



Through Berkeley Ready, City departments coordinate a suite of programs to build disaster resilience in the Berkeley community. These programs, support personal preparedness, community connections, and government efforts that will help Berkeley respond to and recover from our next earthquake, fire, or other disaster.

Berkeley Ready programs include:

- Community Emergency Response Teams
- Community Resilience Centers
- Disaster Supply Caches
- And many more!

To learn more about Berkeley Ready programs and opportunities, visit:

www.cityofberkeley.info/ Ready

For Alternative Formats
Email: ADA@

cityofberkeley.info

Call: 1-510-981-6418

Resources in Berkeley

AC Alert- Emergency Alerts

Receive emergency information via multiple methods including by phone call, text, email, or TTY/TDD.

Sign up at www.acalert.org

Community Emergency Response Training

People with all abilities who live or work in Berkeley are welcome to participate in CERT Classes, with topics including:

- Disaster First Aid
- Fire Safety
- Search and Rescue
- And More!

Disaster Preparedness Training

Berkeley Ready staff offer one-hour trainings on basic disaster preparedness to neighborhoods, organizations, and work places.

Call **510-981-5605** to sign up for CERT or Preparedness Training

Easy Does It

Provides emergency attendant care, accessible transportation, wheelchair repair, and assistive device repair in Berkeley

Call 510-704-2111 for service.



Be connected. Be prepared. Be Berkeley.

Preparing for a Disaster: People with Disabilities



City of Berkeley

Ready@CityofBerkeley.info (510) 981-5605 (Phone) (510) 981-5544 (TTY/TDD) www.cityofberkeley.info/Ready

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1) Make a Plan

Plan with Your Support Network

If you may need help during a disaster, ask family, friends, and your community to be part of your plan.

- Arrange for more than one person to check on you
- Teach them how to operate necessary equipment
- Choose an "Out-of-Town" contact.

Escape Routes and Meeting Places:

- Plan at least two accessible escape routes for every room.
- Decide on a meeting place for your network in case you cannot return home.

Service Animals:

- Keep a picture of your service animal in case you are separated
- Store Supplies: Emergency food, water, leashes/harnesses, cages, medicine, sanitary supplies
- Have vaccination records available

Personal Care Attendants:

If you receive home care, speak with your attendants to see what their plans are during emergencies and discuss how you can plan together.

2) Specialize Your Kit

Check out the "Emergency Preparedness" flyer for general disaster kit items. Consider adding:

Documents

- Contact information for medical care team
- List of current medications
- Caregiver instructions
- Instructions on using specialized equipment
- Contact info for attendants
- Emergency information for agencies you work with

Medical Supplies

- One week supply of essential supplies (catheters, gauze, nutrition drinks)
- Backup power for devices

By the Bed Kit- if you can't leave your bed without help

- Water
- Long lasting food
- Whistle
- Cell phone and backup battery
 Charger

Food and Water

 Store food that meets your dietary and health needs

Communication Aids

- Picture boards
- o Tablet computers and charger

3) Share Your Plan

| Local Contact-One Name: |
|---|
| Phone Number: |
| Local Contact-Two Name: |
| Phone Number: |
| Out of Town Contact: Name: |
| Phone Number: |
| Meeting Place Near Home: |
| A |
| Away from Home: |
| List of Essential Equipment and Supplies for Evacuation |
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