Berkeley/Albany Mental Health Commission  
Corrected Minutes  
Berkeley Mental Health Clinic  
2640 Martin Luther King Jr. Way  
Regular Meeting  
December 8, 2011 – 7:00 pm

Members of the Public Present: Garry Bernhardt, Tracy Day, Michael Diehl, Allan Maris, Larry Silver

Staff Present: Carol Patterson, Dr. Karyn Tribble

1. Call to Order at 7:03 pm
   Commissioners Present: Jesse Arreguin (arrived at 7:15), Jeffrey Davis, Carole Marasovic (Chair), Kim Nemirow, Shirley Posey, Anna Mae Stanley (Vice Chair)

   Commissioners Absent: None

2. Public Comment
   Michael Diehl, past Commissioner – wants consumers to be able to express their concerns to Jane Micallef, as the new oversight person, concerns such as making the Adult Clinic more welcoming, consumer employment at BMH, consumer input into services, and informed consent.

   Commissioner Nemirow – felt she was treated inhumanely with regard to her email and is concerned about how staff treat her

   Larry Silver, Berkeley Occupy – grappling with the mentally ill at the encampment and is interested in finding out more about the Commission, is interested in applying to the Commission.

   Tracy Day – is interested in applying to the Commission, she has a Master’s in Rehab Counseling, is a caregiver, originally from Maryland.

   Garry Bernhardt – was Howard King’s husband and is here for the dedication today.

   Allan Maris, past Commissioner from Albany -

3. Commission Housekeeping
   A. Rides were handled
   B. Approval of December Agenda
      M/S/C (Nemirow, Davis) Move to approve the December 8, 2011 Agenda
      Ayes: Davis, Marasovic, Nemirow, Posey, Stanley; Noes: None; Abstentions: None; Absent: Arreguin (arrived after the vote.)

C. Approval of the September minutes
M/S/C (Stanley, Davis) To approve the September 22, 2011 minutes as written.

Ayes: Arreguin, Davis, Marasovic, Nemirow, Posey; Noes: None; Abstentions: None; Absent: Stanley.

D. Staff Announcements

- The October 27, 2011 Mental Health Commission meeting was cancelled at 7:30 pm due to lack of quorum. It was determined that without quorum the Public Hearing could not fulfill the necessary requirement for the UA homes Renovation Project, so the presenters left and public comment was not heard. However, the three Commissioners remained and met with HuNia Bradley from the Ecology Center who had come to the meeting to talk about the Farm Fresh Choice program. The informal meeting ended at 8:10 pm.
- Changes in City: Jane Micallef is Interim Department Director and Christine Daniel is the Interim City Manager. Letters in the packet outline additional appointments made.
- Clarification that while there are Action Items on the agenda, the Commission should not pass motions that Public has not been notified of and had an opportunity to weigh in on.

SB 343 Communications Binder – The binder was available at the meeting.

4. Mental Health Manager Report – Dr. Karyn Tribble

A. Dr. Tribble presented the Howard King Memorial Plaque and those present who knew him shared their memories.
B. Safety Plan is in progress and Commissioner Stanley has been a participant in the process. Mental Health Services Act Advisory Committee has been working on rating Innovation strategies and they expect that the Innovations Plan Update will soon be submitted (and coming to the Commission as a Public Hearing). Berkeley Mental Health has begun implementing the Capital Facilities and Workforce, Education and Training plans. Loss of the Quality Improvement Supervisor. Discussed the support services to be provided at UA Homes.

It was requested that, if possible, Dr. Tribble submit a written summary and update for each meeting.

M/S/C (Stanley, Arreguin) Move to deal with the New Business (#6) and then return to Old Business (#5).

Ayes: Arreguin, Davis, Marasovic, Nemirow, Posey, Stanley; Noes: None; Abstentions: None; Absent: None.

6. New Business

A. Approval of Mental Health Commission 2012 meeting schedule
M/S/C (Arreguin, Stanley) To approve the proposed 2012 meeting schedule.

Ayes: Arreguin, Davis, Marasovic, Nemirow, Posey, Stanley; Noes: None; Abstentions: None; Absent: None.

B. Reappointment of Shirley Posey to the Mental Health Commission
M/S/C (Davis, Nemirow) Move to recommend reappointment of Shirley Posey to the Mental Health Commission.

Ayes: Arreguin, Davis, Marasovic, Nemirow, Posey, Stanley; Noes: None; Abstentions: None; Absent: None.

C. Alerting City Council to low Commission census
M/S/C (Arreguin, Stanley) To direct the Chair to send a letter to Council
Ayes: Arreguin, Davis, Marasovic, Posey, Stanley; Noes: None; Abstentions: Nemirow (thinks most of Council is ill-equipped to appointment people to the Mental Health Commission); Absent: None.
The Chair is asked to consult with the secretary on the number of seats and to send a copy of the letter to the Secretary so that she can distribute it to the Commissioners.

D. Proposing Crisis Intervention Training (CIT) Subcommittee to devise a plan to Monitor CIT Implementation and the Interaction

M/S/C (Stanley, Nemirow) Propose to create a new Crisis Intervention training (CIT) Subcommittee to devise a plan to monitor CIT Training.
Ayes: Marasovic, Nemirow, Posey, Stanley; Noes: Davis; Abstentions: None; Absent: Arreguin.

E. Informed Consent and Timely Access to Benzoid Medications

M/S/C (Nemirow, Stanley) Move to extend the meeting to 9:15 pm.
Ayes: Davis, Marasovic, Nemirow, Posey, Stanley; Noes: None; Abstentions: None; Absent: Arreguin (left before the vote.)

Dr. Tribble agreed to present at the next meeting on the existing policies and procedures related to general consent at Berkeley Mental Health.

M/S/C (Nemirow, Davis) To have Dr. Moorhead come to the next meeting to talk about access to medications and informed consent.
Ayes: Davis, Nemirow, Posey, Stanley; Noes: Marasovic; Abstentions: None; Absent: Arreguin (left before the vote.)

5. Old Business – The chair decided to skip this item due to lack of time.

7. Chair’s Report
A. There will be a live Commission training in Los Angeles and the rest of the trainings will be held by webinar.
B. The Chair would like to see agendas stating that the Commission can take action on any item on the agenda.
C. The Chair wanted 3 items on the agenda which were not included on this meeting’s agenda: To have a report and dialogue with Dr. Tribble on about Informed Consent policies and procedures and on consumer focus groups for the annual EQRO (External Quality Review Organization) review and Commission input on the Mental Health Services Act (MHSA) Requests For Proposals. As well as a presentation from the Employment law Center on the rights of consumers in the workplace.

8. Liaison Reports – The Chair decided to skip this item due to lack of time.

9. Announcements – The Chair decided to skip this item due to lack of time.

10. Prioritizing Agenda Items for the next month’s meeting

M/S/C (Stanley, Kim) Move to have an Informed Consent presentation by Dr. Tribble at next month’s meeting.
Ayes: Davis, Marasovic, Nemirow, Posey, Stanley; Noes: None; Abstentions: None; Absent: Arreguin.

M/S/C (Stanley, Davis) Have Karen Klatt come to the next meeting to talk about Mental Health Service Act (MHSA) RFP’s and the Commission’s input into MHSA.
Ayes: Davis, Marasovic, Posey, Stanley; Noes: None; Abstentions: Nemirow (because we prioritized nutrition); Absent: Arreguin (left before the vote.)

M/S/C (Davis, Stanley) Move to adjourn.
Ayes: Davis, Marasovic, Nemriow, Stanley; Noes: None; Abstentions: None; Absent: Arreguin (left before the vote), Posey (left before the vote.)

11. Adjournment at 9:20 pm

Minutes submitted by: _________________________________
Carol Patterson, Commission Secretary