>B</td>
<td>Safety Standards</td>
<td>Kim</td>
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<td>The new Safety Plan has been issued, incorporating recommendations from staff and the Commission.</td>
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<td>C</td>
<td>Re-opening the Drop-In Café</td>
<td>Public Comment</td>
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<td></td>
<td>Letter written to MH Manager – re-opening can be considered upon Completion of Safety Policy.</td>
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<td>D</td>
<td>Presentation on Due process, including a) Adequate and meaningful notice b) Rule/Standards as interpreted by BMH c) Fact finding d) Right to Confrontation e) Right to Appeal f) ADA rights</td>
<td>Kim 8/13/12</td>
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<td></td>
<td>Staff suggestion that this be brought to the Safety Plan Subcommittee.</td>
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<tr>
<td>E</td>
<td>Commission discussion on requirements of due process compared to existing safety policy.</td>
<td>Kim 8/13/12</td>
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<td>Staff suggestion that this be brought to the Safety Plan Subcommittee.</td>
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<tr>
<td>F</td>
<td>Recommending wording on Informing Materials/ Informed Consent</td>
<td>Kim</td>
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<td>Staff suggestion that this be brought to the Informed Consent Subcommittee.</td>
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<tr>
<td>F1</td>
<td>a. Review of Informed Consent Principles</td>
<td>Kim 4/26/12</td>
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<td>Staff suggestion that this be brought to the Informed Consent Subcommittee.</td>
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<td>F2</td>
<td>b. Review existing Informed Consent materials</td>
<td>Kim 4/26/12</td>
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<td>Staff suggestion that this be brought to the Informed Consent Subcommittee.</td>
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<tr>
<td>F3</td>
<td>c. Review of materials that Kim has submitted</td>
<td>Kim 4/26/12</td>
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<td>Staff suggestion that this be brought to the Informed Consent Subcommittee.</td>
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<tr>
<td>G</td>
<td>Input into Medication Informed Consent Policy</td>
<td>Commission motion</td>
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<td></td>
<td>Draft policy was presented at December 2012 Commission meeting. Informed Consent Subcommittee created at 1/24/13 meeting to gather additional input.</td>
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<tr>
<td>H</td>
<td>MHSA Updates</td>
<td>Next update will be at May 2014 meeting.</td>
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<td></td>
<td>Item Description</td>
<td>Responsible Person</td>
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<tr>
<td>I</td>
<td>Have a progress report on the implementation of Management Partners’ recommendations</td>
<td>Jeffrey</td>
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<tr>
<td>J</td>
<td>Investigation of In-Custody Death</td>
<td>Paul</td>
</tr>
<tr>
<td>K</td>
<td>Statement on Tasers</td>
<td>Paul</td>
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</tbody>
</table>
About Us

Mission

Pacific Center for Human Growth fosters and enhances the well-being and self respect of Lesbian, Gay, Bisexual, Transgender, and Queer youth, seniors, and adults through the delivery of LGBTQ competent mental health and wellness services, and through the cultivation of a strong community of LGBTQ-proficient mental health care professionals.

Programs

- Licensed mental health services for approximately 450 people annually
- Accredited training for graduate-level student intern therapists
- Mental health support programs for HIV+ men living in Alameda County
- Youth services, including a youth-led speaker’s bureau (reaching over 700 students and teachers annually) and a safe-space drop-in program weekdays (serving 50+ youth)
- 12-15 peer support groups that are volunteer-led, with over 300 participant

Organizational Background

Founded in 1973, Pacific Center for Human Growth is the oldest LGBTQ center in the Bay Area, the third oldest in the nation and operates the only sliding scale mental health clinic for LGBTQ people and their families in Alameda County. Pacific Center is almost entirely volunteer-driven, with a supporting crew of six part-time staff members.

Utilizing over 100 volunteers (board of directors, clinical supervisors and trainers, peer group facilitators, clinical interns, front desk and event volunteers), Pacific Center provides direct services for the Alameda County and greater East Bay LGBTQ communities. We currently serve over 1,500 people a year.

Our Supporters

 Foundations & Grants

- Alameda County Behavioral Health Care Services
- Alameda County Office of AIDS Administration
- CenterLink INC
- City of Berkeley
- Evelyn & Walter Haas Jr. Fund
- Gay Chemist Fund of Horizons Foundation
- Horizons Foundation
- Johnson Family Foundation
- Macy’s Passport
- Partnership Foundation
- San Francisco Foundation
- San Francisco AIDS Foundation

 Community Partnerships

- East Bay Front Runners and Walkers
- LightHouse LGBTQ Community Center of Hayward
- Oakland-East Bay Gay Men’s Chorus
- Peet’s Holiday Donation Program
- Rainbow Community Center
- Red Oak Opportunity Foundation
- Rosenblum Celars
- Royal Grand Ducal Council of Alameda County & Contra Costa Counties
- Steamworks
- The Suitcase Clinic
- The White Horse Bar

 Individual Donors

 Legacy Circle ($5000 & up)

- Brian Johnson & Frank Lindh

 Benefactors ($1000 – $4999)

- Karl & Barbara Brueckner
- Bobby C. Design Studio
- Raul De Guzman
- Leslie Ewing

 Friends (under $499)

- Alan & Joyce Bender
- Wayne Bender
- Brian Bonds
- Michael Kevin Brady
- Castro Lions Club
- Thomas Cuff
- John Dynis – Sustainer’s Circle

Pacific Center relies upon the generosity of individual donors to sustain and grow our programs. Take a look at a variety of ways you can financially contribute to Pacific Center.
To: Honorable Mayor and Members of the City Council

From: Mental Health Commission

Submitted by: Jesse Arreguin, Chairperson, Mental Health Commission

Subject: Appointment of Bart Grossman and Nadine Dixon to Mental Health Commission

RECOMMENDATION

FISCAL IMPACTS OF RECOMMENDATION
None.

CURRENT SITUATION AND ITS EFFECTS
The Mental Health Commission is authorized to be composed of thirteen members. However, there are presently four vacancies on the Commission. These vacancies impair the Commission’s ability to adequately review and evaluate the community’s mental health needs, resources, and programs.

Approval of the recommended action will fill a vacancy, and allow the Commission to move one step closer to having a full and diverse complement of commissioners to review and evaluate the community’s mental health needs, resources, and programs.

BACKGROUND
California State law requires that appointments to the Mental Health Commission meet specific categories, who may serve up to nine years consecutively. The general public interest category may include anyone who has an interest in and some knowledge of mental health services. The special public interest category includes direct consumers of public mental health services and family members of consumers, which together must constitute at least fifty percent or seven of the commission seats. Direct consumers and family members shall each constitute at least 20% of the commission membership. Two members shall be residents of the City of Albany with at least one of these seats filled by a direct consumer or family member.

At its January 23, 2014 meeting, the Mental Health Commission interviewed Bart Grossman for the Albany General Interest seat and Nadine Dixon for a Berkeley Special Interest seat. Mr. Grossman indicated that he is the retired director of the University of
California, Berkeley Social Welfare department. He is familiar with local community agencies and is concerned about the lack of services available in Albany. He is a member of the Albany Social and Economic Justice Commission and wants to learn and contribute as a link between Albany and Berkeley Mental Health. Mr. Grossman comes with a recommendation from Albany City Council, at their December 2, 2013 meeting, that he be appointed. The Mental Health Commission subsequently passed the following motion at its January 23, 2014 meeting:


Ayes: Adams, Arreguin, Davis, Heda, Kealoha-Blake, Marasovic, Michel, Posey; Noes: None. Abstentions: None. Absent: None.

In her interview, Ms. Dixon indicated that she has previously served on the Mental Health Commission but had to leave due to the demands of her school work. Ms. Dixon is a consumer, family member and a mental health advocate and currently is a member of the Berkeley Mental Health Services Act Advisory Committee and the San Francisco Mental Health Association Board. Ms. Dixon wishes to improve services both locally and on the state level and is particularly concerned about women being underserved. The Mental Health Commission then passed the following motion at its January 23, 2014 meeting:

M/S/C (Posey, Marasovic) Move to recommend appointment of Nadine Dixon to a Berkeley Special Interest seat on the Mental Health Commission.

Ayes: Adams, Arreguin, Davis, Heda, Kealoha-Blake, Marasovic, Michel, Posey; Noes: None. Abstentions: None. Absent: None.

ENVIRONMENTAL SUSTAINABILITY
No anticipated environmental impact.

RATIONALE FOR RECOMMENDATION
Approval of the recommended action will allow the Mental Health Commission to move one step closer to having a full and diverse complement of commissioners to review and evaluate the community’s mental health needs, resources, and programs.

ALTERNATIVE ACTIONS CONSIDERED
None.

CITY MANAGER
The City Manager concurs with the content and recommendations of the Commission’s Report.

CONTACT PERSON
Carol Patterson, Commission Secretary, HHCS, (510) 981-7721

Attachments:
1: Resolution
RESOLUTION NO. #,##,##-N.S.

APPOINTMENT OF BART GROSSMAN AS A REPRESENTATIVE IN THE ALBANY GENERAL INTEREST CATEGORY AND NADINE DIXON AS A REPRESENTATIVE IN THE BERKELEY SPECIAL INTEREST CATEGORY TO THE MENTAL HEALTH COMMISSION

WHEREAS, membership of the Mental Health Commission is composed of thirteen appointments by the City Council as a whole, including one appointment by the Mayor (or designee), six special public interest appointments, two appointments of residents of Albany (one of which shall be a representative of the special public interest category), and four general public interest appointments; and

WHEREAS, with the ongoing implementation of the Mental Health Services Act, the City of Berkeley will need to have a full complement of diverse appointees to the Commission to review and evaluate the community’s mental health needs, resources, and programs and to fulfill its mandate; and

WHEREAS, the Mental Health Commission, at its January 23, 2014 meeting, recommended the appointment of Bart Grossman and Nadine Dixon to the Mental Health Commission.

NOW THEREFORE, BE IT RESOLVED by the Council of the City of Berkeley that the Council appoints Bart Grossman to the Mental Health Commission, as Representative of the Albany Public Interest Category, and Nadine Dixon to the Mental Health Commission, as a Representative of the Berkeley Special Interest Category for three year terms beginning March 26, 2014 and ending March 25, 2017.