



Community Health Commission
Andy Katz, Chair
Kellie Knox, Staff Secretary

Community Health Commission

Thursday, February 22, 2024, 6:30 – 9:00pm

Meeting Location:

Judge Henry Ramsey Jr. South Berkeley Senior Center
2939 Ellis Street, Berkeley, CA 94703
Phone: 510-981-5170

AGENDA

Preliminary Matters

1. Call to Order by Chair
2. Roll Call by Secretary
3. Land Acknowledgement – **Attachment 6**
4. Announcements & Introductions
5. Confirm note taker – if needed
6. Public Comment

The public may comment virtually about any item **not** on the agenda. Public comments are limited to two minutes per speaker.

Discussion and Action Items

Public comments regarding agenda items will be heard while the Commission is discussing the item. Public comments are limited to two minutes per speaker.

1. Approval of Draft Minutes from 1/25/2024 Regular Meeting
2. Public Health Officer's Report
3. Commission Chair's Report
4. Subcommittee Reports
5. Plant-Based Food Public Health Promotion – Attachment 7
6. Election of Officers – Chair and Vice-Chair
7. Review 2024 Workplan – Attachment 2
8. Add/Remove Subcommittees/ Members

Future Agenda items

Adjournment

Attachments

1. Draft minutes from 1/25/24 CHC Regular meeting
2. CHC 2023 Work Plan
3. CHC Subcommittee Roster 2024
4. CHC Meeting Calendar 2024
5. City Council and Community Health Commission Timeline 2024
6. Land Acknowledgement
7. Resolution 69,986 – N.S.

A Vibrant and Healthy Berkeley for All

The *next meeting* of the Community Health Commission is scheduled to be held on Thursday, March 28, 2024 with a *deadline of Tuesday, March 19, 2024 for the public's submission of agenda items and materials for the agenda packet*. **Dates are subject to change.** Please contact the Commission Secretary to confirm.

Any writings or documents provided to a majority of the commission regarding any item on this agenda will be made available for public inspection at Health, Housing & Community Services Department located at 2180 Milvia Street, 2nd floor, Berkeley, CA 94704 during regular business hours. The Commission Agenda and Minutes may be viewed on the City of Berkeley website: [Boards & Commissions | City of Berkeley \(berkeleyca.gov\)](#) (SB 343)

CONFLICT OF INTEREST INFORMATION: City commissioners, pursuant to Government Code section 1090, are responsible for recusing themselves from all commission discussions and actions in which they may have a conflict of interest. If your affiliation, paid or unpaid, with other agencies has changed since the last meeting of this commission, your ability to participate in commission activities may have changed. Individual guidance is available from the City Attorney's Office (CAO). Commissioners are encouraged to consult with the CAO if they have questions, concerns, or would like clarification about matters related to potential conflicts of interest.

The CAO may be reached at:

Email: attorney@cityofberkeley.info

TEL: (510) 981-6950 TDD: (510) 981-6903, FAX: (510) 981-6960

2180 Milvia Street 4th Floor, Berkeley, CA 94704 - Office Hours: Mon-Fri, 8am-5pm

COMMUNITY ACCESS INFORMATION: This meeting is being held in a wheelchair accessible location. To request a disability-related accommodation(s) to participate in the meeting, including auxiliary aids or services, please contact the **Disability Services Specialist at 981-6418 (V) or 981-6347 (TDD)** at least three business days before the meeting date. Please refrain from wearing scented products to this meeting.

Communications to Berkeley boards, commissions or committees are public record and will become part of the City's electronic records, which are accessible through the City's website. Please note: e-mail addresses, names, addresses, and other contact information are not required, but if included in any communication to a City board, commission or committee, will become part of the public record. If you do not want your e-mail address or any other contact information to be made public, you may deliver communications via U.S. Postal Service or in person to the secretary of the relevant board, commission or committee. If you do not want your contact information included in the public record, please do not include that information in your communication. Please contact the commission secretary for further information.

Secretary:

Kellie Knox

Health, Housing & Community Services Department

2180 Milvia Street, 2nd Floor

Berkeley, CA 94704

(510) 981-5301

kknox@berkeleyca.gov



Community Health Commission

Community Health Commission

DRAFT Minutes

Regular Meeting, Thursday, January 25, 2024

The meeting convened at 6:36 p.m. with Commission Chair Katz presiding.

ROLL CALL

Present: Commissioners Smart, Spigner, Katz.

Absent: Commissioner Webber

Excused: Commissioners Bechtolsheim, Lee.

Staff present: Kellie Knox, Dr. Anju Goel.

Community Members: Two.

COMMENTS FROM THE PUBLIC: None.

ACTION ITEM

1. M/S/C (Spigner/Smart): Motion to adopt minutes from the October 26, 2023 meeting.

Ayes: Commissioners Smart, Spigner, Katz.

Noes: None.

Abstain: None.

Absent from vote: Commissioner Webber

Excused: Commissioners Bechtolsheim, Lee. .

Motion Passed.

ACTION ITEM

6. M/S/C (Smart/Spigner): Motion to accept the 2024 Community Health Commission meeting calendar.

Ayes: Commissioners Smart, Spigner, Katz.

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Noes: None.

Abstain: None.

Absent from vote: Commissioner Webber.

Excused: Commissioners Bechtolsheim, Lee. .

Motion Passed.

ACTION ITEM

2. M/S/C (Katz/Spigner): Motion to submit Council Report to City Council to recommend for referral to the City Manager and budget office the following: The establishment of an enhanced Ombudsperson program for oversight of Skilled Nursing Facilities and Residential Care Facilities for the Elderly; Early implementation of the Health and Human Services proposal for minimum nursing staffing levels ahead of the three-year period proposed by the Centers for Medicare and Medicaid Services.

Ayes: Commissioners Smart, Spigner, Katz

Noes: None.

Abstain: None.

Absent from vote: Commissioner Webber

Excused: Commissioners Bechtolsheim, Lee. .

Motion Passed.

ACTION ITEM

2. M/S/C (Spigner/Smart): Motion to extend adjournment of Commission meeting until 9:10pm.

Ayes: Commissioners Smart, Spigner, Katz

Noes: None.

Abstain: None.

Absent from vote: Commissioner Webber

Excused: Commissioners Bechtolsheim, Lee. .

Motion Passed.

DISCUSSION ITEMS:

2. Add/Remove Subcommittees/ Members (Katz) – *No discussion*
3. Public Health Officer’s Report – *Introduction and Discussion*
4. Commission Chair’s Report by Chair Katz - *Discussion*
5. Subcommittee Reports - none
6. 2024 Commission Meeting Dates – Discussion, edits, motion passed.
7. 2024 Workplan – no discussion.
8. City Council Referral on Long Term Care Facility Oversight - Bartlett (Katz) – *Discussion and motion passed.*

Future Agenda Items

- Election of Officers
- Possible Support for Plant-based Resolution
- Review Workplan

This meeting adjourned at 9:10 p.m.

These minutes will be reviewed and approved on Thursday February 22, 2024

Minutes approved on: _____

Respectfully submitted,

Kellie Knox, Commission Secretary _____

Community Health Commission 2023 Work Plan

Guiding Philosophy: To look at health through the lens of equity, and to address, ameliorate, and abolish health inequities in Berkeley through our work while advancing other public health efforts.

Mission/Purpose:

1. Collaborate with the community and the Berkeley Health Officer Unit and Public Health Division, and City of Berkeley to eliminate health inequity by:
 - a. Advocating for good policy to council that has the potential to improve the health of Berkeley residents that can be implemented, monitored, and evaluated.
 - b. Representing the community through the diversity of this commission
 - c. Increasing the public education/social marketing efforts, understanding, and awareness of issues.
 - d. Advocating together with the residents of Berkeley most affected by institutional, social, organizational inequities/disparities.
 - e. Providing a public forum for all community members to share concerns, ideas
2. Achieve general public health progress by being responsive to community needs and facilitating general health and safety.

Overall goals, issues & priorities: All issues can be addressed through a health equity lens.

- Include a focus on the impact of COVID-19 and the city's response to it
- Increase healthy food security
- Advocate for the expansion of affordable housing
- Continue to urge that Alta Bates Berkeley Medical Campus remain open while also helping to suggest actions to address consequences of planned closure
- Be responsive in potential recommendations to help Berkeley residents, and care providers and clinics cope with potential federal disruption in healthcare policy and federal spending cuts
- Further address more social determinants of health
- Continue to be a community advocate to City Council to address structural, institutional, and health inequities impacting all underserved populations
- Work to have community health data measures documented in a timely manner and to promptly evaluate and act on novel data such as the Health Status Report
- Work to support policies and initiatives that advance UHC such as Medicare for all
- Advise the City Council as HHCS and Public Health Division develop their

strategic plans, community health assessment and community health improvement plan.

General steps and actions needed to meet priorities:

1. Conduct outreach to encourage Berkeley community members to engage with the CHC
2. Collaborate with other commissions to share resources and support recommendations
3. Focused/specialized ad-hoc subcommittees, as needed
4. Keep track of local, state, and federal policy and data flow

Specific steps and actions needed to meet priorities:

➤ Basic Needs Security

Focus on healthy food security and affordable/accessible housing

- In terms of healthy food security:
 - Advocate for policies to mitigate unhealthy food consumption
 - Advocate for affordability and accessibility of healthy foods in supporting programs like the Berkeley Food Institute, etc.,
- In terms of accessible/affordable housing:
 - Advocate for affordable housing
 - Advocate for increased rent control
- Connect with the community based organizations and appropriate city of Berkeley departments to acquire information about available resources for Berkeley residents.

➤ Chronic Disease Prevention

- Recommend interventions to address diabetes, obesity, heart diseases, and other chronic conditions highlighted by the Berkeley health status report.
- Recommend interventions to respond to deferred preventative care due to COVID-19

➤ Health Equity

- Review the Health Status Report- dialogues with staff and community to investigate the data and identify populations experiencing inequities, and recommend program interventions for the City Public Health Division
 - Engage Stakeholders on LGBT health equity issues to help complement findings of the Health Status Report
 - Investigate and implement efforts to improve immigrant access to health care
- Advocate for the implementation of strategies that will reduce health inequities:
 - Investigate community access to telehealth and other technologies to improve healthcare equity
 - Work on cultural competency for health care providers
 - Continue to support the development of the African American Holistic Resource Center

➤ Health Facilities

- Continue to recommend actions to keep Alta Bates open
- Consider ways to increase emergency care access in Berkeley
- Respond to City Council referral regarding Long Term Care Facilities

➤ Policy tracking

- Track City Council minutes, state, and national legislative actions
- Bring policy updated to the Commission as appropriate.

District	Last	First	Community Health Commission Subcommittees 2024				
			Health Facilities	Health Equity	Basic Needs Security	Chronic Disease Prevention	Entheogenic
1	Webber	Sara		x	X		
2	Bechtolsheim	Benjamin	X			X	
3							
4	Smart	Karma		X	X		X
5	Spigner	Tora		X		x	
6							
7	Lee	Eric	X				
8							
M	Katz	Andy	X				
			3	3	2	2	1

updated 1/29/24

2024 Commission Meeting Schedule

Name of Commission: Community Health

Commission Secretary: Kellie Knox

Example

Month	Meeting Day and Date	Time		Month	Meeting Day and Date	Time
February 2024	Wednesday 2/10/2024	7:00 pm		July 2024	No Meeting	

Month	Meeting Day	Meeting Date	Time
January 2024	Thursday	1/25/2024	6:30 pm
February 2024	Thursday	2/22/2024	6:30 pm
March 2024	Thursday	3/28/2024	6:30 pm
April 2024	Thursday	4/25/2024	6:30 pm
May 2024	Thursday	5/16/2024	6:30 pm
June 2024	Thursday	6/27/2024	6:30 pm
July 2024	Thursday	7/25/2024	6:30 pm
August 2024	No Meeting		
September 2024	Thursday	9/26/2024	6:30 pm
October 2024	Thursday	10/17/2024	6:30 pm
November 2024	Thursday	11/21/2024	6:30 pm
December 2024	No Meeting		

2024				Thursday 12:00 PM	Thursday 12:00 PM	Monday 2:30 PM	Wednesday 11:00 AM	Thursday 5:00 PM
COUNCIL MEETING DATE	Commission needs to take action by	Reports Due to Dept. Director	Reports Due to CAO	Dept. Reports Due to Clerk Day 33	Agenda Committee Packet to Print Day 19	Agenda Committee Meeting Day 15	Final Agenda Meeting - (Print Agenda on wed.) Day 13	Council Agenda Delivery Day 12
Winter Recess [December 13, 2023 through January 15, 2024]								
Jan 16	11/23	11/30	11/30	12/14	1/2 - Tue	1/4 - Thur	1/4 - Thur	1/5 - Fri
Jan 30	12/7	12/14	12/14	12/28	1/11	1/16 - Tue	1/17	1/18
Feb 13	12/21	12/28	12/28	1/11	1/25	1/29	1/31	2/1
Feb 27	1/4	1/11	1/11	1/25	2/8	2/13 - Tue	2/14	2/15
Mar 12	1/18	1/25	1/25	2/8	2/22	2/26	2/28	2/29
Mar 19	1/25	2/1	2/1	2/15	2/29	3/4	3/6	3/7
Spring Recess [March 20 through April 15, 2024]								
Apr 16	2/22	2/29	2/29	3/14	3/28	4/1	4/3	4/4
May 7	3/14	3/21	3/21	4/4	4/18	4/25 - Thr	4/25 - Thr	4/26 - Fri
May 14	3/21	3/28	3/28	4/11	4/25	5/1 - Wed	5/1	5/2
May 21	3/28	4/4	4/4	4/18	5/2	5/7 - Tue	5/8	5/9
Jun 4	4/11	4/18	4/18	5/2	5/16	5/21 - Tue	5/22	5/23
Jun 25	5/2	5/9	5/9	5/23	6/6	6/10	6/12	6/13
Jul 9	5/16	5/23	5/23	6/6	6/20	6/24	6/26	6/27
Jul 23	5/30	6/6	6/6	6/20	7/3 - Wed	7/8	7/10	7/11
Jul 30	6/6	6/13	6/13	6/27	7/11	7/15	7/17	7/18
Summer Recess [July 31 through September 9, 2024]								
Sep 10	7/18	7/25	7/25	8/8	8/22	8/26	8/28	8/29
Sep 24	8/1	8/8	8/8	8/22	9/5	9/9	9/11	9/12
Oct 1	8/8	8/15	8/15	8/29	9/12	9/16	9/18	9/19
Oct 15	8/22	8/29	8/29	9/12	9/26	9/30	10/2	10/3
Oct 29	9/5	9/12	9/12	9/26	10/10	10/15 - Tue	10/16	10/17
Nov 12	9/19	9/26	9/26	10/10	10/24	10/28	10/30	10/31
Nov 19	9/26	10/3	10/3	10/17	10/31	11/4	11/6	11/7
Dec 3	10/10	10/17	10/17	10/31	11/14	11/18	11/20	11/21
Dec 10	10/20	10/27	10/27	11/7	11/21	11/25	11/27	11/27 - Wed
Winter Recess [December 11, 2024 through January 14, 2025]								

VTO Affected Dates

Holiday Affected Dates

Religious Holiday Affected
Date

Updated 11/30/2023

Reports not submitted by the deadlines listed will not be included on the agenda.

Worksession	Thursday 12:00 PM	Thursday 5:00 PM
	Day 26 Dept. Reports Due to Clerk	Day 5 Council Agenda Delivery
Jan 23	12/28	1/18
Feb 6	1/11	2/1
Sep 17	8/22	9/12
Oct 8	9/12	10/3

Land Acknowledgement Statement

The City of Berkeley recognizes that the community we live in was built on the territory of xučyun (Huchiun (Hooch-yoon)), the ancestral and unceded land of the Chochenyo (Cho-chen-yo)-speaking Ohlone (Oh-low-nee) people, the ancestors and descendants of the sovereign Verona Band of Alameda County. This land was and continues to be of great importance to all of the Ohlone Tribes and descendants of the Verona Band. As we begin our meeting tonight, we acknowledge and honor the original inhabitants of Berkeley, the documented 5,000-year history of a vibrant community at the West Berkeley Shellmound, and the Ohlone people who continue to reside in the East Bay. We recognize that Berkeley's residents have and continue to benefit from the use and occupation of this unceded stolen land since the City of Berkeley's incorporation in 1878. As stewards of the laws regulating the City of Berkeley, it is not only vital that we recognize the history of this land, but also recognize that the Ohlone people are present members of Berkeley and other East Bay communities today.

RESOLUTION NO. 69,986-N.S.

TO ACCELERATE THE CITY OF BERKELEY'S TRANSITION TO PLANT-BASED
FOODS

WHEREAS, the City of Berkeley has a Strategic Plan Priority of being a global leader in addressing climate change, advancing environmental justice, and protecting the environment; and

WHEREAS, Berkeley's Climate Action Plan includes the goal that a majority of food consumed in Berkeley be produced locally (i.e; within a few hundred miles); and

WHEREAS, scientific analyses have shown that one of the most effective ways to reduce greenhouse gas emissions is to transition to plant-forward or plant-based diets to reduce or eliminate the consumption of animal-based foods; and

WHEREAS, the City of Berkeley has previously adopted policies in support of reducing our carbon footprint by decreasing consumption of animal-based foods including resolutions in support of Green Monday USA, the Good Food Purchasing Policy, the Milan Urban Food Pact, and Friends of the Earth's Climate Friendly Food Purchasing Policy;

NOW THEREFORE BE IT RESOLVED that the Council of the City of Berkeley establishes an official goal to accelerate the City's transition to plant-based diets by implementing a 50% decrease in animal-based food served by the City of Berkeley by 2024.

BE IT FURTHER RESOLVED that the Council of the City of Berkeley refers to the City Manager to report to the Council on progress towards reaching this goal by January 31, 2022; and

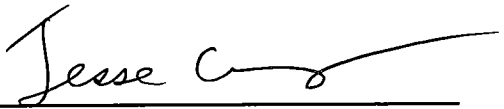
BE IT FURTHER RESOLVED that the Council of the City of Berkeley adopts an eventual goal of a 100% shift to plant-based food products served by the City of Berkeley and refers to the City Manager to report to the City Council by June 30, 2022 on potential feasibility and timelines to transition to 100% plant-based foods.

The foregoing Resolution was adopted by the Berkeley City Council on July 27, 2021 by the following vote:

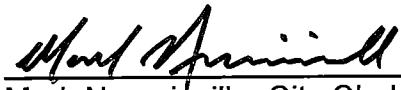
Ayes: Bartlett, Hahn, Harrison, Kesarwani, Robinson, Taplin, Wengraf, and Arreguin.

Noes: None.

Absent: Droste.



Jesse Arreguin, Mayor

Attest: 
Mark Numainville, City Clerk