



**FREE
CLASSES**

H Healthy Black Families, Inc.

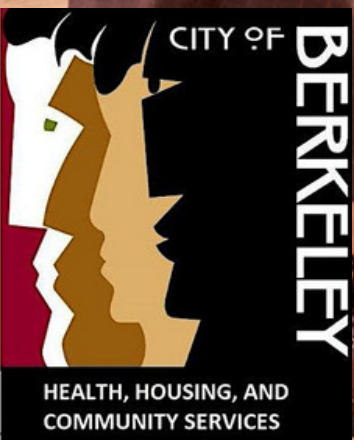
SOUL LINE DANCING

Soul line dances are a fun and easy way to get your groove on while getting in shape. They are perfect for people of all ages and fitness levels

Instructor: Valida Holmes

Join us on the 2nd, 3rd, and 4th Fridays from 4:30pm-5:30pm, starting April 12, 2024

<https://tinyurl.com/y-c6j2kh5>



**West Berkeley Family
Wellness Center
1900 Sixth St. Berkeley, Ca
94710**



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(510) 981-5350 WBFWC**