



Commission on Aging
Gabriella Castello-Kramer, Chair
Richard Castrillon, Commission Secretary

COMMISSION ON AGING REGULAR MEETING AGENDA

North Berkeley Senior Center
1901 Hearst Avenue
Berkeley, CA 94703

Wednesday, January 18, 2017
1:00 p.m.

Preliminary Matters

1. Roll Call
2. Public Comments
The public may comment about any item not on the agenda. Public comments are limited to two minutes per speaker. Public comments regarding agenda items will be heard while the Commission is discussing the item.
3. Approval of minutes from November 9, 2016. (Attachment A)

Updates/ Action Items

The Commission may take action related to any subject listed on the Agenda. Public comments regarding agenda items will be heard while the Commission is discussing the item. Public comments are limited to two minutes per speaker.

4. City of Berkeley T1 Bond: Infrastructure and Facility Improvement (including Senior Centers). Presentation by Scott Ferris, Director, Parks, Recreation and Waterfront Department.
5. Age-Friendly Berkeley: Update on Creating and Aging Friendly Berkeley. Presentation by Steve Lustig. (Attachment B) (20 minutes)
6. Update and Presentation on Planning for Measure BB Programs, Including a Shuttle Service. Presentation by Leah Talley, Manager of Aging Services, and Representative from Nelson Nygaard.
7. Establish meeting schedule for commission for 2017.
8. Discussion and possible action to re-organize Commission subcommittees.
9. Review of current Commission appointments and vacancies and discussion of how to attract new commissioners.
10. Discussion of Memorial Minute: How to remember seniors we have lost.
11. Future Agenda Items

Information Items

Announcements (5 minutes)

Adjournment

Communications

Please refrain from wearing scented products to this meeting.

COMMUNICATION ACCESS INFORMATION

This meeting is being held in a wheelchair accessible location. To request a disability-related accommodation(s) to participate in the meeting, including auxiliary aids or services, please contact the Disability Services specialist at 981-6346 (V) or 981-6345 (TDD) at least three business days before the meeting date.

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Any writings or documents provided to a majority of the Commission regarding any item on this agenda will be made available for public inspection at the North Berkeley Senior Center located at 1901 Hearst Avenue, during regular business hours. The Commission Agenda and Minutes may be viewed on the City of Berkeley website: <http://www.cityofberkeley.info/commissions>.

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Health, Housing & Community
Services Department
Commission on Aging

COMMISSION ON AGING DRAFT Minutes

North Berkeley Senior Center
1901 Hearst Avenue
Berkeley, CA 94709

Wednesday, November 9, 2016
1:00 p.m.

1. Roll Call

Present: (4) Porter (early departure); Schechner; Gordon; Riordan

Absent: (1) Castello-Kramer

Excused Absent: None

Staff Present: Leah Talley, Richard Castrillon

Public: None

2. Public Comment

3. Information about the Berkeley Continuum for Aging Planning.

Discussion, no action taken

4. Review of Community Agency Funding Process

Commissioner voted to move the February 2017 meeting to the second Wednesday of February to allow Commissioner to review funding applications and provide feedback to the Human Welfare and Community Action Commission by the third Wednesday of February.

M/S: Riordan/Schechner

Ayes: Porter, Schechner, Riordan, Gordan

Noes: None

5. Approval of October 19, 2016 Regular Meeting Minutes.

Minutes were approved as submitted.

M/S: Porter/Schechner

Ayes: Porter, Schechner, Riordan, Gordan

Noes: None

6. Remembrance of Edith Monk-Hallberg, member of Commission on Aging.

Discussion, no action taken

7. Election of Commission on Aging Vice Chairperson.

Lynn Riordan was nominated Vice Chair of the Commission on Aging as was elected.

Ayes: Schechner, Riordan, Gordan

Absent for Vote: Porter

8. Future Agenda Items

Age Friendly Presentation by Steve Lustig

How to add commissioners

Review of subcommittees and reorganize if needed

Memorial Minute: Remembering Seniors

Commissioners adjourned at 2:45 p.m.

Minutes Approved on:

Richard Castrillon, Commission Secretary

for discussion: Age- Friendly Berkeley

Partners: The City of Berkeley , Lifelong Medical Care, The Center for Independent Living, Ashby Village .

Modeled After: WHO Age Friendly Cities and Communities (The World Health Organization)¹

Affiliate: AARP supports and counsels cities in North America into the WHO network

Current status: Assessment and application completed; Berkeley has been accepted into the AARP and WHO Network

Next steps:

- ✓ Re-opening of South Berkeley Senior Center; celebrate acceptance into WHO network
- ✓ Plan to address priorities over the next 3 years due November 17, 2017.

Background:

By 2030, older adults in Alameda County are projected to rise from 13.07% to 20.05% with a median age of 41.7 and with almost 43,000 over the age of 85. Using the Alameda County percentage of 20.05%, the 2030 population of Berkeley, ages 65 and older, would be 26,519. In 2010-2014, 23% of those 60+ in Berkeley were living under 200% of the Federal Poverty Level.

The needs of older adults in Berkeley are fairly clear, from responses of those who attended Berkeley forums as part of the county planning, attended recent local forums or completed questionnaires. Responses were especially representative of lower income individuals and were also representative of findings across international, national and local studies and surveys. From local surveys and community forums, the top concerns of older adults in Berkeley are:

- Enough money to live on (beyond the purview of this project)
- The ability to stay in Berkeley throughout their aging years;
- Housing, housing, housing. Affordable housing, housing that older adults want to live in, housing that facilitates getting needed supports as people age, housing to stay in Berkeley;
- Should someone remain in their home or in shared housing.
 - In-Home Supports that are identifiable, affordable and trustworthy
 - Family and Caregiver Resources and Supports
- Transportation that supports all of the above
- Safety –Safety in their homes and in the community
- Easy access to individualized information and referrals, linkages and navigational support
- Access to healthy foods and prepared meals.

• ¹ WHO defines 8 domains by which to assess your community: They are 1. Outdoor Spaces and Buildings; 2. Transportation; 3. Housing; 4. Social Participation; 5. Respect and Social Inclusion; 6. Civic Participation and Employment; 7. Communication and Information. and 8. Community and Health Services.

CITY OF BERKELEY COMMISSION ON AGING

JANUARY 18, 2017

Potential projects (*for discussion*):

- Housing: 6th St Senior Center
- Working with local and county agencies to develop a more integrated system of services and supports that seniors can access as needed
- Transportation and City Infrastructure: Support seniors access through sidewalk improvement transportation
- Built Out/Pilot Expanded Care Management Continuum
- I&R Website
- Re-Branding of Senior Centers/Collaboration with Village Effort